Norwood High School

TIOT 2013

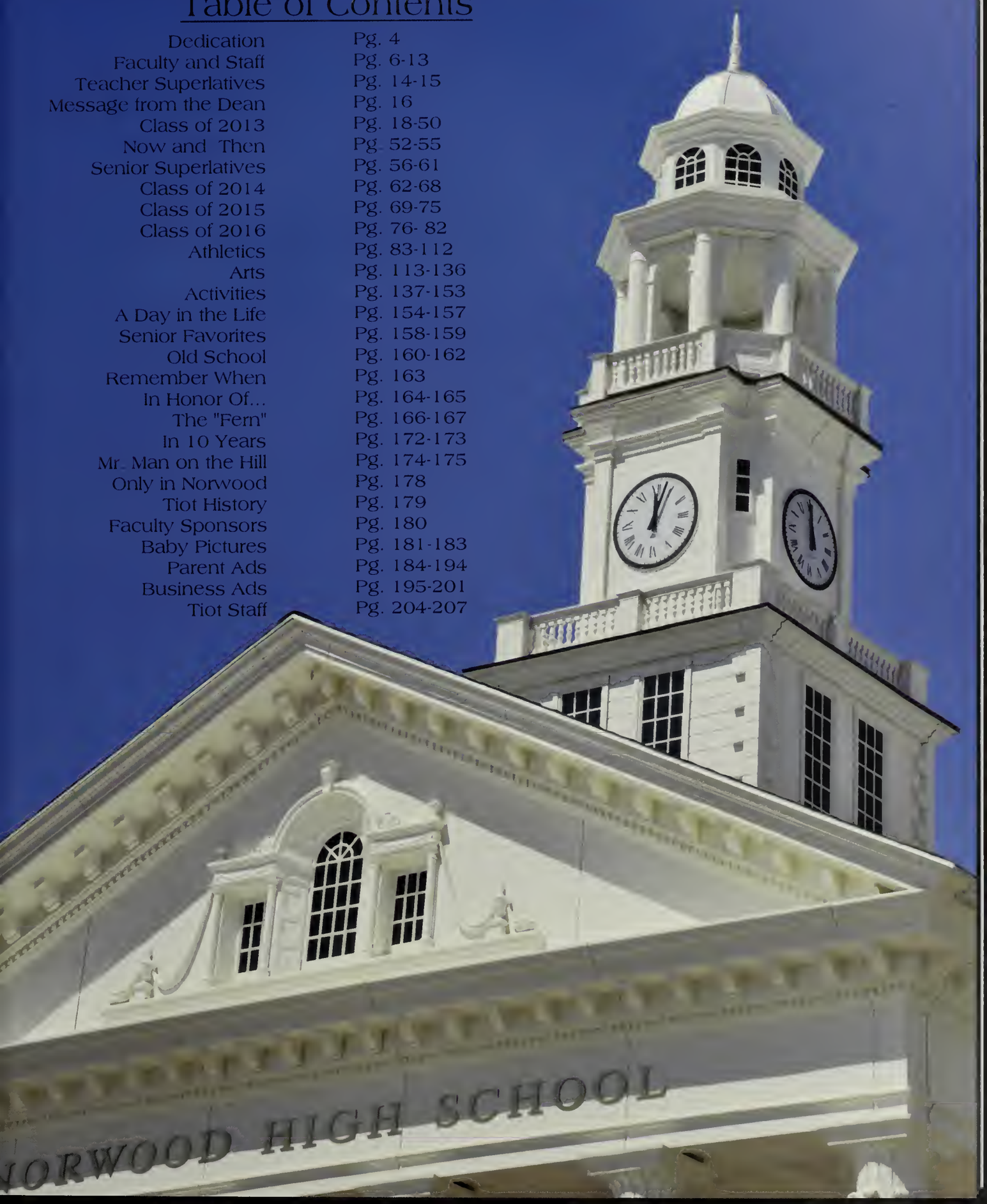
Kimberly Acloque · Righteous Agbontaen · Bryan Alighieri · Brendan Altieri · Melissa Amorim · James Amos · Ryan Anderson · Jessica Arruda · Walter Aspinwall · Lennesie Aurelien · Jessica Bailey · Madeline Barneke · Lindsey Barrett · Samantha Barry · Miranda Bartkovich · Hericksson Batista · Ryan Begley · James Bellande · Sara Bennett · Marvin Besley · Leo Blais · Amanda Blood · Robert Boucher · Stephen Bourgeois · Michael Breen · Christopher Brissette · Justin Brown · Kelley Brown · Hanif Browne · Jhunaiah Bryant · Tyler Buckman · James Bui · Thomas Burke · Xaviar Burs · Joseph Burt · Jacqueline Bussiere · Britney Cadiz · Shaun Callahan · Emma Campbell · John Campbell · Christina Cange · Maria Caprigno · Kerrianne Cardinal · Javier Cardona · Louis Casiano · Ryan Chamberlain · Michael Chammas · Sydney Cherella · Stephen Chisholm · Jonathan Ciavattone · Corey Cignarella · Ryan Clapp · Melissa Clarke · Kelsey Colbert · Karyn Colomey · Amelia Cooper · Julie Cordero · Kamara Craig · Kaylee Crimmins · Kimberly Crockett · Alessandro Cubelli · Aidan Cullinane · Lauren Cullinane · Ashley Cunningham · Sara Cunningham · Marcello D'Aloia · Jordan Davis · Paola De Oliveira · Escarlleth De Siqueira · Anthony DelMonaco · Hannah Depoutot · Christopher Derouen · Lauren DeSilva · Alix Dieudonne · Daniel DiTomasso · Jennifer Doucette · Carly Dow · Michelle Driscoll · Kelly Duggan · Thomas Eckhardt · Helena El Doueihy · Imadeddine El Halawani · Elizabeth Epstein · Joseph Erker · Hoprah Exavier · Jayson Fadrigalan · Ryan Fahey · Ashley Felix · Courtney Fernandes · Arminda Ferreira · Felipe Ferreira · Daniel Flahive · James Flynn · Rourke Flynn · Alayna Fogg · Heather Folan · Matthew Foley · Patrick Foley · Elizabeth Francis · Stephanie Francis · Sarah French · Thomas Frey · Sabrina Gaita · Richard Gallagher · Pamela Gamboa · Kayla Garczynski · Lonsdale Garrison · Charlotte Gassoway · Bryan Gearty · Colin Gearty · Thomas George · Tyler Goncalves · Jessica Gorman · Tyler Gover · Johnathon Gray · Ryan Greeley

· Joseph Hagerty · Corey Haigh · Steven Halder · Lauren Harrington · Richard Harrington · Alexander Hartgrove · Nicholas Harvey · Noah Haynes · Meghan Hennigan · Matthew Henry · Edward Hernon · Sara Higgott · Shaneya Hollins · Ashley Holmes · Michael Horbaczewski · Amanda Hughey · Charlotte Huxter · Ryan Igoe · Noah Immonen · Alexandria Ippolito · Matthew Ivory · Rodney Jean-Marie · Ashley Jeannot · Lauren Jeffery · Deidre Jocus · Jawaan Johnson · Kayla Jones · Kharm Joseph · Maria Katinas · Nicholas Katinas · Kayla Keady · Christopher Kelleher · Ty-Lucas Kelley · Amanda Kelly · William Kelly · Brianne King · Elizabeth LaChance · Makenna Lane · Patricia Lee · Matthew Lennon · Michael Levreault · Christopher Little · Thomas Little · Sarah Long · William Luciano-Kelley · Sarah Lussier · John Lynch · Stephen Lynch · Scott MacDonald · Matthew MacQuilken · Kenneth Major · Ryan Marchant · Rogerio Marques · Dana Martin · Elizabeth Mason · Jason Matovu · Kaitlin McCarthy · Samantha McCracken · Scott McGowan · Samuel McGrath · Jason McGuire · Bradford McIsaac · Ciara McKinnon · Emmett McNamara · Draven Medina · Ciara Mejia · Erin Metayer · Alexandra Metta · Evelyn Metta · Kenneth Michael · Fernando Morales · Colleen Morris · Katherine Morrissey · Cameron Moulton · Daniel Moynihan · Gretchen Mueller · Eric Muller · Thomas Mulligan · Calvin Murphy-Peterson · Jason Najm · John Nardelli · Eva Ndreko · Ciara Neal · Anthony Negron · Lindsay Newcomb · Anh Nguyen · Adam Noepel · Dominique Nordquist · Katie O'Brien · Liam O'Brien · Jennifer O'Donnell · Shannon O'Leary · Colin O'Malley · Jahvon O'Neal · Patrick O'Rourke · Rachel Obeid · Jasmine Okawa · Paul Panetta · Dhruv Patel · Amber Pelletier · Arumy Pereira · Alex Perez · Anthony Perriello · Jesse Perry · Shannon Peterson · Quintessa Petit · Chantel Petrie Smith · Christina Piatelli · Nicholas Pietrzak · Gerald Pipes · Sabrina Polin · John Pooley · Gianna Pugliano · Alicia Quintiliani · Bridget Reardon · Shannon Reen · Sean Regan · Lidia Reyes-Mejia · Benny Rodriguez · Brendan Ross · Jennifer Rossman · Allison Ryan · Devon Ryan · Kaitlin Ryan · Brianna Saad · Richard Saad · Cesar Salazar · Chaiyanne Salmon · Brigid Sandstrum · Celia Santiago · John Santisi · Mark Saulnier · Richard Shayka · Jillian Shepherd · Molly Shilo · Anna Shirosky · Thais Skopinski · Tamicka Smith · Ellen Soares · Loosee Solaqa · Felipe Souza · Kaileen Spaulding · Pranav Srivaatsav · Caitlin Stahl · Brittany Sullivan · Christopher Sullivan · Samantha Sullivan · Timothy Sullivan · Kyle Sylvester · Mary Taggart · Matthew Thibeau · Mikaila Tomlinson · Cristian Velasquez · Cassondra Vinson · Elijah Vinson · Christine Vlahos · Daniel Ward · Brianna Whelan · Elizabeth Whitney · Richard Wilson · Shannon Wilson · Daniel Wiseman · Danielle Wood · Isaac Wood · Rachel Wood · Rebecca Wood · Robert Wood · Arianna Woodley · Trevon Worrell · Robert Wright · John Zizza Jr ·

TIOT 2013

Table of Contents

Dedication	Pg. 4
Faculty and Staff	Pg. 6-13
Teacher Superlatives	Pg. 14-15
Message from the Dean	Pg. 16
Class of 2013	Pg. 18-50
Now and Then	Pg. 52-55
Senior Superlatives	Pg. 56-61
Class of 2014	Pg. 62-68
Class of 2015	Pg. 69-75
Class of 2016	Pg. 76- 82
Athletics	Pg. 83-112
Arts	Pg. 113-136
Activities	Pg. 137-153
A Day in the Life	Pg. 154-157
Senior Favorites	Pg. 158-159
Old School	Pg. 160-162
Remember When	Pg. 163
In Honor Of...	Pg. 164-165
The "Fern"	Pg. 166-167
In 10 Years	Pg. 172-173
Mr. Man on the Hill	Pg. 174-175
Only in Norwood	Pg. 178
Tiot History	Pg. 179
Faculty Sponsors	Pg. 180
Baby Pictures	Pg. 181-183
Parent Ads	Pg. 184-194
Business Ads	Pg. 195-201
Tiot Staff	Pg. 204-207



There's a school on the hill called Norwood,
And her sons and daughters, too,
Are all the true supporters
Of her glorious flag of blue,
And where'er her sons are fighting,
And would rather die than yield,
You can hear the school that backs them up
Go singing down the field.

Norwood, dear Norwood, We sing to you,
We will be loyal to your flag of blue
So Norwood, dear Norwood, as years go by,
Give us a cheer Rah! Rah!
Give us a cheer Rah! Rah!
Cheer for Norwood High.

~ J. F. Wheelock, 1913

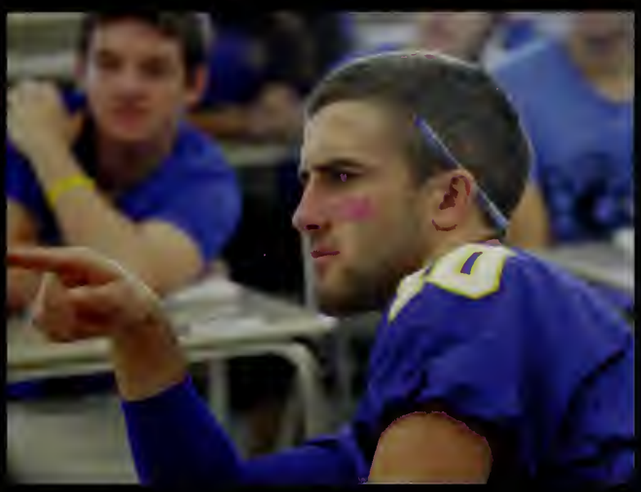
The 75th Norwood High School TIOT is dedicated to

Cathleen Burt Shachoy

Mrs. Shachoy retires from a career that spanned 41 years. Mrs. Shachoy, also known as Miss Burt in her early years, leaves the titles of teacher, coach, dean, and advisor as her legacy. As a passionate Physical Education teacher, Mrs. Shachoy taught everything from basketball and badminton to spin classes and conditioning. As a coach, Mrs. Shachoy coached field hockey, basketball, and softball for many years. She is a large part of history in NHS girls' athletics having coached before, during, and after the implementation of Title IX, the federal mandate which provided equal athletic opportunities for females. Mrs. Shachoy is also a member of the New Agenda: Northeast Woman's Hall of Fame for her lifetime contributions to women's athletics. As a Dean of twelve years, Mrs. Shachoy will be remembered for her dedication and compassion as she guided her students and families through their years at NHS.

While Mrs. Shachoy will be remembered for her many contributions to NHS, one that will stand out is that of Friendship Club advisor. Mrs. Shachoy created the Friendship Club in 1990 to unite all students together every Thursday in a fun, warm, and accepting environment. Because of Mrs. Shachoy's commitment to the Friendship Club, students have been given the opportunity to gain tremendous appreciation for one another.

Mrs. Shachoy was dedicated to her profession, had a strong desire to see all her students and athletes succeed, and treated everyone with the utmost respect and fairness. Having taught three generations of Norwood families, Mrs. Shachoy has certainly left her mark on our school and community.



Academics

Administration

George Usevich
Principal

Sean Kane
Vice Principal

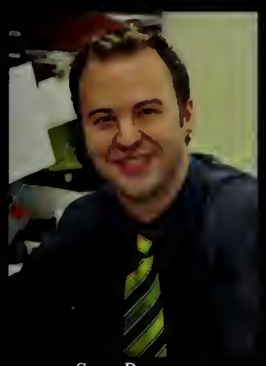
James Hayden
Superintendent

Alexander Wyeth
Assistant Superintendent

School Committee

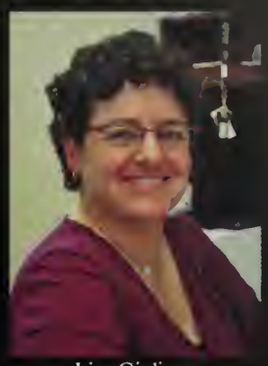
John Badger, Paul Samargedlis, James Gormley,
Sue McQuaid, Courtney Rau (Chair), Eileen Travers

Deans


Sean Powers
Class of '13

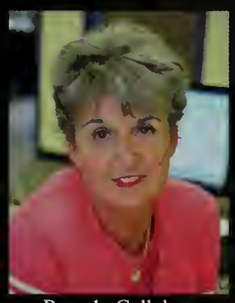
Andrew Garczynski
Class of '14

Cathleen Shachoy
Class of '15


Lisa Giuliano
Class of '16

Support Staff

Jane Andrews
Librarian Assistant


Beverly Callahan
Secretary

Annie Calligan
Secretary

Kathleen Crowley
Nurse

Elizabeth Doten
Nurse

Beth Goldman
Librarian

Robert Jones
Technology

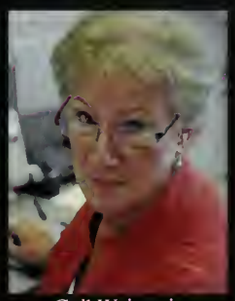
Erika King
Psychologist

Maureen Manning
Speech Therapist

Richard Mobley
Academic Support

Jeanne Morrison
Secretary

Paul Murphy
School Resource Officer


Gail Weinstein
Secretary

TEC

Diane Camozzi
Friendship Club

Nancy Elfar
TEC Assistant

Christopher Keszycki
TEC Assistant

English

Teresa Drummey
Department Chair

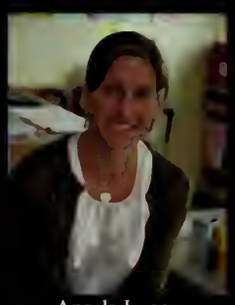
Kathryn Donovan
Schools to Careers

Diana Flemer

Maria Gonzales
ELL

Lindsey Hayes

James Lee


Angela Logan

Jennifer Maronn
Post Prom Committee

John Menard

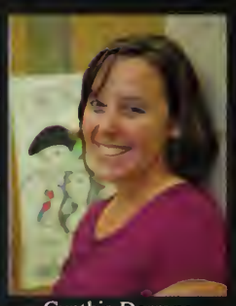
Edward Morneau

Emily Roberts

Lisa Sabadini
Anime Club

Julie Lozinski Treloar
SADD/Yearbook

Foreign Language


Cynthia Derrane
Department Chair

Daniel Brutti

Philipp Buhler

Katlyn Gallo

Sarah Malinge
French Club

Justin Evans

Susan Fox
Games Club

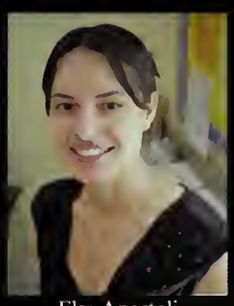
Vanessa Harvey

Jessica Kaplan
Post Prom Committee

Michelle Kelley
Spanish Club

Mathematics

John Casali
Department Chair


Elsa Apostoli
Math Club

Russell Booth
Indoor/Outdoor Boys Track

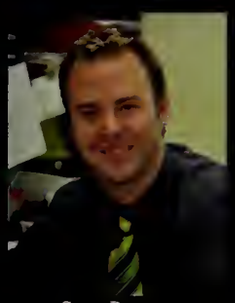
Eric Clifford

Kate Danner

Natasha Ganson

Laura Mullen

John O'Connor
Chess Club


Sean Powers
Literacy Magazine/Creative Writing

Jennifer Rodger

Julianne Shore

Richard Simon

James Sweeney
Varsity Golf

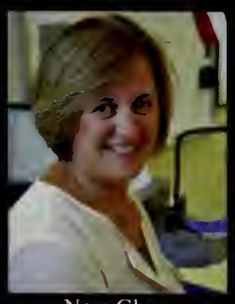
Health & Physical Education

Ann Keegan
Department Chair

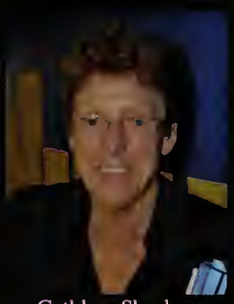
Brian McDonough
Athletic Director

Jan Cohn
MVP

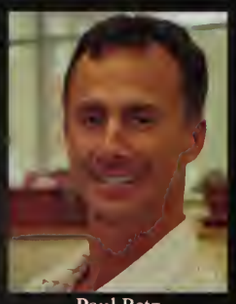
Andrew Garczynski
Dean/Asst Varsity Softball


Nora Glynn
Spirit Club

Justin Merenda


Cathleen Shachoy
Dean/Friendship Club

Science & Technology


Paul Betz
Department Chair

Howard Allen

Ann Marie Busler

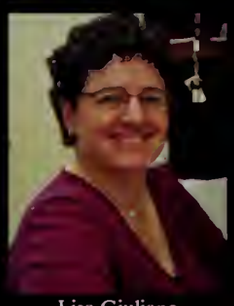
Diane Cedrone

John Churchill
Boys JV/Varsity Tennis

Michael Crowley
Robotics Club

William Cyr
Dungeons & Dragons

Jessica Flaherty


Lisa Giuliano
Dean '16

Stephanie Lemieux

Adeline Mullin

Mary Oldham

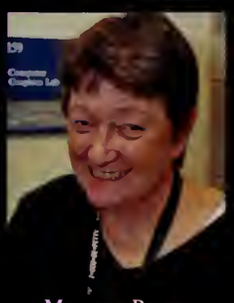
Ann Sheffield
EYC

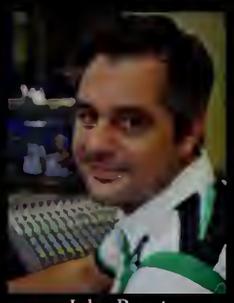
Brandon Sullivan
Engineering Design Club

Fine Arts

Catherine Connor-Moen
Fine Arts Director

Laurie Mead McGrory
Art Department Chair
National Art Honor Society


Maryann Berger


John Brunt
TV Production/Senior Video

Steven Conant
Band/Orchestra

Elizabeth Mullaney
National Art Honor Society

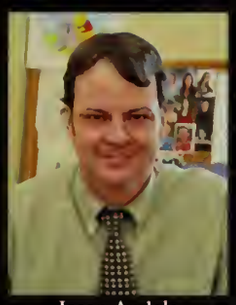
Ashley Nelson
Choir Director/Summer Musical

John Quinn
Drama/Improv

Jack Tolman
TV Production

Social Studies

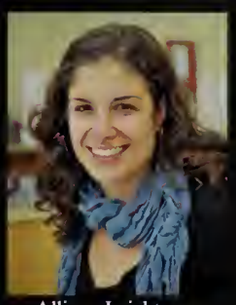
Jennifer Orlinski
Department Chair


Jason Andalo

Richard Cormier
JV Girls Volleyball, Student Council
Varsity Boys Basketball

Matthew Curran

Eliza Crimmings


Allison Leichtman
EYC

Jeffrey Loja
Boys Lacrosse

Donald Oliveira

Rebecca Newman

John Sarianides
Football

Molly Uppenkamp
SADD/Debate Club

Julie Whitaker

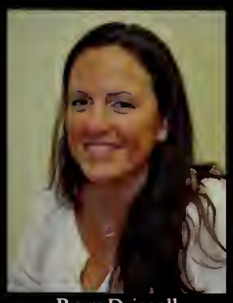
Guidance

Kristen McDonnell
Department Chair/START

Molly Barefoot
Girls Varsity Ice Hockey

Lauren Coville
Boys Varsity Volleyball

Christine Dagle


Rory Driscoll

Leah Stevens

Lisa Tartufo
GSA

Special Education

Christine Smith
Out of District Coordinator

Allyson Bell
SPED Facilitator

Melissa Blackburn

Mary Boiardi
National Honor Society

Daniel DeLuca
TASC

Sarah Griffin
Asst Varsity Girls Lacrosse

Christine LaRaia
TASC

Brian Martinelli
Defensive Coordinator for
Varsity Football

Janet Miller

Caitlin Nottebart

Sarah Paciorkowski

Deborah Perez

Karen Shilo

Aides

Roselle Arpino

Allison Doliner
JV Field Hockey

Shelbe Doliner

Linda Dougherty

Georgina Jones
Asst Girls Varsity Winter Track

Cheryl MacDonald

Ellen Molloy

Kara Porter

Philip Sequeira

Tess Wong

Cafeteria

Bottom Row:
Page Martin
Dana Gronroos
Anna Lore
Mary Taggart
Terri Chisholm
Danielle Fitzsimmons

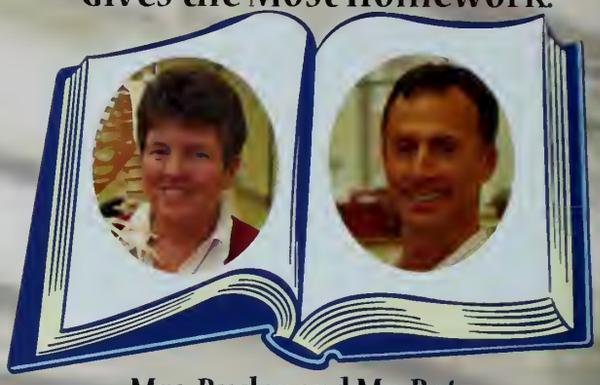
Top Row:
Carol Donahue
Sheila DeLuca
Maria Neves
Sharon Hickey

Custodians

Jimmy Balfour
Joe Soares
Charlie Griffiths
Gerry Mullen
Julio DeJesus
John Barnicle
Rico DaSilva
Marty Walsh

Faculty Superlatives

Gives the Most Homework:

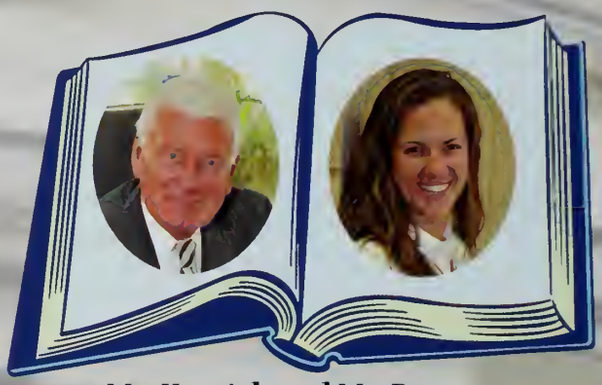


Mrs. Busler and Mr. Betz

Most Attractive:

Mr. Brutti and Ms. Danner

Most in Love with Their Job:



Mr. Usevich and Ms. Danner

Most Likely to Take a Phone:

Ms. Danner and Mr. Powers

Most Missed Teacher:

Ms. V. and Mr. Lyons

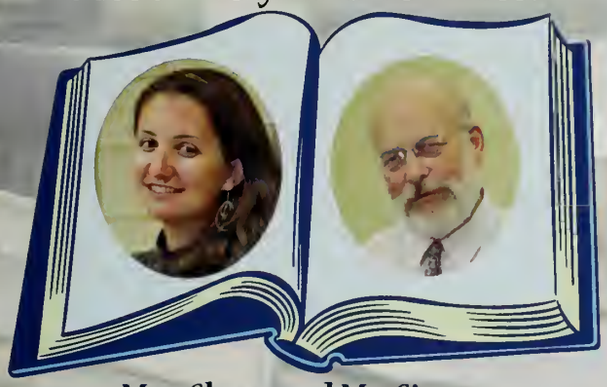
Most Likely to be Mistaken for a Student:

Ms. Roberts and Mr. Oliveria

Will Never Leave NHS:

Mrs. Shore and Mr. Oliveria

Most Likely To Give a Pass:



Mrs. Shore and Mr. Simon

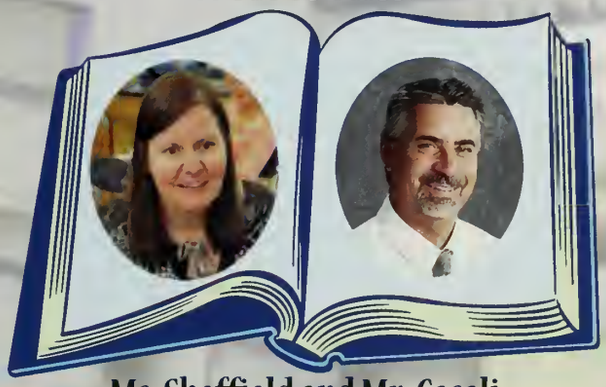
Strictest:

Mr. Booth and Ms. Drummey

Funniest:

Ms. Sabadini and Mr. Oliveria

Worst Jokes:

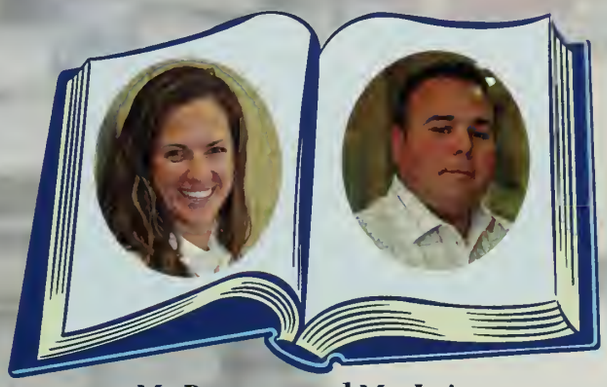


Ms. Sheffield and Mr. Casali

Most Athletic:

Mr. Cormier and Ms. McDonnell

Best Car:



Ms.Danner and Mr. Loja

Best Dressed:

Mr. Cormier, Ms. Uppenkamp and Ms. Lozinski-Treloar

Hardest Tests:

Mr. Lee and Ms. Drummey

Be well,
as well as you can be
even when the can is where
it feels like everything is heading.

Be strong,
as strong as you need to be
to be sure that you'll make it
through whatever you face.

You'll make it through.

Be sure,
as sure of yourself as you are
that the sun will rise
so that you can rise
to achieve what you desire, or
at least, that which you truly need.

Be thoughtful,
as thoughtful as it takes
to know the difference
between what you want and
what you need and
which of these is truly more important.

This is important -

Be proud,
as proud of yourself
as all of us are of
all of you, for what you've done
and what you're certain still to do

Now this is most important -

Be willing
to try.

Be willing
to fail.

Be willing to try again,
and again,
and again.

Be thoughtful,
Be sincere,

Be wary of your fears
but don't be frozen by them,
try to understand them,
they may tell you
more about yourself than you would
ever learn by turning back because of them

Be the best that you can be at doing
whatever you choose to do
including
choosing what is best for you
best for now, and best for later
and put the best of what you have towards

every

single

time.

Do this, and soak in all that comes from it

all of it,

every single drop,

because you will have earned it.

Sincerely, and with admiration,
Sean Powers
Dean, Class of 2013
...and proud of it.

Astounding Seniors

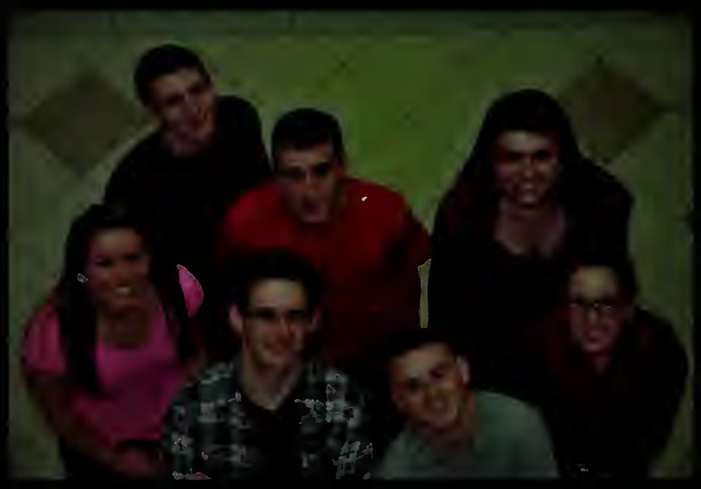
Class of 2013

Class of 2013

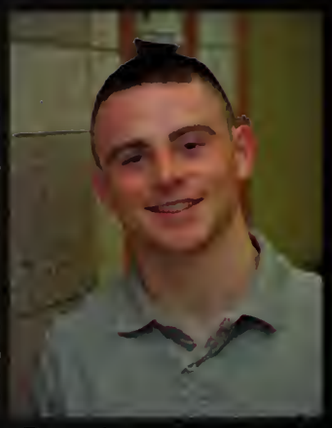
Senior Class Officers

President

Christopher Kelleher



Vice President

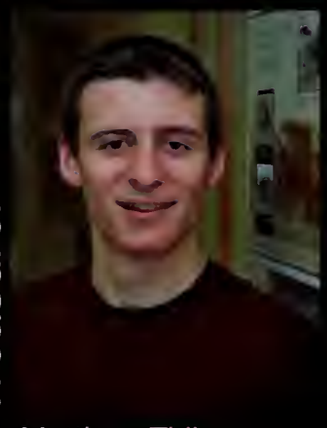


Ryan Igoe

Girls' Treasurer

Elizabeth Epstein

Boys' Treasurer



Matthew Thibeau

Secretary

Brianne King

Girls' Athletic Adviser

Lauren Harrington

Boys' Athletic Adviser

Jordan Davis

Hockey 1,2,4
Golf 1,2,4
Soccer 3
Lacrosse 1-3

Gotta give it out to the Boys- Doov, Erks, Frey, Hank, Teebs, Wiseman
JB, March 5th, August 10th, Halloween, New Years, cape trips, Westside and Jack Frost rest in peace, the cave, the pound, the flocka fort, Ruby Tuesdays, FF's, sur la table, MacClicken, Ms T, Chef Igor, Goodtime with everybody#2013

A big thank you to my parents, Grandma, Lauren, Steph, and Will

Bryan Alighieri

MVP 2-4
Varsity Lacrosse 1-4
Varsity Hockey 1-4
National Honor Society 2-4

AR, ML, LE, DD, SF, SC, Muzz, Roytrain, BC, KS, DF, CV, LD, Blood², CD, Hockey Baystate Champs, FAMILY, Roy's pre lacrosse ritual, Providence crew, Friday Night hottub club, Brady's bunch, going to miss a lot of people but I'm sure I'll see you all again

Brendan Altieri

So many great times with pd, mb, aw, sg, jb. Thanks to everyone who has been there for me! Thanks NHS my family Mom, Dad, Sonia, Jordan, without you, I don't know where I would be. Good luck class of 2013!

Melissa Amorim

Friendship Club: 1-4
French Club: 1-4
SADD: 3-4

James Amos

It doesn't matter where you are coming from. All that matters is where you are going.
-Brian Tracy

Ryan Anderson

Look at everything as though you were seeing it either for the first or last time.
-Betty Smith

Jessica Aruda

Tennis 3-4
Soccer 3-4
Hockey 1-3
Kiva Club 4
EYC 4

Bowling Alley. Watch out for tree branches while shoveling. Climbing the Quincy Quarries. HIMYM. Das. The Batcave. Stock Market Game winners with CG ML and BS. Brunos Pizzeria. The firepit. Hennessy Field. The Jersey Shore. Murphy football. Wheelchair races at Children's Hospital. Pizza Palace. Froggy's pond ice skating. BA is the best ever.

Walter Aspinwall

Keep your eyes on the stars and your feet on the ground.
-Theodore Roosevelt

Lennesie Aurelien

Thanks Mom, Dad, and Lauren!
Love you guys

MAS<3 7.4.10

"She is clothed with strength and dignity, and she laughs without fear of the future."

Jessica Bailey

Marching Band: 1-4
Symphony Orchestra: 2-4
Wind Ensemble: 2-4
Concert Band: 1-4
National French Honor Society: 3-4

"Fairy tales are more than true; not because they tell us that dragons exist, but because they tell us that dragons can be beaten." -G.K. Chesterton

Madeline Barnake

Spirit Club, 1-4
SADD 1-4
National Honor Society 3-4
MVP 3-4

Thank you Mom, Dad and Joey for always being there for me! Thanks to my friends for making the last four years so memorable.
"There comes a day when you realize turning the page is the best feeling in the world, because you realize there's so much more to the book than the page you were stuck on."

Lindsey Barnett

SADD 1-4
Post Prom 3-4
Friendship Club 1-2
Spirit Club 1-2
MVP 2-4
JV/Varsity Girls Soccer 1-4
JV Girls Basketball 1-2
Relay for Life, Post Prom, secret balloons, T.Swift concert, #scruffy, BenzClub, ugly sweater party bonfires, Halloween scavenger hunt, the lot family dinners, movie nights, Panera, adventures Perks, Boston trips, semi, Friendly's, dance parties and best friends for life<3 Love you Mom, Dad and Paul
"Truly great friends are hard to find, difficult to leave, and impossible to forget."- Unknown

Samantha Barry

The most beautiful discovery true friends make, is that they can grow separately without growing apart
-Elisabeth Foley

Miranda Bartkovich

Great friends may be left behind geographically but never far away from your heart
-Byron Dulsifer

Henckisson Batista

Don't be dismayed by goodbyes. A farewell is necessary before you can meet again. And meeting again after moments or lifetime, is for those who are friends
-Richard Bach

Ryan Begley

Put your future in good hands- your own.
-Unknown

Sara Bennett

26% of seniors have received office detention

You can't put a limit on anything. The more you dream, the farther you get.
- Michael Phelps

Marvin Besley

Theater 1-4
Soccer 1
Cross Country 3
Math Club 3- 4

"It smells like dust and moonlight"

Leo Blais

sp.ss.dw. the true few. marthas vineyard. the cruise. new hampshire. concerts. relay for life. we'll stick together, through thick and thin, no matter what.

thanks mom and dad for always being there, no matter what. thanks to remy too, for keeping me sane. love you!

"Laugh as much as you breathe, and love as long as you live."

Amanda Blood

varsity wrestling

It is what it is. CG TF JM BF EB AP trap or die KOOMP

Robert Boucher

There are two kinds of education. One teaches us how to make a living, and the other how to live.
-John Adams

Stephen Bourgeois

Tennis 1-4 (Captain), Golf 2&4, JV Hockey 1-2, Madrigals 2-4, Peer Tutoring 3-4, Post Prom Committee 4, Friendship Club 1-4, NHS Music 1-4
Bro Coda, Sound FX, ACDA, Districts, Camp Tapawingo, "Beatriz", "In My Room", James Nelson, Mr. Thompson, Madriguys, Tennis Team Bus Rides, Extreme Tennis, Economics Period 2, Mr. Oliveira making fun of Mr. Curran, Mr. Lee's Rants
"It's not whether you get knocked down, it's whether you get back up."- Vince Lombardi
Thanks for everything Mom, Dad, and Nicole

Michael Breen

Tennis 3
Games Club 2

Insert Friend's Initials here
Insert Inside Joke's Initials here
"It's not a boulder. It's a rock! A big beautiful rock!"

Christopher Brissette

M.V.P 2 years
S.A.D.D.2 years
Tennis 2 years
Indoor/outdoor track 1 year

"Life moves pretty fast. If you don't stop and look around once in a while, you could miss it."-Ferris Bueller
JG BD MH CB BR LD MB DJ SF KS AC BC
Samsung V
Lazer Quest with the bros and T.limbs

Justin Brown

HBDS lysm ,theboys ,bhog ,bbbharkk, hayls,col,ant&dan,elite8,final4, ab&cal, k&mgirls,344,gw.em.kg.ri.ag.jm.am& the rest, loveyouall<3 newyears09, roomsesh's, 8/10/11, teebz, ravin' halloween11, hans-toilet, kennysemi11, disney'10, cruisecrew'12, teds,NH11round2, prom11,tdtf,1sta&f,1.17,1.23. tswift'12,prom'13 seniors13-thanks for all the memories,MB3
Mom, Dad, Matt<3 Thanks for everything, Love you

Kelley Brown

Do not follow where the path may lead. Go instead, where there is no path and leave a trail.
-Ralph Waldo Emerson

Jhuniaiah Bryant

Wrestling 1,2,4

Thank you to all of my teachers, friends, and family for making my high school experience one that I will never forget.

Tyler Buckman

Indoor/outdoor track 2-4

To all friends, good times, good luck, good life. And will stay close to all my great friends. And I`ll see you in 5 yrs at the reunion!.

James Bur

Cross Country
Track
Tennis

Good times with the Batcave, Minivan, Burke workouts, boarding, Big and Toastys, Burkeffects, Going to NH, CYO, The Mug and slingin' hash!, beach trips, XC, Kung-Fu, Winter projects as head eniger, late night dew runs, poke mmo, teaching CCD. My best friends: CM, PJP,SL,TM, SM, JM, SG, AC, WC(X)

Thomas Burke

When your life flashes before your eyes, make sure you've got plenty to watch.
-Unknown

Joseph Burt

Field hockey 1-4
Softball 1
Friendship Club 1-2
EYC; 1-2
Friends; love you all. thank you for everything. clique<3 lylas. scis sisters. kcaemo. 723. home depot. coffee fridays. field hockey. bbh. hdew. pll crew. plymouth. sop. you make my dreams come true. the lot. bulgaria. 204. oh gawdd. myrtle beach. nosotros tres amigas.11.11.11. jhsm. old school> #duckface #yolo #seniors<3 stay classy nhs

Thank you Mom, Dad, Joe, James, Molly, & Samantha. love you so much!<3

Enjoy the little things in life, for someday you will realize they were big things.

Jacqueline Busciere

Tennis 1-4
Tennis Captain 4
Soccer 1-4
Soccer Captain 4
SADD 1-4
Post Prom 3-4
Yearbook 4
President of Concert Band 3-4
#bbf ,BenzClub, family dinners, Summer bucket list, "study", Clairy!, Relay for Life, secret balloons, body painting, fire pits, Halloween hunt, Tom&Jerry, Tswift, #toby, ugly sweater party, Kansas, sweet 16s, Panera dates, #scruffy, weekend adventures, Perks, foam fingers, dance parties. Lifelong friends. Love you mom, dad, and nate!
"When one door closes, another opens.." - Alexander Graham Bell

Britney Cadiz

84% of seniors have seen an NHS play or musical

Football 2-4 - Captain
Basketball 1-2
Baseball 2-4
Track 4
National Honor Society
Spirit Club

TheCrew-T.G. R.W. S.C. R.G. P.O. R.S. T.E. R.I. D.M. T.G. N.P. A.P. + the girls. BoysofFall. darksideD. elite11. What does that even mean? Chizz and Rob's house. Redzone. AuntyG's New Years. #3.SPoT. 323. SaltyCrew. PizzaPalace. Uave. MNC. St.Patricks Day. Thelot. York, Maine, Ms. Barefoot's office. StoryTime. TobyKeith. NorwoodClassic.

Thank you Mom, Dad, and Steph love you guys

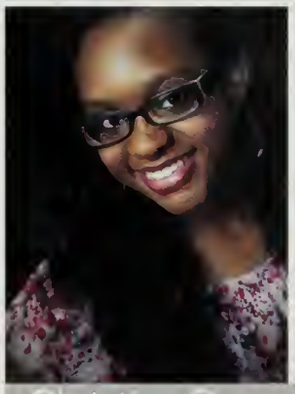
Shaun Callahan

Soccer 1-3
Track Indoor/Outdoor 1-4
National Honors Society 1-4

Emma Campbell

Marching Band 1-4
Theatre 2-4

John Campbell



French Club- 1-4
Friendship club- 2-4
SADD- 3-4
Creative Writing Club- 1
Debate Club-3-4
Peer partnership- 3-4
Drama- 1-2

"Nothing is impossible, the word itself says 'I'm possible'!" These words were said by the amazing and talented Audrey Hepburn. Audrey was right when she said that anything is possible. It took twelve years, but I finally got a decent school picture! I call that my biggest accomplishment yet. I've grown up since being that awkward little freshman, and hope to continue doing so in the future.

Christina Cange

Spirit Club: 2-4
Knitting Club: 3-4
SADD: 3-4
Debate Club: 3-4
National Honor Society:2-4
START: 3-4
Quiz Club: 3
National Latin Honor Society: 3
So much has changed in the past four years. But, the future is still waiting for us and our lives have just begun. As Eleanor Roosevelt said, "Many people will walk in and out of your life, but only true friends will leave footprints in your heart", I'm lucky to have so many of those people. I want to thank my family, friends, and the staff at CNMC for being there for me; I love you all so much.

Maria Caprigno

Volleyball 2-4
Winter Track 2-3
Spring Track 2

"Whatever happens to you, you still have to keep a slightly comic attitude. In the final analyses, you have got not to forget to laugh."
Katharine Hepburn

Kerrianne Cardinal

We do not remember days; we remember moments.
-Cesare Pavese

Louis Cassiano

Boy's Volleyball 1-4
Concert Chorale 1,3,4
Winter Track 3-4
Concordia 3-4

"Chambo"

Frozen Fenway 2012... Bahamas 2011... Florida 2012...Beach House w/ BCMCBCMDACJCKD...Volleyball Playoffs 2012... S&S... NO!!!!... Ryanisms... 3 amigops Bobby, Brian, and me...STOP THE RIDE!!!... Special thanks to my Mom, Dad and Alyssa and thanks to the friends I made during the years...Seniors2013...Goodbye NHS!

Ryan Chamberlain

64% of seniors have played a varsity sport

Soccer 1-4
Track and Field 1

Michael Chammas

family&friends<3. softball. rip daddy, nana, alison, gigi. always remembered<3. KK! sculpture crew! john nardelli <3

Sydney Cherella

Football 1-4
Baseball 1-4
Basketball 1-2

The Crew: SC RW PO RS RI SC TG RG TE AP NP TG DM BELLA <3 Auntie Gee's The Dungeon The Batcave the Lot St. Patricks Day Burger King Runs U Ave Tubthumping Football Family, Baseball Family, Accounting Fam, Humarock Marshfield Pizza Palace Mom Dad Mike Melissa

Stephen Chisholm

Football Senior Captain BTM S/6/12
My WR Family
SB,GG,JS,CG
Ford F-2S0
Dodge,Chevy,GMC Muddin,Bumpin,Chillin
CB Crew GG JS
Canton Pit Fires, The Bungalow, Jacks Shec
Football w/ JN,RM ""The Crew"" w/ CD
Lifting, Joe's Gym

"Take a chance because you never know how perfect something might turn out"

Thanks Mom Dad Marc Mike and Joe
Special thanks to Gram, thank you for everything
I love you guys

Jonathan Ciavattone

Hockey 1-3"
"doggy,ciggy,bones"
All my homies santisi,derouen.goldielocks, bryan, young mill,the boys, Quincy all day no doubt we be out here

All the good times at the cave,wild Wednesday,eagles nest,club,cape,and the "DOG POUND",Hockey games, hockey bus rides, "how ya doin" "prove people wrong'

Mrs. Boiardi I love you, if you weren't here I would be in 9th grade
USMC SEMPER FI
Thanks for everything Mom,Dad,Nikki,and Aj

Corey Cignarella

Concert Band 1
Wind Ensemble 2-4
National Honor Society 3-4
National French Honor Society 4
Environmental Youth Coalition 3-4
Norwood High School Marching Band 3-4

TK CG JC EM MH you all are awesome. We need to remain in contact in the upcoming years when we all go our separate ways. You've left lasting impressions on me, and I won't forget you all. We've had great times over the years, and you have all taught me and I hope you've learned from me as well. I want to thank you, and I'll miss you next year I'm glad to call you friends. Frednz pls

Ryan Clapp

Madrigals
A Cappella
Concert Chorale
Muses

nosotrostresamigas/clique/newhampshire/MADS <3alto/coffeefridays/ danceparties/laughingtillwecry/layinginlaurensbe dforhours/bulgaria/ kcaemo/spicychickensalad/ICEDCOFFEE<3/weirc voicesandimpersonations/ mermaids<3/#seniors#duckface#yolo/sop/jhsm/p rettymucheverythingelse
peace out nhs, it's been so real!
thank you Mom, Dad, Jeffrey, Danny, and Michae <3 I love you guys.
big thanks to all my friends, you know who you are, love y'all <3

Melissa Clarke

Lacrosse
Cross Country
EYC
SADD
"I went to the woods to live deliberatly". -Thoreau
friends, family, #LAXLAXLAX, skiing, cross country, Stacy, Whistler BC, hashtag yolo duckface, 2years old school-2 years new, UVM, falling down bluehills, buddy, im 5'12", perch, off to college*

Kelsey Colbert

62% of seniors have gotten lost in the new building

Ice Hockey 1-4 Captain. Soccer 1-4. Track 3-4 Captain. Post Prom. Spirit Club
"kar" #4
Thank you for the great memories girls&guys!!<3 country fest'12.toby keith'12.froyo girls! Tv Fam.Texas'12.Maine'12.Cape Cod.Lake GeorgeJetskis.wakeboards.dirt bikes with my boys JS.CC.Power Puff girls. ""PPW"".""Fight like a girl"".""bleghhhh"".cruises.summer.hockey tournaments.New Years.Sweet 16.Semi 2011-2012.HMF&AMF love you girls forever<3 al=BBH :) Mike&ikes.morning practices.dan,dil,shelly,H.ohhmyygawddd.family is forever.
Chris never forgotten, love you always<3
Thank you mom,dad,stephen,michael and rocky! LOVE YOU<3"

Karyn Colomey

SADD 1-4
Post Prom 3-4
Madrigals 2-4
Concert Chorale 2-4
Muses 1-4
Yearbook 4
#bbf, Benz Club, family dinners, summer bucket list, secret balloons, body painting, fire pits, Tom and Jerry, Halloween scavenger hunts, #toby, weekend adventures, camp trips, King Richards, Madrigal family, panera dates, boston trips, Waterville, foam fingers, dance parties, Marylou's runs, Love you Mom, Dad, Sam, Alisha and Josh

"We do not remember days; we remember moments." ~Cesare Pavese

Amelia Cooper

Drama Club - 3 years
Improv Club - 2 years
French Club - 2 years

"I have learned how to live, how to be in the world and of the world, and not to just stand aside and watch." -Audrey Hepburn (Sabrina, 1954)
To all of those who believed in me, even when I did not believe in myself: Thank You.

Julie Cordero

We all have our time machines. Some take us back.they're called memories. Some take us forward, they're called dreams.
-Jeremy Irons

Kamara Craig

basketball 1-2, volleyball 1-4, softball 1-2, national art honors society 3years; friendship club 2years
Volleyball#16, *Softball#19wbty..Ty parentals for putting up with me all this time, couldn't ask for better role models<3, Gonna miss all my amigos: JKcubed- KC, KaC, KD, JD; f&a remember- KM, KD, SB..RelayForLife with the bestest(: ; Soulfest- SM, MH, JB, JP, KM, LD, COm..TCCers, love you all to the moon and back<3..4/3/12: mistakes&mems that shaped me; ChallengerCamp 10bestyears..driving/dr'ing w/ SM, HS, KM, CW..#whodat_izdatu_kim; *hakuna matata*..bestconcertsever w/ MH, SM, JP: latenight mcd's, walks in rain, *foreveryoung; hmu in Tenny, love you all, never forget<3

Kimberly Crockett

Boys Soccer Captain 4
Varsity Soccer 1-4
Basketball 1
Track 1-2

It's finally over, the day we've been waiting for since elementary school is here. We finally graduated. Now there have been a lot of important people in my life and I honestly couldn't ask for a better group of friends. Needless to say my family and friends have always been there for me and I couldn't thank them enough. I couldn't have done it without my family love you Mom, Dad, Sabrina, Dan, and Stef.
RS, JS, SD, TY, TG, MM, SO. Thanks guys I couldn't have done it without you.
"

Alessandro Cubelli

Football 1-3
Track 1-3
XC 4

PJP, Slynch, Jmac, TB, Rafa, Seany, Jfad, Scarm, Rafa, Smuggz. CYO, Latin IV AP, Spanish V with D$, Trivia tuesdays, The Reggie, I love Mel Lynch, Hackey Sack, JP Licks, NH trip? The Batcave.

Aidan Cullinane

SADD, 1-4
Spirit Club, 1-4
Friendship Club, 1-4
MVP, 3-4
Indoor Track, 1-3
Softball, 1-3
National Honor Society, 2-4
National Art Honor Society, 2-4
There is no limit to knowledge, to success, or to happiness. But most importantly, there is no limit to life. Be selfish and greedy; take all that life has to offer. Don't let anything slip you by."" - Anonymous

We did it, class of 2013! Live life to the fullest.

Thank you Mom and Dad for supporting me through it all.

Lauren Cullinane

Muses 2-4
Marching Band 3-4
Jazz Choir 3

"No, I'm not saying I'm sorry, one day maybe we'll meet again" -30 Seconds to Mars

Love to Gretchie, Dominiqua, Anna, Cassie, Johnny Boy and Mike, you guys are always in my heart!

Ashley Cunningham

Anime Club 1-4,
Art Honors Society 2-4,
Dungeons and Dragons 1-4

I would like to thank all the wonderful teachers I had for my great education. They were a wonderful help, and I enjoyed their classes very much. I would also like to thank my friends, for being there, and helping me through out my school years! I will miss you all, and I hope you all have wonderful lives in the years to come.

Sara Cunningham

Go confidently in the direction of your dreams. Live the life you have imagined.
-Henry David Thoreau

Marcello D'Alora

Hockey 1-4
Baseball 1-4
Student Council 1-4

AD, TG, TJ, RF, DM, KM, AG, J8, NP, BD, Karyn and the crew, the chicks, MB3 stang strong, KDB<3, puck, ball, tanner, dougie, BB, PP, The garage, the club, cats, Maisey
#3 Never Give Up, #1 The Tendy, #6 Cameron and Brandon love you bro's
Mom and Dad I love you and thank you for everything
Family over everything

Jordan Davis

Wow, 4 years ago i'd never imagined that high school would go this fast like it did. Through the years friends,family and teachers have helped me so much and i appreciate all the support. All the memories will be remembered no matter what. I've had some great experiences here and am very appreciative for this opportunity. I wish everyone the best in their future, and enjoy!

Paola De Oliveira

A moment lasts all of a second, but the memories live on forever.
-Unknown

Escarlleth De Siqueira

Hockey 1-4
Baseball 1-4

JD DM TJ RF KM TG SC CA SD boys, girls, mjb3, guy, bb, pp, hockeyfamily, ftb, clubchillin, flockafort, thepound, dougie, triot, ktmroadtrip, summer12, tobyconcert, jrlegionstatechamps2X, cousins, np&nn

Thanks Mom, Dad, Alyssa-love you

Anthony DelMonaco

Fall Cheerleading- 1-4
Winter Cheerleading- 2-4
Spirit Club-3-4
Friendship Club- 2-4
National Honor Society- 4
HowBoutDS? the boys. kg.ag.aw.cp.em

TheReal2AMs. NHweekend. NewYears. Semi Halloween.
Ke$ha. Tswift. Catalina. NickNames. Sweet16 Typicalmente
BermudaCrew. CountryFest. Bbbharkk. Bdhos 927. #cheerfam
My captains,sm.ah.pg. Nationals 2012; State Champions
Vantage Point, Lake George.
AJL,11.27.11
Thank you Mom, Dad, and Sarah. I love you guys!

Hannah Depoutot

74% of seniors have mistaken a teacher for a student

Hockey,1-3, Lacrosse,3-4, Powderpuff game "Derouen, or Debbouen"
shout out to my all my boys, goldylocks, ciggy, jack san, johnny naads, Mr. saulnier, kenny major, and "The Boys"
"how ya doin", "oh you gotta be kidding me", "Mr. Bones"" ""Mr mr Saulnier how are we"
.. JD great times in NH, "northstar campground"
Best times all year at " The Cave", "The Nest", "The Club", "The Pound", "Flocka's basement"
Won't forget the classic hockey tryout bus rides, good times boys
Gotta give my favorite teacher Mr. Oliveira a spot in this.. Period 7
Love my mom, dad, and joe, thanks for everything guys
NHS thanks for all the memories!

Christopher Darouen

Drama Club 1-4
SADD 3-4
Celtic Strings 4
A capella 4
Thank you to my friends and family for your love and support!
CO KM CV JL EH LB SR MF KM LK CB BR JB
West Side Story, OBX, ihop, Lazer Quest, the 5 guys and the 3 girls, festival
"Take care of all your memories, for you cannot relive them" -Bob Dylan"

Lauren DeSilva

You look good,you feel good. You feel good, you play good. You play good, the play is good.
-Deon Sanders

Alix Dieudonne

Spirit club 1-4
Post Prom 3-4
Football 1-4
Indoor Track 1-4 capt. 3-4
Outdoor Track 1-4 capt. 3-4

Had great times at the old high school and alot at the new one. Gtz with Brad and Tuna. Gonna miss the football team and the pasta dinners. Track is always a blast cant wait for the chicken parm by the cubelli's. Good luck to everyone

Daniel DiTomasso

Dance...forever ago until forever and a day
"Great dancers are not great because of their technique; they are great because of their passion."
- Martha Graham
De verdad? Kell and Kerri my adopted sisters love ya through everything!
Mom, Dad, and Sam love you, thanks for everything.

Jennifer Doucette

Creative Writing Club 1-4
Literary Magazine 1-4
Knitting Club 3-4
National Honor Society 3-4
National Art Honor Society 2-4

I've met so many amazing people in high school who have impacted my life in such memorable ways. Isaac, my best friend, Katherine, my amazing co-editor of The Margins, Maria, one of the sweetest people I have ever met, Ms. Uppenkamp, who gave us a place to knit, Cassie , Courtney, Kk, Noah, Mrs. Mead, Ms. Mullaney, and my CWC family; Belanna, Samuel, Brian and Mr. Powers. I love you all!

Carly Dow

FINALLY ! :)

Michelle Driscoll

Volleyball-1-4
Basketball- 1-4
Softball- 1-4
National Art Honor Society

My place is out there. Oh, i may not know exactly where or how far, but i got to go""
Volleyball.Basketball.Softball
J.D,K.C,S.R,G.P,L.N,K.S,L.C,J.G,M.L,J.C,O.P,L.W, K.C,S.B,S.C,C.D,B.S,C.S,I.W,M.D,M.F,H.F,A.S,K.D, E.C,R.W,S.F,L.P,M.S,S.L,B.R,J.S,M.H,A.S,etc.
Thank you to everyone i know. Love you.
Always in our hearts CT26
Rest in Peace Peter, thank you for always having faith in me.
Hakuna Matata<3

Kelly Duggan

37% of seniors have dyed their hair

Football: 1
Basketball: 1-4
Baseball: 1-4
Golf: 2-4""The Crew: PO RS RG TJ RW SC SC RI NP AP TG DM DF BG CG TE the girls, The Dungeon, Batcave, Four Corners, Auntie G's, CP's, The lot, Chizzy's, Uave, Pizza Palace, Spot, Burger King, Civic, Seniors thank you mom dad and Matt for the help through out the years I love you guys

Thomas Eckhardt

Friendship club 1-4
NHS Update 2-4
I don't even know where to begin. High school made me realize how things/people can change so quickly Overall I wouldn't do anything differently. I've learned that everything happens for a reason.

Thank you to my family for always being there through everything Mom, dad, Paula, Robert and Anthony. Everything that I do in my life is for my teta. I love you
BL<3

Helena El Douaihy

I love my family.

field hockey love #9, Allison, KAIKAI, sculpture crew<3, guidance, studies with corm, Rowdy Thursday, koala&banagrams, new year's eve, work crew, Orleans road<3, country fest, jason aldean, Ogunquit, NKOTBSB, fenway, glee karaoke, Halloween, prom, Hampton beach, boston, JM<3

"You must be the change you want to see in the world."- Gandhi

Elizabeth Epstein

Baseball 1,2,3,4
Football 1,2,4
National Honor Society 2,3,4
The Boys: BA, PF, TF, HM, DR, MT, DW..Nikki<3 and all others...The Cave...Cape Trips...Eagle's Nest...Hankism's: Born In the USA...West Side...Halloween and New Year's...August 10th and 18th..GIANTS...Toby Keith '11 and '12...Love my center MERSH #53..Cig will always be a clown..I love you Mom, Dad, and Kelly...This has been a great four years and I wish all my classmates good luck..Peace Out NHS

Joseph Erker

Our greatest glory is not in never failing, but in rising up every time we fail.
-Ralph Waldo Emerson

Nicole Espinal

The most important thing is to enjoy your life--to be happy--it's all that matters.
-Audrey Hepburn

Hoprah Exavier

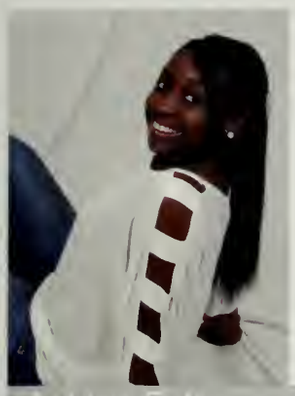
Sleeping Club (All Four Years)R.N.F Jr., S.G.F, R.G.F III, F.M.F, JMac, PjP, Rafaman, Burke, TGon, J.O, E.A.S.Z, Filipino Sensation, Filipino Pride, Mabuhay, JFad, Not Your Average Joe, Foreigner, Mini Fridge, Floor Mattress, #asianproblems, Family Over Everything, Fadrigalan Clan, Music Is My Drug, The Batcave, Work Grind, East Side, Founding Fathers, Brother From Another Mother Igoe

Jayson Fadrigalan

The future belongs to those who believe in the beauty of their dreams.
-Eleanor Roosevelt

Ryan Fahey

38% of seniors have dated an upperclassman

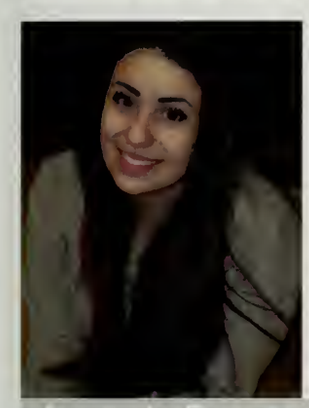


Shoot for the moon. Even if you miss, you'll land among the stars.
-Les Brown

Ashley Felix

When you leave here, don't forget why you came.
-Adlai Stevenson

Courtney Fernandes



Drama Club 1-4, National Honors Society 3-4
Comedy/Improv Club 3-4, SADD 1

We're all taking something with us while we graduate&I'm leaving NHS with no regrets. These past four years have brought with them the hardest times of my life, but with the support of countless family&friends. I learned to always pack a separate backpack for rehearsal, to advertise every one of my shows, to know many but trust few, to be the person you want people to know you as, and that there's nothing to be afraid of. I've spent more time in auditoriums and on stage than in my own house within the past four years and I wouldn't want it any other way. To whoever reads this, I hope you take away just one of my lessons: to never fear expression, because it's one of the only things that can never be wrong.

Arminda Ferreira

Friendship Club

In my four years of high school I have learned a lot of things. I would like to thank Mrs. Mahoney, Mrs. Malloy and Mrs. Shilo for believing in me and always encouraging me to be the best I can be. I have learned if you work hard in the end it all pays off. In my four years I have worked hard to get to the next chapter of my life. I have experienced and pursued new things and I am ready and looking forward to the next chapter in this amazing journey.

Felipe Ferreira

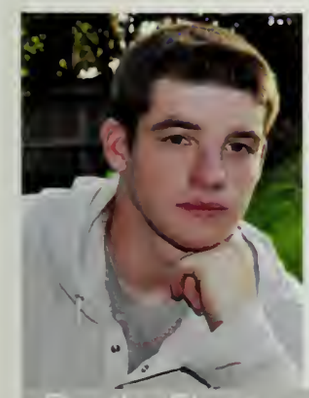
Basketball 1-4
Baseball 1-4
Soccer 1

I want to first thank my family; Mom, Dad, Matt and Cam. Thank you for everything I could not have done it without you guys. Second, I'd like to thank my friends, both in Norwood and West Roxbury who made my high school career some of the best years of my life, and made my transition easier than I expected it to be. I'll never forget any of you, and I can't thank you guys enough.
2/10/12 H.H
"Never regret anything, because at one time it was exactly what you wanted."

Daniel Flahive

"Lacrosse 2010-2013
Hockey 2009-2011
Golf 2011
Cross Country 2009
Honor Society 2013
Latin Honor Society 2012-2013"
Shoutout to my boys Flocka, Del, Jaba, Bink, KTM. Accounting fam, morning crew, lax bros. The Latin crew, veni vidi vici. Mrs. Shore thanks for everything over these years. Taylor keep Mike in check. Gtz Soph English corner, elevator crew, Frosh Bio.

James Flynn



Hockey 1-4
Baseball 1-4

Thanks to my friends, family, and a few teachers for making my 4 years in this prison bearable.
Alex, Del, Govs, JD, TJ, DM, Ktm, Amo, Pmo, Grossy, Cig, Galvin, jakjak, CC, DW, BW, RM, AH, HD, KB, NV, KC, RI, AF, LB, RS
Stangs hockey and baseball #family- Bay State champs, jr. legion state champs Kenny's club, flocka fort, The nest, semi, "tell me to breathe", New Years, cape (tiny tent), Bink's 20 minute party

Rourke Flynn

Lacrosse 1-4 Captain
Soccer 1-4 Captain
National Art Honor Society
SAAD, Post Prom
girls&guys<3 thanks for all the memories; laxcult143; capecod; lakegeorge; goodharbor; maine; conneticut; loveyou HMF KLC; ms dagle&ms barefoot thanks for everything!; cooper <3; jdandtheboys, karynandthecrew; semii2011-2012; prom2013; halloween, new years; tobykeith, countryfestt, tswift; powerpuffgirls; GUH, girls, girls, girls; shelly! Mom, Dad, and Steph thank you for everything, Love you!
"Never let the fear of striking out, keep you from playing the game""

Alayna Fogg

26% of seniors have dated an underclassman

Soccer 1-4
Hockey1-4 Captain
Track 3-4

girls&guys thanks for all of the memories<3
KLC&AMF; love you always.
semi2011&2012.hockeyOHANA.countryfest.t
obykeith.tvfam.
texastrip.powerpuffgirls.lakegeorge.yorkbeac
hmaine.newyears.
froyogirls.lila.guy.papa.<3

Mom, Dad and Brittany, thank you for
everything!
Love you guys so much.

Heather Folan

Drama Club
Improv Club
Lacrosse
EYC
Friendship Club

I will always remember the amazing places in Norwood. Like Bird Park. When I was there everything was so bright and vibrant. It made me see the world in a different way. It was as if life went from being in wide screen to full screen. You could literally hear the trees speak.
#SeanReagan

Matthew Foley

Football 1-4 Capt 4
Baseball 1-4
National Honor Society
Spanish National Honor Society

Shoutout to the Boys- Erks, Doov, Wiseman
BA, Hank and Teebz, Shwam, Rave Cave, Ruby
Tuesdays, Halloween 11 & 12, March 5th,
August 10th, the Garage, Marsh Vegas,
Hankisms, Hungarian Hurricane, Cape Trips
Le Tableau, 4th of July Week
We laid a lot of memories down, like tattoos
on this town. Four great years and many
more to come.
Thank you to my family-Mom, Dad, Hugh
Zach and Chris- couldn't have done it without
you

Patrick Foley

First say to yourself what would
you be; and then do what you
have to do.
-Epicetus

Elizabeth Francis

SAAD 1-4
Spirit Club 1-4
Art Honor Society 3-4
LAX 1-4
Field Hockey 1-4

#SENIORS #DUCKFACE #YOLO
frands* snal* base* hdew crew* kd*
"forever salty" de verdad? betty crocker nights
crazy basements+wild attics "ready or not here
come"
Thank you Mommy, Daddy, Linzy, Harley, Buster
Matthew, and Shelby. I LOVE YALL.
"I hope your dreams take you to the corners of your
smiles, the highest of your hopes, the windows of
your opportunities, and to the most special places
your heart has ever known."
LIKE A 13OSS SENIORS '13

Sarah French

Spring Track 1
"Frey"

DW,JE,BA,MT,PF,DR,HANK,RA,RW,VA,
JM,CV,AP,RM,RH,CG,BZ,CD

The Cave, Trap Sessions, Ellis,
Wisemans, Hankisms, Hungarian
Hurricane, Hit Me,Swerve Mobile,
"Sometimes I Get a Good Feeling",
That One Cape Trip, August 10th,
New Years Eve 2011-2012, Rockport,
CLAYTON BIGSBEY, Tigers

Thomas Frey

softball & ice hockey

Thank you to my parents & Mrs.
Dagle for everything along the way!

Sabrina Galta

Football- 1,2,4
Wrestling- 1-4
National Art Honor Society- 1-4

I am Nighthawk.

Richard Gallagher

65% of seniors prefer Edward to Jacob in The Twilight triology

Gymnastics 1
Fall Cheerleading 1-4 Captain 4
Winter Cheerleading 2-4 Captain 4

"These next four years will fly by" So True. Thank You Mom, Dad, Dilan, and Ivan I Love You Guys. Love My CheerFam. So Grateful For All My Friends. Wish Everyone The Best Of Luck. Strive For The Best.

Pamela Gamboa

Field Hockey; 1-4
Basketball; 1-2
Softball; 1-3
I love my friends so much. Thank you for always being there for me and creating memories that will last forever. Good times and many more to come. You all know who you are! Love my fam, thanks for everything. I<3MYFHGIRLS #5! Softball 2011 undefeated 18-0. marshfield memories, falmouth, prom 2012, smalls&squints, tvfam, Texas 2012, duck face-yolo-seniors. SENIORS 2013! Goodluck to everyone next year. PEACE OUT NORWOOD HIGH!

Kayla Garczynski

The horizon leans forward, offering you space to place new steps of change.
-Maya Angelou

Lonsdale Garrison

Marching Band 2-4
French Club 1,2,4
EYC 4

So many good times these past 12 years(: I'll miss you - t.k. r.c. p.b. t.e. m.b. e.m. n.h. j.c. b.b. c.b. j.b. s.t. m.d.h. - mints, FBI, mexican food, grocery store, midnight walks, angst chubs, gooby pls, kitties, long car drives, marching band tp, awful movies, my appendix adventures, and so many McDonald's runs - and I'm vegetarian too. Only you guys. See you soon, stay in touch! :3

Charlotte Gassoway

Basketball 1,-4
Golf 2-,4
Volleyball 1,-,4, Capt. 4

Basketball Boys PO, RS, NP, TE, DF, RJM, RG, lava game, D&G, team dinners, Old School, BottomWest Dr.C BM, AP
4 Corners, The Dungeon, The lot, 7/11, Palace, spot Mr. Lee, Mrs. Ganson, Mr. Cormier, Mr. Oliveira
The Crew LW, CG, ML, EE, AR
Volleyball Teams
Liz Whit(chips, BFFNAWFL), Bestfriend/Cousin Colin, James and Greg
"Hawks fly together"
"BIG B"
"Que Sera, Sera…Whatever Will Be Will Be"
Thanks Mom and Dad, rest of the family. Love all you guys.

Bryan Gearty

Volleyball 1-4
Indoor Track 1-4
Football1-2

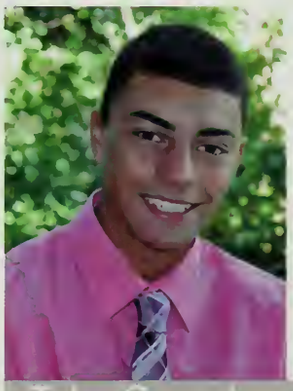
Liz, Bryan, Kenna, James , Greg, Elizabeth, Allison , Alex
R.S , P.O ,T.E ,R.G, N.P ,R.JM, A.P
The Dungeon, 4 Corners, The Lot, The Civic, The North, Palace, SPoT
"Hawks Fly Together "
Mrs. Ganson, Mrs. Shore, Mr. Lee, Mr. Oliveira, Doctor Crowley
"There's no limit to what can be achieved if nobody cares who gets the credit."
Thanks Mom and Dad, Siobhan, Dianne, Eileen, Michael, Owen, Lily..oh, and thanks to my second family too Brian,Cyprina, Bryan, and Sarah.

Colin Gearty

Football - 1-4
Baseball - 1-4

The Crew - P.O, S.C, S.C, R.W, R.G, R.I, T.E, N.P. The Triot- A.D,J.D, ME, Club chilling, Summer12, A.D, R.F, J.D, T.G, T.G, B.S, B.S, D.F, J.G R.M, M.S, G's house New Years, Chizzys House, Football.

Thomas George



Boys Varsity Soccer1-4

Love all my friends D.M. T.B. F.M. R.I. J.M. R.G. R.W. S.C. T.J. P.O. S.C. J.F. J.O. K.O. R.S. C.M. M.T. A.P. C.H. Favorite memories: All 3 years with the #PACK in accounting #NYC2012 Auntie Shore's Christmas presents All 4 years of soccer #Sullivanrule Xbox weekends FR. and SO. year Chilling in Mrs. Crimmings room everyday Coming up with hiding places for the markers with Devon Chilling #Twitter

Tyler Goncalves

54% of seniors prefer Peeta over Gale in The Hunger Games trilogy

Basketball 1-4
Softball 1-4
Soccer 1

Thanks to my family and friends for making my high school experience great. So many great memories and more to come! Texas #tvfam, Basketball girls #12, Softbal 2011 undefeated 18-0, twsift concert country fest, cape with Jenny O, boston with the girls, marshfield, bon fires and girls nights at Brittany's. My wonderful friends you know who you are I love you guys. Love you Mom, Dad, John Kileigh and Nana. Thanks for everything! I'm going to miss you all next year!

Jessica Gorman

Hockey 1-3 Captain 4
Baseball 2-4
Football 4
Golf 2-3
SADD

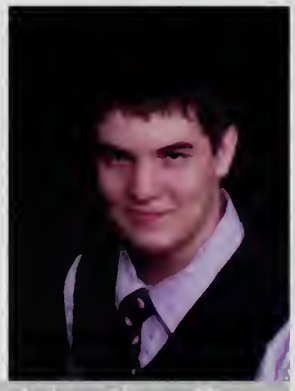
JD.AD.TG.DM.RF.SC.SC.JG.DW.JE. RM.RESTOFBOYS.CHICKSYKWYR. PALS.HOCKEY.FOOTBALL. BASEBALL.CR.

DAD,MOM,COL,TJ,THANKS FOR EVERYTHING LOVE YOU GUYS

Tyler Gover

Thank you Mom, Dad, Shannon & Abby for always being there for me and supporting me when I needed it the most. Grandma & Grandpa thank you for being my champions and always cheering me on.

"Put your future in good hands- your own." ~ anonymous



Johnathon Gray

Football 1-4
Basketball 1-4
Baseball 2-4
National Honor Society 3-4
National Spanish Honor Society 4

THE CREW RG, TG, RW, PO, TE, RS, NP, RI, SC TG, DM, AP, JD, AD, RF, JE, DR, MT, PF, DW BG, DF, RJ, CG, KM, RM, AN, BM, KG, KO, BS AF, ML, The Pack, Accounting Trip 2012 UStangs #9, Blueshirts, De Verdad, Belt, AG's Semi11&12,
Thank you Mom, Dad, and Colin
Thank you to all of my friends and everyone else that has been there for me along the way, couldn't have done it without you #2013

Ryan Greeley

" Wherever you go, no matter what the weather, always bring your own sunshine."
-Anthony J. D'Angelo

Joseph Hagerty

Soccer 1-4
Tennis 3-4

4 long years spent not studying for school or going to parties, but instead playing box... shout out to my x-box crew for wasting their time just as I had and shout out to the soccer squad for what should have been "the best soccer record." But instead resulting in a whopping 3 wins, 1 tie, and too many losses to count...

Corey Haigh

Dream no small dreams for they have no power to move the hearts of men.
-Johann Wolfgang Von Goethe

Steven Halder

Student Council 1-4
Girls Athletic Advisor 2-4, Friendship Club SADD, Field Hockey 1-4, Lacrosse 1-4 Indoor Track 2-3, Basketball 1

Friends and Family; love you all. Thank you for everything; couldn't have done it without you clique <3 bhog/neen. KCAEMO. 723. oh gawd plymouth crew. home depot. hdew crew bulgaria. frank. prom. semi. dothebrielau tennisballgame. lot. 711. froyo. halloween. new years. coffee friday. nosotros tres amigas. cape dance parties. gladyoucame. dreamscometrue. would. duckface yolo. s3n!0rs
Thank you for everything mom, dad, katelyn, jen meghan. love you!

Lauren Harrington

90% of seniors have not been suspended

Future Business Leaders of America- 1
Students Protecting Land and Sea Habitats- 2
Career Education Clubs of Florida- 3

started off in New Port Richey, Florida at River Ridge High School. I went there from freshman year to junior year. Then I transferred to Norwood High School for my senior year. What a big difference it was moving to a different state and meeting new people. High school has transformed me into the person I am today and I will always remember it for the rest of my life. Everything that I have learned I plan to take it with me to college and to help me with becoming a successful person.

Richard Harrington

Dungeons & Dragons 1-4
Anime Club 1-4
Creative Writing 2-4
Debate 2-4
Drama Club 1-4

Alexander Hartgrove

Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind.
-Dr. Suess

Noah Hanes

If you can imagine it, you can achieve it; if you can dream it, you can become it.
-William Arthur Ward

Matthew Henry

Drama 1-4
Swim Team 3-4

"I'd rather regret the things that I have done than the things I have not done" - Lucille Ball

"Don't be afraid to go out on a limb. That's where the fruit is." - H. Jackson Browne

Edward Hernon

"So let it be written, so let it be done."

Sara Huggott

How many cares one loses when one decides no to be something but to be someone.
-Gabrielle "Coco" Chanel

Shaneya Hollins

Fall Cheerleading 1-4
Winter Cheerleading 1-4

So thankful for all my great friends and family. Love you all thank you for making h.s something to remember. I'll never forget the memories we've had through out the years. Howboutds<3 my crew<3 shootout to you all you know who y'all are. Couldn't have lived without my cheerfam, nationals 2012, barbie back<3 rivs and our sisty sense. AHh I'll never forget it. Love ya nhs "Whisper words of wisdom, let it be"

Ashley Holmes

Obstacles don't have to stop you. If you run into a wall, don't turn around and give up. Figure out how to climb it, go through it, or work around it."
-Michael Jordan

Michael Horbaczewski

Softball- 1

"Don't cry because it's over, smile because it happened." - Dr. Suess

"To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment." -Ralph Waldo Emerson

Amanda Hughey

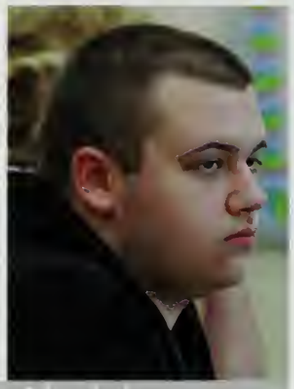
GSA 4
Theater 4
French Club 3
MVP 2

Charlotte Huxter

Football 1-4
Indoor Track 1-4
Baseball 1-4
Vice President of the Class of 2013 1-4
Mentors for Violence Prevention 2-4
National Honor Society 2-4
Spanish National Honor Society 3-4
THE CREW- R.I., R.W, S.C., P.O, T.E., T.G., R.S., N.P., A.P., T.G., R.G., S.C., D.M., LNGC- Rob Wood, Anthony Perriello, Ryan Igoe,, Tubthumping, The Dungeon, Batcave, Auntie G's, The Lot, U-Ave, Shenanigans, Iceman, Track Fam, MNC, CHE GUAVARA, Spanish Family, NYC, BK Trips, Florida Trip with Woody, I Love you, Mom, Dad, Jack, Jayme, and my brother from another mother JFad!

Ryan Igoe

Life is either a daring adventure or nothing.
-Helen Keller



Noah Immonen

How many cares one loses when one decides not to be something, but to be someone
-Gabrielle Chanel

Alexandria Ippolito

Football 1-4
Hockey1-2
Spring Track 1-3
Lacrosse 3
Without a doubt the past four years of my life have been some of the greatest times in my life and times I will never forget. The best part of the last four years has been playing football with all my buddies and hanging out with my closest friends and always having a good time. My fondest memory from high school will be my nickname that has haunted me ever since middle school "Tuna". BM, DR, MT, RM, EM, DD, JM, LG.

Matthew Ivory

Boys Basketball 1-4
Boys Volleyball1-4
S.T.A.R.T 3-4
High school' This is the one place I'm going to look back at and remember that these were the best 4 years of my life. I could not have got through these years without the help of my family and friends. I have no regrets. Thank you for everyone whose been there. Goodluck to all!! #family #friends #mybuggahboo #nhs #2013 #chubbygoon

Rodney Jean-Marie

95% of seniors have a Facebook account

Memory is a way of holding onto the things you love, the things you are, and the things you never want to lose.
-The Wonder Years

Ashley Jeannot

How did it get late so soon? It's night before it's afternoon. December is here before June. My goodness how the time has flown. How did it get late so soon?
-Dr. Suess

Lauren Jeffery

AS, CM, EC, RB, AK, CN, VB and everyone else.
UMass Amherst Class of 2017.
Guarino girls, spring and winter track, the dmobile, Starbucks, brownie man, "so you don't want the half moon?", "hey mom", pattyshell, bubbling brook, Marylou's, Auntie Jan Jan, scrubber, Conrads, Char, Margie and John, Casal's triangle, kendo, dirty mind, I split your mix. "Scuse", July 9th.
Thanks to Gabrielle, Sidra, Mom and Dad.

Deidre Jocus

To laugh often and to love much; to win the respect of intelligent persons and the affection of children; to earn the approbation of honest citizens and endure the betrayal of false friends; to appreciate beauty; to find the best in others; to give of one's self; to leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; to have played and laughed with enthusiasm and sung with exultation; to know even one life has breathed easier because you have lived- this is to have succeeded
- Bessie Anderson Stanley

Jawaan Johnson

To my friends,thanks for all the unforgettable memories."Isn't that a super!",JonasSistahs,Sunday funday,using CP for her mom's food,convertible rides in the winter,dance girls,TASC babies,Relay for Life,hockey games,Maine,pinky promises, BBHARKK Mike,I couldn't ask for a better best friend,I love you<3To my teachers,thank you for always being such great help! I'd like to thank my mom&dad.You're amazing,I wouldn't have been able to do this without you...I love you!
Here's to our future…Goodbye NHS!

Kayla Jones

"I believe that everything happens for a reason. People change so that you can learn to let go, things go wrong so that you appreciate them when they're right, you believe lies so you eventually learn to trust no one but yourself, and sometimes good things fall apart so better things can fall together." -Marilyn Monroe

I came to win.fight, conquer ans thrive. I came to survive, prosper, rise and fly.

Thank you to Mommy, Daddy, Uncle Bengy, Sophie, Jacques, Ms. Colburn, MS.Dagle, Ms.Derrane, Mrs.Keegan

Khann Joseph

Varsity Gymnastics 2-4 Captain 4
National Art Honor Society 1-4
National Foreign Language Honor Society 4

"The girl from Kansas"

Water bottle with BW...

Maria Katinas

I would just like to thank my entire family for being there throughout my highschool years. There have been many times of laughter in our house and I am going to miss that very much. A BIG shoutout to my twin Maria Katinas for being there with me every step of the way through the past 4 years. I am going to miss you very much next year and we will always be the dynamic duo that we are.

Nicholas Katinas

Field Hockey 1-4
Indoor Winter Track 1-3
Lacrosse 1-2
Spirit Club 1-4
SADD 1-2
Friendship Club 1-2
National Honor Society 2-4
National French Honor Society 3-4
dayla. field hockey tourney 2012. pasta dinners. some nights. taylor swift concerts nights sitting at my kitchen table. work crew paris 2010. dark chocolate cake. the cape booba. friends<3 so many great memories! Bye NHS!!! Good luck Class of 2013!! Thanks for everything Mom, Dad, Alanna, and Paul. Love you guys!

Kayla Keady

Student Council1-4, SADD 1-4, Post Prom 3-4, National Honor Society 2-4, School Council 3-4 Spirit Club 3-4, Yearbook 4, Madrigal Choir 1-4, Concert Choral 1-4, A Cappella 1-4, Jazz Choir 1-4 Concordia 3-4, Men's Choir 1-4, Band Camp 1-4, CMS Men's Chorus 1-4, Music Major 3-4, Voice 1-4 Piano 1-3, Sr. Districts1-4, All-State 3-4, All-Eastern 4 ACDA 2-4, Handel & Haydn 1-4, Drama Club 1-4, Willy Wonka 1, Sweeney Todd 2, Music Man 3 Wedding Singer 3, West Side Story 4, TGS Dance 3-4 Thanks Mom, Tim, Alli, Grammie and Family Mads for life. N10/119 = home. Madriguys. Cabin 29 Panera. Friendly's. Six Flags. Avatar Nights Barbershop. If you're not running you're wrong April 15th, 2011. New Jersey. James Nelson I'm not buying what you're selling. Yeah, I'm a "bass" #memories. We're dorbs! 11 hours 2 mins. Once a Wildcat, always a Wildcat. #YOLO. Live together die alone. Think Different

Christopher Kelleher

Wind Ensemble 1-4
Jazz Ensemble 2-4
Concert Band 1-4
Marching Band 1-4
Orchestra 2-4
Jazz Combo 4
Cross Country 1-3
Track & Field 1-2
National Honor Society 2-4
Environmental Youth Coalition 2-4
Norwood Cultural Council 2-4

Does this picture make me look fat?

Ty-Lucas Kelley

Drama club, Spanish club, Acapella, Celtic Strings, National Honor Society, Spanish Honor Society, Jazz Choir

CM LB MF EH DJ EM RO RW GM EN SP CN MT FM BW GCH AS MF JM
Guarino girls, summer musicals, rehearsals, band camp, chilling with Busler, sing-alongs in the d-mobile, struggles with OUR commonapp, breakfast at the mug, AP Spanish, underclassmen babies, drama family.
Thank you Mom, Dad, Sarah, Patrick, and all of my friends for the love and support! I don't know what I'd do without you guys <33

Amanda Kelly

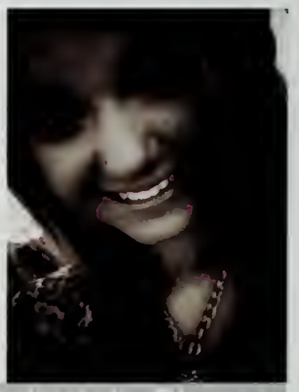
Field Hockey 1-4
Lacrosse 1-2
Track 1-3

"Friends & family, I love you all, thank you for everything,1,000 kisses.
FH12, tv fam, marylous, booba, kaylas got a..., TCC, que tal?, purple shirt, dodo bird, bbbharkk, dew, izzz good!, goofy, DOTHEBRIELAU, guuuurup, the B&B show, J.L<305/01/2012

Brianna King

Soccer-2

Love the life you live and live the life you love.



Elizabeth LaChance

Basketball 1-4
Softball 1-4
Friendship Club 1-4

CG BG AR EE AR AF KC HF AP LW. Basketball and Softball girls. TI. Froyo. Dance Central. HSM.twostrandsofropeneverbroken.slushpuppies.oath.shawtyitsyourbooty.bigthree.familyfirstCG.Bermuda.153.2/3/12.Love you mom, dad, bryant, cory, jamie, and marissa. thanks for everything.

Makenna Lane

The cure for boredom is curiosity. There is no cure for curiosity.
-Dorothy Parker

Patricia Lee

50% of seniors have had their phone taken away in class

Do not go where the path may lead, go instead where there is no path and leave a trail.
-Ralph Waldo Emerson

Matthew Lennon

Drama Club grade 1-4
SADD grade 1-4
Math Club grade 3-4
Concordia grade 3-4
Jazz Choir grade 1-4

I have had many great times at this school. I have grown close to so many people and I will miss them all, and yes, even CV's bad puns will be missed a Little. Only person that I am not including is TL! I am kidding. You are my best friend and I don't know how I will survive apart from you for than more than a week. Best of luck unto you all!

Christopher Little

Drama Club 1-4
SADD 1-4
Jazz Choir 1-4
Madrigals 2-4
National Honor Society 2-4
Math Club 3-4
A cappella 3-4
Post-Prom 4

HS has been a great experience. Drama has been a great part of my life and will be the source of many memories. Joining Mads was one of the best decisions of my life. It is like a second family to me. Thanks Mom and Dad for all your support.

Thomas Little

Friendship Club 1-4
Spirit Club 1-4
S.A.D.D. 1-4
Softball 1-3
M.V.P. 3-4
National Honor Society 2-4

"Negativity isn't the way to go, smile more, eat some chocolate."
-Ed Sheeran

Sarah Long

Dream as if you'll live forever, live as if you'll die today.
-James Dean

William Luciano-Kelley

Friendship Club 1-4
Spirit Club 1-4
S.A.D.D. 1-4
MVP 3-4
National Honor Society 2-4
National Art Honor 2-4
Yearbook 4
Softball 1-3
Indoor Track 1-4
"So, I guess we are who we are for a lot of reasons. And maybe we'll never know most of them. But even if we don't have the power to choose where we come from, we can still choose where we go from there." -Perks

Sarah Lussier

Lacrosse
Indoor Track
CYO Basketball
EYC
Friendship Club

Good times in the vans and chilling with everyone
Late night Dew runs and Dunkin Donuts in the morning
Going up to NH with the bros!
Just make today a good day and don't worry too much about tomorrow
Its all about the Guap
Sundae Cups with nuts
Unbeatable CYO squad senior year

Stephen Lynch

Dream as if you'll live forever, live as if you'll die today.
-James Dean

Scott MacDonald

33% of seniors have received a dress code violation

The Cave, The Boys, Cape trips, march 5th, New Years, August 10th, Marsh vegus, The table and so much more....

Matthew MacQuillan

Football 1-4
Lacrosse 2-4
National Honor Society 2-4
"Merch"

E.M. C.D. J.N. S.C .D.R.J.E.M.T.P.F.Hank
Debouens house ""The Night"" 92411
Fiona Ben and Cigs house
The Bandits
The Cave Ellis Sunday Fundays Caddy
The Infamous Deck ManoMet boys NG
MD FC. Shoutout to my football team

It's been real NHS. IM OUT!
Love you Mom Dad Billy Nicole

Ryan Marchant

All our dreams can come true, if we have the courage to pursue them
-Walt Disney

Dana Martin

Varsity Gymnastics

9:30 at my house.... Spot and COA
Off to Wheaton...

Thanks Nana, Mom, Dad and Chloe...

Elizabeth Mason

Football 1-4
Indoor Track 1-4
Outdoor Track 1-4

Throughout high school I've learned to not count the days but to make the days count. I'd like to thank my mother for always pushing me to do my best. I'd also like to thank all of my teachers, friends, family for making my high school experience one that I will never forget.

Jason Matovu

Volleyball 1-4
Ice Hockey 1-4

Seniors 2013, volleyball girls & hockey girls, OHANA
TV fam, Texas, H!, new years, skiing, marshmallows
vball 2012, when i say g..., #8
"You only live once, but if you do it right, once is enough"
thanks family&friends

Kaitlin McCarthy

SADD

fieldhockey friends; love you all. thank you for everything. <3 clique. S.S. 723. old school> . kcaemo. D&G senior crew home depot. coffee friday. you make my dreams come true. jhsm. pll. FH. frosh sb. stn. SC. plymouth. prom. Annie & Hallie. 11.11.11. seniors duck face yolo. forever young.
Mom, Dad, Brian, Rachael and Jackie, thank you for everything. Love you guys <3
"And in that moment, I swear we were infinite"

Samantha McCracken

Captains H.D,P.G,A.H<3, Owen8/26/11, JickSop&Maloop, Prom 10' S.K.F-TWiN$<3 L.M.C-since babies<3, #Cheerfam, State Champs 12', Nationals 12', Cunningham Muffins, #hashtags. Friends you know who you are! Thanks mom and dad for everything, Love you!

Scott McGowan

81% of seniors passed their license test on the first try

EYC 3-4
Lacrosse 1-4
Soccer 1-4
Madrigals 1-4
Indoor Track 2-4
Keva club 4 Daaaasss/ Trivia at Lewis'/ It's Always Sunny in Philadelphia/ Lax/ Soccer tourny Madrigals/ Bird Park/ Hennessy Trips/ 8am / Canada Trip/ Sleaze bags/ the Reggie and AKs/ Mr. Rager/ DKR/ GBs/ Lynchy's Roof/ Green Man Smuggler, TB, Slynchy,Mfolz, Cole, PJP, SeanyG, AGC, Sabs,
I <3 Mel Lynch, Trivia Tuesdays, Winter Fun Days, Candada ?, Chillin at the Reggie, Hackey Sack

Samuel McGrath

Soccer 1-4
Spring Track 1
National Honor Society 3-4

Great time hanging out with everyone in the basement."I'm like a river, you can't dam me."-WC.Summer fun on the porch.The matrix.Getting swindled while paying the bill.Sitting in Pizza Palace.CCC.Rafa rapping.Accounting NYC.Empire state elevator.Impaired all cup tour and bagel bites.Wandering around NHS.Thanks to Mrs. Derrane, Mrs. Ganson, Ms. Bohan, and Auntie Shore.Love EE.Thanks for all the memories '13.

Jason McGuire

Football 1-4
Basketball 1-4
Track and Field 2-4

S.R., Football 2012, Boys of Fall, Blue Shirts, Gimmie Some, JJ, Trackstars, Big Kev, Tannon, Chewy, Dr. C Big B Perri, BAM. Love you Mom Brandon and Bella.

Bradford McIsaac

Football 1-4
hockey 1-4
Lacrosse 1-4

RTM JJN bandits Fiona the caddy Sunday Fundays. Its been real.

Emmett McNamara

Your schooling may be over, but remember that your education continues.
-Unknown

Drayer Medina

Field Hockey 2-4
National Honor Society 3-4
Concert Chorale 2-4
Muses 2-4

Best friends KG & JS <3
All the rest you know who you are!
Thanks for all the memories!
Friendship Club, Marshfield 2012, J&E Nights!
walp&boro, SPoT! FHGIRLS #4 9/15/12, SENIORS 2013! Good luck to everyone next year!
Mom, Dad, Danny, Bryan
-I love you

Erin Metayer

Swim 1-4 Captain
Track 1-3
Softball 1-2
National Foreign Language Honor Society

Friends; love you all. swimgirlsandboys. STATES. Clevelandcrew. shewillbelovedwithMeliss. SAC. PrettyLittleLiarsCrew. Cp's. GP;thankyou. Mlcforever. WSI class. Lifeguardcrew. Latin237;Malex attacks. Picnics. Naturehikes. And everything with Evelyn Elizabeth; my other half, I love you more than you even know.
Love you Mom, Dad, Liv, Em, Nat, and the best twin sister to walk this earth, Evelyn!

Alexandra Metta

Swim&dive 1-4 capt.
NHS Update 2,-4

Shout out to the most amazing friends a girl could ask for. pll crew, swim girls&boys #tvfam
Thank you
Mom,Dad,Olivia,Em,Natalie and my one and only twin sister Alexandra Ann, couldn't do it without you.
Love you all!
*Stay Classy NHS"

Evelyn Metta

18% of seniors have been pulled over by the police

it's something unpredictable but in the end it's right. I hope you had the time of your life.
-Green Day

Kenneth Michael

Varsity Soccer 1-4
Varsity Spring/Winter track 1
National Art Honor Society 2-4
S.A.D.D 2-4

"Fern", the #6 B.V.S. Four years. Four tourney runs.
Cancer Sucks!
B.W. 4-8-12 <3
to Peppermint and Kit Kat, thank you. <3
T you'll always be my cousin
"Dream as if you'll live forever. Live as if you'l die today." James Dean
I can't imagine a more supportive class. We've grown so much from when we first arrived ir 2009. I'm proud to call these people my classmates.

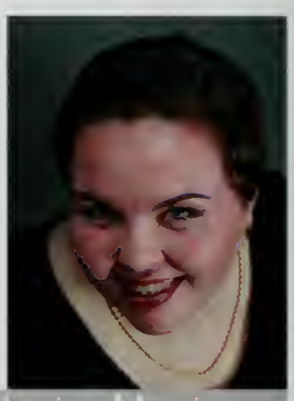
Fernando Morales

To the friends who always have and always will be there, love you all to the moon and back: SP, DJ, AROCK, AK, JD, TG, TB, PP, SM, JM, TM, DW, LB, MF, FM#6 Guarino Girls, The DMobile, Orch Fam, Track Fam, Rowdy Thursdays, Pole and Cole, Visits with Sean, "I took your mix", Mrs. Crimming's Room, 11/11/11
Thank you Mom, I'd be lost without you
Rest in the sweetest peace Dad
"We all take different paths in life, but nc matter where we go, we take a little of each other everywhere

Colleen Morris

Creative Writing Club
Literary Magazine
Marching Band
National Art Honor Society

Thanks to my family for their love and support. Lauren & Colin, K.C., L.B., F.M, H.L Mike & Tory, my Creative Writing gang & Powers, my TCCers, and my percussion kids. My AC & N7 bunch. IHOP and Taco Bell runs, youth group shenanigans, pirate goddess, Colin's couch, the art rooms, 007, Relay, and everything else. Thanks for the ride. "Always be a poet, even in prose."
–Charles Baudelaire



Katherine Morrissey

The most important kind of freedom is to be what you really are.
-Jim Morrison.

Cameron Moulton

Lacrosse 1-4
Soccer 4
Hockey 1-2

AD, RW, JD, TJ, CHIZZY, TGON, CAL, RF (FLOCKABUST), GOVES, KTM, IGOE, PJO, RS, TE, KELL&HANNAH THE CLUB VANDY MFL vs OFL FROGGY'S HDEW/MR.FRANK'S

Daniel Moynihan

"Gretch"
MB/CG Capt., WG Capt., SADD, EYC, National Honor Society, Drama, PowderPuff, Post Prom, VP of Spanish Club, Writing Club, Math Club Band Camp, "Ya dumb" Wedding Singer, Nationals! Pizza night, AP Spanish p.5<3 Summer Musicals AC, AD, AK, RO, EN, MB, JC, EM, RD, KM, All my guard girlies! ABCDEFGHIJKLMNOPQRSTUVWXYZ. Dad, Mom, and Kat, thank you for sticking with me and helping me get through. Thanks so much! Love you!

Gretchen Mueller

Marching Band 1-4
Jazz Band1-4
SADD 1-4

So much has happened in the last four years that it's impossible to describe. I can't believe it has passed by so quickly, because it seems like not that long ago we were freshman in the old school. But over the years, I've made so many friends, formed so many bonds that I'll remember forever in the future Well, it's been real, so always remember the good times and stay in touch guys

Eric Muller

37% of seniors have dated someone for longer than a year

EYC 4
Friendship Club 4
Lacrosse 3-4
Track 1-4
Football 1-3
Baseball 1-3

"No matter where life takes me, find me with a smile
Pursuit to be happy only laughing like a child
I never thought life would be this sweet It got me cheesing from cheek to cheek

Thomas Mulligan

Don't live up to expectations. Go out there and do something remarkable.
-Wendy Wasserstein

Jason Najm

Football 1-4
Baseball 2-4

Sydney Elizabeth Cherella <3 A&F, chilling in Fiona with Merch and Emmett #thecrew #sundayfunday #freedunkies #rollychair, My Boys Jonno #F250 Derouen Ciggy, Me and Emmetts Flow #Fearit

John Nardelli

SADD 1-4
EYC 1-4
President of Spanish Club 1-4
Spanish Honor Society 3-4
Vice President of National Honor Society 4
National Art Honor Society 2-4
Thanks for all the good times NHS. Thank you to my family for all the support and to all my friends for the wonderful experiences. I will never forget all the great teachers I've met along the way :) Good luck class of 2013!

Eva Noreko

It takes courage to grow up and become who you really are.
-E.E. Cummings

Ciara Neal

Gymnastics

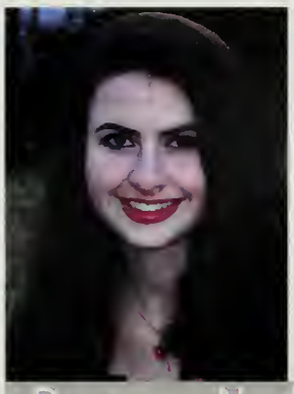
"hope your dreams take you to the corners of your smiles, to the highest of your hopes, to the windows of your opportunities, and to the most special places your heart has ever known."

Lindsay Newcomb

Football 1-4
Basketball 1-4
Spring Track 2
Lacrosse 3

No matter where life takes me find me with a smile

Adam Noepel



The Revolution introduced me to art, and in turn, art introduced me to the Revolution!
-Albert Einstein

Dominique Nordquist

Ice Hockey 1-4
Captain 3-4

JODbsquared; girls+boys, the crew, OHANA11-12, BHOGwhales, bdhos, juicylips lhjod, YBM&6/3/11.. catalina<3Dswj, bentley, BigTwo, period7crew<3! hockeygirls, maggie, SALLY12-13m s/o to the cave, capelivinJODBLS, "bucket list" bs2, yoyopeacesign duckface. storytime; loveyouSBSJOD Nana&Papa<3 Mom, Dad, Shauna, Kerry, Michael& Stevie thanks for everything. Love you guys xo

Katie O'Brien

Soccer 1-4
Spring Track 1-4

Want to thank Norwood High School and all my teachers for four great years. Shout out to Mrs. Shore's Accounting 3 class from junior year for a great year in accounting. Will never forget mini quizzes, doing work in the workbooks, and Greeley in the Empire State Building. Assets = Liabilities + Owner Equity and shout out to Rob Wood because he asked for one.

Liam O'Brien

Field Hockey 1-4, Captain 4
Ice Hockey 1-4, Captain 3-4
Lacrosse 1-4

National Honor Society, National Spanish Honor Society, Mentors in Violence Prevention, NHS Update

Thanks guys and girls for the memories over the last four years. Looking forward to the years to come. Love you all<3 Thanks for everything Mom, Dad, Billy, JJ, and Dustin! "Don't cry because it's over, smile because it happened."

Jennifer O'Donnell

Everything has beauty, but not everyone sees it.
-Confucius

Shannon O'Leary

West Side Story 4
SADD 3-4
Track 4
Celtic Strings 3-4
Bro Coda 4

"Start by doing what's necessary; then do what's possible; and suddenly you are doing the impossible." - St. Francis

Colin O'Malley

Basketball 1-4

The Crew RS SC RI SC RG TE TJ RW NP AP PO, DM TG DF Nappyboys, Auntie G's, Dungeon, Batcave, Four Corners BG CG, Squad, Lot,Chizzy's, tubthumping, BK runs, UAve, MFL, 70s, cp's, Accounting Fam, Basketball Fam, Fr. Bio, Soph. English & Chem, Palace, Civic, Spot

Patrick O'Rourke

SADD 1-4
EYC 1-4
Spirit Club 1-4
Math Club 1-4
President of Spanish Club3-4
Spanish Honor Society 3-4
President of National Honor Society 2-4
National Art Honor Society 2-4
Creative Writing Club/Literary Magazine 2
National Society of High School Scholars 2-4
United States Achievement Academy 2-4
Spring Track and Field; Sprint & Long Distance 1-4
Dance; Hip-Hop,Ballet, Jazz, Improvisational Modern, Lyrical1-4

Rachel Oberd

Football 1-2
Soccer 3-4
Track 1-3
Baseball 1-3

The Batcave, Jmac, Slynchy, Bones, Jfad, Smuggz, Littlegrathmac, Rafa, AGC, Gormagoo, Winter fun day, The Lads, NH, The 2 Lynch vans, DAS!, Lynchys cyst, CYO, Cole and Pole, The matrix, The big Z, I love Mel Lynch, Trivia Tuesdays, The hit and run, John Goncalves <3, hopeful for Canada,

Some inspirational from Will Carroll "I'm a river you can't dam me."

Paul Panetta

21% of seniors plan to be living in Norwood in 10 years

The first duty of a man is to think for himself.
-José Martí

Dhruv Patel

National Honors Art Society 2-4

Can't wait to get out of here! I am going to see the world and never look back. I wish that all my friends and class mates reach their goals and live a full life. Things to remember: Dark Chocolate Cake. Are you new? Are you trying to stuff yourself in your locker? Mr. Casali-Stat, Lunch Table :) M.F. problems, Cake Pops, Yeah Maria!! Gum anyone? Olive<3 Maria, Molly, Emma, Nick, Alex, Mike

Amber Pelletier

Guitar 1
Soccer Spring 1-4
Work 1-4

Originally from my native land of Guatemala home of the near dead Mayan civilization. I encountered many interesting things in my four years of high school such as the experience with the CCC and a little Irish connection. Part of the lads back in the day.

Alex Perez

Baseball 1-4
Winter Track 2-4
National Honor Society 4

The Crew: RI RW SC TG RG SC TJ NP PO TE DM RS and to everyone else along the way you know who you are great times these past 4 years/ Freshman Biology, Sophomore English back corner, Deck chillin with RM, [ugh], Big thanks to AD for always being there. "Only the strong survive" and a final big thanks to Mom, Dad, and Chris for all the love and support. Best of luck to everyone moving forward.

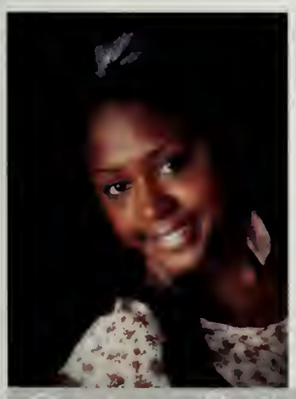
Anthony Pernello

Societies in decline have no use for visionaries.
-Anaïs Nin

Jesse Perry

Imperfection is beauty, madness is genius and it's better to be absolutely, ridiculous than absolutely boring.
- Marilyn Monroe

Shannon Peterson



We have it in our power to begin the world over again.
-Thomas Paine

Quintessa Petit

I have been attending K&M studio for 10 years and have been dancing for 15 years. I Have been involved with SADD, friendship club, and Spirit club.2013 has finally came. Love all my friends so much, you know who you are. Thank you family for always being there for me.The 3 years I've been here have been amazing.I have so many great memories with everyone. I've had the best times here, running away, falling off that cliff, dancing in parking lots, dance parties, hockey games, driving in the convertible, picnics, indoor pool, hawks fly together, my moms baking for the school, and SHOUT OUT TO MY K&M GIRLS love you! Hope everyone lives life to the fullest.
Bye Norwood High!

Christina Pistelli

44% of seniors own their own car

Basketball 1-4
Volleyball 1-4

The Crew TJ, RG, PO, RS, SC, RW, SC, RI, AP, TG, DM, TE Four Corners BG, CG. MS, JD, AD, DF Shout out to the Period 7 Crew. Ravens Claw, The Dungeon, Bench Squad. Thank you to my family, I love you guys.

Nicholas Pierczak

Marching Band
Jazz Band
Jazz Combo
Chess club
Glad to be a senior. It's been a long four years, looking back i feel like 9th grade was a hundred years ago and I'm excited to start the next chapter in my life. I'd like to thank my guidance counselor Mrs. Coville for always being an open ear and I'd like to thank the man that decided there needed to be a computer science class at NHS for helping me find my passion.

Gerald Pipes

Tennis
Volleyball
Celtic Strings
Orchestra
Friendship Club
Post Prom Committee
National Honor Society
ajb, dan, samma, coll, banana, jen, lau, tom, bagel, matt, sam, paulyp, burke, jbrown
my girls, the clique, the crew, orchfam <3
xoxo

"I'm in love alright, with my crazy, beautiful life."

Sabrina Polin

NHS-TV
Love my TvFam
Stay Classy NHS

John Pooley

Volleyball 1-4
Basketball 1,3,4
National Art Honor Society 2-4

Volleyball & basketball girls; I love my teams #21, rowdy girls, <3 my friends.
I love you Mom, Dad, Rose, and Christina thank you for everything :)

Gianna Pugliano

Soccer 1-4
lax 1
winter track1-4

SADD, MVP, Senior VideoDallas 2012, TV family, family dinners, TSwift, JBieber, fierce five, Italy 2010, Santa Maria, Benzclub, love my ACM girls, operation neon, UMass hockey games, hypnotizing Amelia, relay for life, bonfires, secret balloons, hot tub parties, Halloween scavenger hunt. I love all my friends; they are always with me through thick and thin Chickie Chew, Mom, and Dad thanks for all the love and support.

Alicia Quintiliani

Track 1-3
Friendship Club 1-4
S.A.D.D. 1-4
Spirit Club 1-4
Orchestra1-4

SNL LJC SEL LRB love you girls to the moon and back! GusGus, Toby Keith, Sweet, Duxbury, Rascal Flatts, Six Flags, fires at Longie's, Newbury shopping trips! Thanks Mom, Dad, Allison, Billy & Kathleen!

Bridget Reardon

Volleyball 1-4, Captain 3-4
Basketball 1-4, Captain 4

I love you Mom, Dad, Jimmy, Meghan, Kaylin, Stephen, Erin, & Lauren. #4 always. B.M. <3 Volleyball2012. Basketball2012. Bermuda/Hershey Park. Sculpture Crew. Swag Squad. Dodobird. Fiddle Faddle. ALLL the way in Mansfield. SC&JN (mom&dad). Chewy. Tannon.
So many goodtimes, I'll miss you class of 2013!

Shannon Reen

29% of seniors have hosted a pasta dinner

Chess Club 1-4
Eyc 1year
Wrestling 1year
Hannaford 3years

I would like to thank my family for getting me this far in life. I would like to thank my friends for all the good times we've had. CB WK LD JB RF TK MB MS BR ML ME MS MD LC CS. I will always remember the good times I had at Hannaford, scaring people with horror games, and going to Spain. Time you enjoy wasting, was not wasted.

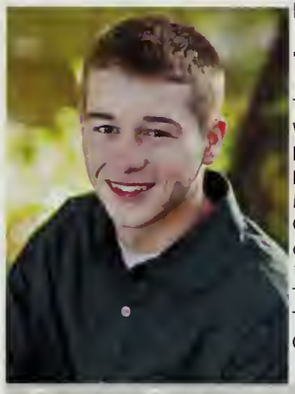
Brendan Ross

Field Hockey 1-4, Ice Hockey 1-4, Lacrosse 1-4
Concert Band 1-3, Wind Ensemble 3, Symphony Orchestra 3
Friendship Club 1-4 MVP 2-4, GSA 1-2, SADD 1-4
National Honor Society 2-4, National French Honor Society 3-4, Spirit Club 4
These four years have flown by!
Survivors K.M. and F.M.
Fern, thanks for being my best friend through all of these years. We understand each other way more than anyone should.
P. 7 Tea Time with Spirit of the Forrest F.M. D.W. R.W. P.F.
Thanks Mom, Dad, Mike and Brian
"Your present circumstances don't determine where you can go; they merely determine where you start." –Nido Qubein

Jennifer Rossman

#24
V. Field Hockey 1-4
V. Hockey 1-2
V. Track 3-4
V. Lacrosse 1-4
#laxlaxlax, Powderpuff, The Crew <3, Toby Keith, Jason Aldean, Cleveland Crew, Elizabeth->Kindergartenbud-Best Friend-Maine<3, SUMMER 2012, Come On Eileen,Trueech,Guarding, FUBO, #75<3, whipping around in the cam, Seniors 2013
"We live for moments like these"
I wouldn't have the opportunities I have today without you guys. Thank you for all your support and encouragement.
Love you Dad, Mom and Chris

Allison Ryan



Baseball 1-4, Football 1-4

"Doov"

The Boys (Teebz, Foley, Erks, Hank, BA, Wiseman)
K.L. 6/15/12
RM,RG,MI,EM,CC,JS,SC,RW,SC,TF
MNC,Joe Pa,Oppo Crew,Co-Captain of the Clowns, The Cave, Cape Trips, The table, 4th of July Week, Ruby Tuesdays, March 5, August 10, Halloween 11&12, New Years, Hankisms, The Garage.
Thanks Mom, Dad, Cullen, Cam, and Jaden. Couldn't have done it without you.

Devon Ryan

Indoor and Outdoor track 1-4
Friendship Club
Challenger soccer, basketball, softball & cheerleading

Kaitlin Ryan

Indoor track 1
soccer 2-4
lacrosse 1-4
EYC 1
dance 1
National Art Honor Society 3-4

Kcaemo. Clique. B2. #LNGC. Summer12. Laxlaxlax. Bulgaria, B2R2, Marylous. SPoT. Frank. Home Depot. D&G senior crew. Cape. prom and semi's. B&B show. JonasSistahs. 711/117. Lot. Plymouth. Abezo. 2:04. YOLO. beez in the trap. Bdhos. bbbharkk. CALI. bread stix Brie. Santa annie danny. Kab. #seniorsduckfaceyolo.
Love you Mom & Dad, Nicole, Michael and Leanne. Friends, you know who you are! Love you!!
"Every story has an end, but in life every end is a new beginning."

Brianna Saad

Basketball 1-4
Baseball 1-4
MVP 2-4
Post Prom 3
THE CREW- RS SC SC RW PO TE TG RG DM TG RI NP AP, #nappy, nappy4life, #plymouth, Auntie G's, #REGG, #R2B2, Pizza Palace, #theLOT, Batcave, Dungeon, Four Corners, UAVE, BK runs, shenanigans, Christmas, #snowmiser, #tubthumping, #iphone, Basketball, Accounting, Toby Keith, Boston Celtics, gym class, summer, beach, #Hummarock, #Marshfield, limo, fishing, David, Family, JULIA COPPONI #love <3

Richard Saad

Life is what happens when you're busy making other plans.
-John Lennon

Cesar Salazar

85% of seniors have been denied a pass to the library

Happiness is not something ready made. It comes from your own actions.
-Dalai Lama

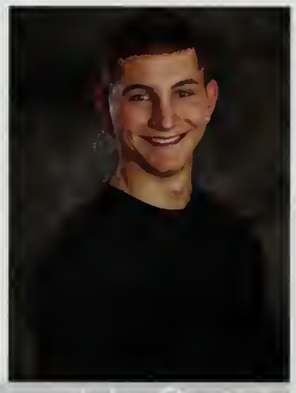
Brigid Sandstrum

SADD 2 years
S.T.A.R.T 1 year
National Art Honor Society 2 years,
French Club 4 years
Friendship Club 4 years

Celia Santiago

HOCKEY 1,3

my dudes corey cig-B-young mill- Chris D the donkey and the boys. Good times in that cave then we got Dog POUND Wild wendsday!!!
my boy Corey Cig
comedy,jv hockey bus,goin crazy hockey games, rippin with the bike, Mrs.Boiardi wouldnt be wrighting this if i didn't have you
I wanna thank Mom, Dad, Joe love you guys
USMC SEMPER FI"



John Santos

Wrestling 2-4
Baseball 1-4
Football 1-3
#RavensClaw, #WinFromWithin, How ya doing'?, State Championship, NJP, TJJ, JJM SWJ, TGB, S/O to Molly B. After School Crew

May those who love us, love us,
And those who don't love us,
May God turn their hearts,
And if he doesn't turn their hearts,
May he turn their ankles
So we'll know them by their limping

Thanks and much love to Mom, Dad, Brian Jackie, Amanda, Kayla, Brooke, Michae James, and Matty.

Mark Sautnier

Softball 1-4
Field hockey 1

These four years have flown by! Thanks to all my friends, we've had so many good times and many more to come; KG.EM.HD.KB.AH.LM.AW. I'll always remember my Orchestra fam, BOBS, HBDS, Marshfield, 9:30 Lizs, danoche, Foxboro, Garczynski fam, J&E nights, 18-0 undefeated, Norwood High Seniors 2013!!! Good-Bye Norwood, cya later!
"All your dreams can come true, if you have the courage to pursue them."

Jillian Shepherd

Varsity Swimming 1-2
National Honor Society
National Latin Honor Society, Cleveland tutoring 4
Peer Mentoring
"So, I guess we are who we are for a lot of reasons. And maybe we'll never know most of them. But even if we don't have the power to choose where we come from, we can still choose where we go from there. We can still do things. And we can try to fee okay about them."- The Perks Of Being A Wallflower

friends, MALEX, Latin 237, NHS swim

Molly Shilo

Growing up is never easy. You hold on to things that were. You wonder what's to come. But one day we will know it is time to let go of what has been, and look ahead to what will be.
-The Wonder Years

Anna Shirosky

Most folks are as happy as they make up their minds to be.
-Abraham Lincoln

Thais Skopinski

89% of seniors are taller than Mr. Oliveira

Varsity Cheerleading 2

I'm finally out of here!!! Thank you god! Id like to thank my family for everything they have helped me out with these past couple years! To my beautiful daughter, i dedicate my WHOLE senior year to you! you've been my motivation to get though this year and i am so thankful for you! I Love you Jahvon and i always will ! S.O Pam!Ciara N! Ciara M! and Chant! We out!

Tamicka Smith

Volleyball 1-4 Senior Capt.
Basketball 1-4
National Honor Society 2-4
Spirit Club 1-4
SADD 3-4
Post Prom Committee 3-4
TV FAM.vball biddies.bball clique.#TEAMNPA.jeep talks.rowdy thursday.skype.dallas.mama kraus.summer 2012. emcliff:yaah.destinee hooker:EK.doctor erin.TINA 2nd fam;kenzkyleryan bagel.studies w/corm. SYD! liz the jew.westside.BIG3.drama vs football vball game.newyearseve. mohammad.forrest&fern.BA.promdate stealer;anna.GPOOGZ.
Love you Fern #6.
Thank you Mom, Dad and Erin for everything. Love you guys!

Kaileen Spaulding

MVP
Soccer
National Honor Society
National Foreign Language Society

"Nav"

Stangs,NHS, Swishies,freshman bio, soccer squad,Comp Graph GTB, #19, #6

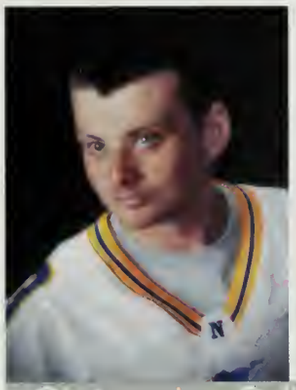
Pranav Srivaatsav

Anime Club 1-4
Dungeons and Dragons 1-4

Caitlin Stahl

Soccer 1-3, Lacrosse 1-4
clique,kcaemo,bsquared,laxlaxlax,spot,r2b2,beach,homedepot,twilight@midnight,330shopping,merp,dah,boston,rusty,"wheres the zoo", accountingfam, bens, semis,after prom,ABEZU, mb's office, #HSFL, gm-kob,jod,sc, lot,711,froyo,mcd,loko-yolo, YOYO,70's style, st.pattys12', spanishsoph, TB's, 8.6,codered,acct2wJ,vandy,jakjak,cfest,tobykeith,B's in the trap, NYC,MB3,danceparty,"i would",nail polish, halloween12, cayman,dumb&dumby,#20, CT26<3 7.13.05,10.20.12
thank you for everything & all the memories through the years-Girls&Boys<3
John Galvin, iloveyou
S.S.L, F.L, always remembered.<3
Mom,Dad,Carolyn and the rest of the fam, i love you so much, couldn't have done it without you.

Brittany Sullivan



Future. That period of time in which our affairs prosper, our friends are true and our happiness is assured.
-Ambrose Bierce

Christopher Sullivan

Concert Band 1-4
Yearbook 4
SADD 2-3
Post Prom Committee 3-4

true few, family, JKSD, "study", relay, yellow pillow, halloween, disney, new years, martha's vineyard, new hampshire, ajb.srp.dlw

Mom, Dad, Robert & Erika
Love you, thank you for everything!

"Everything will be okay in the end, if it's not okay, then it's not the end."
-Ed Sheeran

Samantha Sullivan

Golf 2-4
Basketball 2
Volleyball 2
SADD 4

"You miss 100 percent of the shots you don't take" - Wayne Gretzky
"Life is what happens to you while you're busy making other plans"
-John Lennon
Friends: kg em mb mr mp kb tk dp bf ng cg sl ac sc cp cm ec ml tg jg cp wa jm cc mm af eg md

Timothy Sullivan

Football 1-2, Track 3, Debate Club VP 3-4, Chorus
Concert Choral Concordia 1-3
Neponset Valley Leadership Academy Junior Year
US Naval Sea Cadet Corps Petty Officer 10 years til
Present; RTC New England; POLA New England
Class 10; Overnight Security Staff USS SALEM CA
139 Quincy Mass 4 years; SAIL
To the underclassmen I leave the camera's and
remember THE EYE DONT LIE!
TO DR. CROWLEY,Mr CYR AND ALL THE STAFF I
leave my number to my campaign HQ
TO MS V-I leave my appreciation of math and you
will be head of my finance committee
TO POWERS-A COLLEGE DEGREE IS ONLY A PIECE
OF PAPER, TO my mom I leave the words "IS YOUR
HOMEWORK DONE"
TO Norwood remember my name and check that
box for senator!!! lol

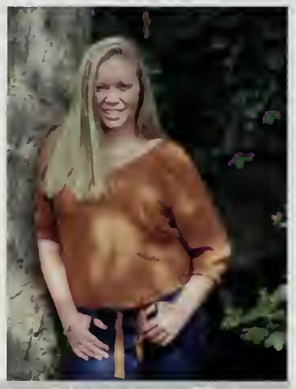
Kyle Sylvester

Madrigals 1-4
outdoor track 1-4
winter track 4
Student Council 1,3,4
Acappella 1,4
Soccer 3-4
National Honor Society 2-4

Here's to my brothers- Erks, Wiseman, Doov, BA
Hank, and Foley
The Cave, 4th of July, Cape trips, New Years
Wingmen, Halloween, Immortality, The Table
Hankisms, Micca Gold, 4x4 squad, Future, The world
will never forget what we did here.
Thank you to my family, especially mom for
everything you've given me. Thanks to all of my
teachers and the class of 2013 for making this an
amazing 4 years

Matthew Thibeau

God gave me you through the ups
and downs <3
Savanah Grace Tyler <3



Heather Tyler

Football 1-4
High School & Cyo Basketball 1-4
Chorus1-4

Senior year is a blast ! So much to
do but so many memories made.
I'd do anything to have it all over
again and I wish the best of luck to
the CLASS OF 2013! :)

Elijah Vinson

Going to school at NHS has taught
me that I can overcome any change
and any challenge that may arise in
life. Anything that I wish to
accomplish in life, I know I can do it
because of the people at NHS. You
learn to deal with things that you
don't want to, but have to and you
make the most of what you have.

Mary Taggart

Debate Club 3-4
French Club 1-4
SADD 3-4
Drama 1-2

I wish people would quit telling me I
can do anything I want. I never
thought I couldn't.

Mikalla Tomlinson

Madrigals 3-4

"Always go out looking your best"-
L.V.C.

Cassondra Vinson

SADD 3-4, Drama Club 2-4, Improv Club 3-4
Festival Troupe
To my best friends and family- thank you for your
unconditional support & love for me
Mr. Quinn- thank you for always being there for me
when I needed someone & for being the most
incredible, inspirational director, teacher, &role
model.
Artistry, Festival troupe; Cleopatra Maximovna
The Suicide, Real Inspector Hound, Midsummer's
Night Dream& so many more. 5 guys & 3 girls
Lauren DeSilva, Kristen McCarthy, Eddie Hernon
Leo Blais, John Lynch, Sean Regan, Matt Roy, Sam
Barry, Britney Cadiz, Brianna Whelan, Brendan
Altieri. Thank you so much for everything you have
done for me. You are the best friends a girl could
have. I love you

Christina Vishos

84% of seniors still refer to "the Dining Hall" as the cafeteria

The Constitution only gives people the right to pursue happiness. You have to catch it yourself.
-Benjamin Franklin

Daniel Ward

Varsity Swim and Dive
SADD
National Art Honor Society
To my friends, Mom, Dad, Richie, James and the rest of my family and Chris! You guys mean the world to me and I don't know where I would be without all of you! I love you all to death! Thank you so much for everything!
"Your life is like an arrow and you're shooting for your target. Your target is where you want to be in life, your goals. Like wind, the slightest distraction can take you off your course... This is why you stay motivated and don't let irrelevant things, silly distractions, bother you. Shoot for your target and get where you need to be. You're my daughter and I know you can do it." – My Dad
We finally made it! Good Luck Class of 2013! Congrats!

Brianna Whelan

.Field Hockey 1-4 Capt. 4
Basketball 1-4
Track and Field 1-4 Capt. 3-4
Friendship Club
National Art Honor Society
SADD
Spirit Club
JELB, DK2jatsL2, twift, MV2010 LDH PEEL, MV2012 AR, Bermuda Mansfield Hershey ML SR, fiddle faddle, oreo balls JB SM, Toby Keith LOL!, s/o Bryan(chips, bfflnmwfaa)&ColinG love you boyz, Mr. Lee>, lifetimecrush anopes<3, loveUjuju, ahos, wiggitty wiggitty, crankthismotherup, #yolo
"If you can imagine it, you can achieve it; if you can dream it, you can become it."
Love you Mom, Dad, Erin and Em, thank you for everything Smell you later NHS

Elizabeth Whitney

Happiness depends upon ourselves.
-Aristotle

Richard Wilson

Swimming/diving 1-4, Track/field 2 years
Thanks to my best friends Allie Ippolito and Kassidy Duffy, you guys are the best, love you guys forever. SAB STB strawberry smoothies
Thank you to Brendan for always being there, and being the best he could be, love you always
Going to ME and crashing Matt's bike into a tree.
Marshfield with my friends & family.
Offically being the 4th child in the Ippolito family.
Disney with Crowley family<3
Thank you especially to my Mom who has always been there for me, and thank you to Sarah who is the best sister I could ask for. My dad who has helped me and I'll always be a daddy's girl.
"In the end its not going to matter how many breaths you took but how many moments took you breath away." -Shing Xiong

Shannon Wilson

Hockey 1,3,4
Lax 3
Soccer 4 National Honor Society 4
Shoutout to the boys- BA, Doov, Erks, Foles, Hank,Teebs...Frey and the hoodrats too. shwam. marshvegas
Cape Trips to the Heights, Le tableau, the 4th of July, Halloween, New Years , August 10th, Eagle's Nest, RaveCave, Ruby Tuesday's, FivEllin, Hungarian Hurricane, Hankisms, Westside/JackFrost.
A special thank you to my mother and father for all the help, and my brother Tim too.
Hockey Family- MJB3, Frozen Fenway.
and a special shoutout to my period 7 buddies jen and ms lozinski <3 GREAT times

Daniel Wiseman

Madrigals 2-4, Sound Fx 1,4, AcaBella 2-3, Post Prom Committee 3-4, Spanish Club 3, SAAD 1-2 , Yearbook Staff 4, Muses1-4, Concert Chorale 2-4, Summer Musicals 1-4
"If your dreams don't scare you, they aren't big enough."
MADRIGALS, love this family so much. AR love you to the moon and back. danandbeancocoforevs , bloodygirl365, sull, laubo, WEIN. BANDCAMP! bus buddies for life, meel&mk. N10 forever. banquet. King Richard's. sleepovers. manhunt. fetus water. NC2012. SUGAR SHACK. love my sugar angels. warped tour: weird burns. High School Musical. Luci. Tommy. Mary. A special thank you to my amazing family, you guys have always been there for me and I couldn't have done this without your constant support. I love you all so much!

Danielle Wood

Art Honor Society
Creative Writing Club
Litmag
Knitting
MVP

I've been lucky to know so many amazing people! Thank you to the Art teachers, Powers, and CWC people. Special thanks to Carly Dow for sticking with me and Katherine M. for making me laugh. Maria C. I am not a communist!
Thanks to the Flaherty family for "adopting" me. I made connections that will last for years. Thank you to you all.

Big thank you to my family! I love you Mom, Dad, and Kat.

Isaac Wood

S.A.D.D 1-4, Spirit Club 1-4, Friendship Club 1-4
Summer Musicals 1-4, Concert Chorale 2-4,
Muses 2-4, A Cappella 2-4, Post Prom Committe
3-4, Peer Partnership 3-4, Yearbook Staff 4
National Honor Society 4
@rachiemarie113 #rachelproblems
#scrambledeggs #yolo
Mom, Dad, Andrew, Janelle, Amanda, Becca,
Rob <3
all my friends are "basses" Panera Bread
friendly's kitkats N10/119 for life GCH
I will miss my underclassmen buddies
"Hakuna Matata" - The Lion King
we're dorbs 11 hours 2 minutes NY Feb. 2013
Once a Wildcat, always a Wildcat disney on ice
crew
emoji game, six flags, and avatar nights
Good luck class of 2013

Rachel Wood

Yearbook 4
F.M 04.08.2012 <3 always
@mkat8282 love you since the
Prescott days
Work crew
BBBHARKK
Never would have got here without
you, love you Robby and Rachel
Thank you for everything Mom and
Dad!
Love you Andrew, Amanda, and
Janelle <3
"If opportunity doesn't knock, build a
door." ~Milton Berle"

Rebecca Wood

Basketball 1-2
Track 2-4
Football 1-4
MVP 2-4
Volleyball 1
Post Prom 3-4

THE CREW- RW SC SC RS PO RG TE RI TG DM
TG NP AP, The Pack, NYC, R2B2, MNC, co-
captain of the clowns, Plymouth, Randy
Auntie G's, Violet, The Lot, Norwood Classic
Batcave, Dungeon, #trackfam, UAVE, BK runs
shenanigans, St. Patrick's Day, tubthumping
CYO, #accountingfam, country fest, toby
keith, Hummarock, Marshfield, fire & ice
Mom, Dad, Andrew, Nelly, Amanda, Becca
Rachel, Sabrí <3

Robert Wood

JV Basketball 2, JV Lacrosse 1-2, Varsity Lacrosse 3-4
National Art Honors Society 3-4, SADD 2-4
Friendship Club 3-4, Yearbook 4, Spanish Tutor 4
These four years being a part of the class of 2013
have flown by so quickly!
The clubs, sports, classes are all things I will
remember for the rest of my life. Special thanks to
all my friends for a fun filled 4 years
I will always remember and miss lax bus rides, my
bbb, my twin, BIGB, Mr. O'Connor period 4, studies
junior year with my fav boys, spot runs before
school, celtics games with my girls,car rides to work
with stina and so much more.
RJM. MB. TP. KT. SW. AI .JS .DF .FS .LG .CN .CM .PG
.MD .SO. SG.
Thank you Mom and Dad for helping me always do
the right thing and help me succeed.
Congrats class of 2013 we made it!

Arianna Woodley

Orchestra 2-4
Jazz Band 3-4

My time here at Norwood high was short
spent, but it still felt like I was here all four
years. I had a great time after I took Kim
Lester's spot as the bassist for the jazz band
when she graduated. The whole music
program opened up my mind to new and
better things and I would like to especially
thank Mr.Conant for coming though for me
in the clutch last year. And a special thanks
all the people that have helped me grow
along the way, you know who you are

John Zizza Jr.

CAMERA SHY SENIORS

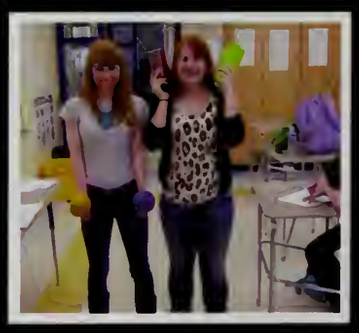
Kimberly Acloque
Righteous Agbontaen
Hanif Browne
Xaviar Burs
Javier Cardona
Kaylee Crimmins
Imadeddine El Halawani
Stephanie Francis
Nicholas Harvey
Meghan Hennigan
William Kelly
Michael Levreault

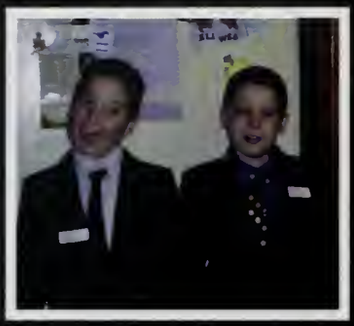
Michael Levreault
John Lynch
Kenneth Major
Rogerio Marques
Ciara McKinnon
Ciara Mejia
Calvin Murphy-Peterson
Anthony Negron
Anh Nguyen
Jahvon O'Neal
Jasmine Okawa
Chantel Petrie Smith

Sean Regan
Lidia Reyes-Mejia
Benny Rodriguez
Chaiyanne Salmon
Richard Shayka
Ellen Soares
Loosee Solaqa
Felipe Souza
Cristian Velasquez
Trevon Worrell
Robert Wright

South
BASEBALL
AMONES
NORWOOD
BASKETBALL
USA

Now and Then



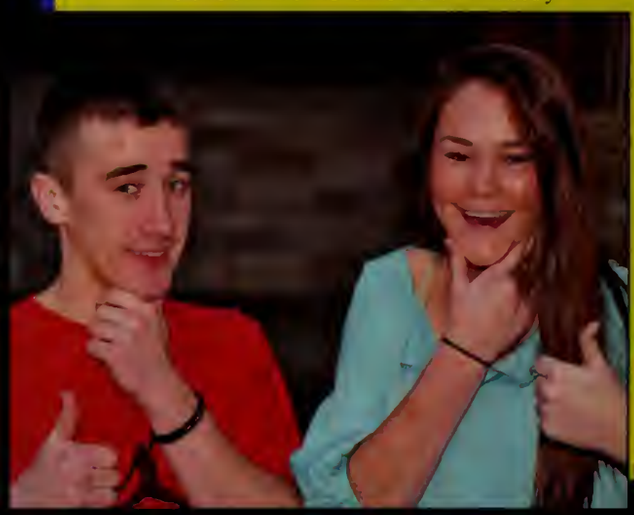


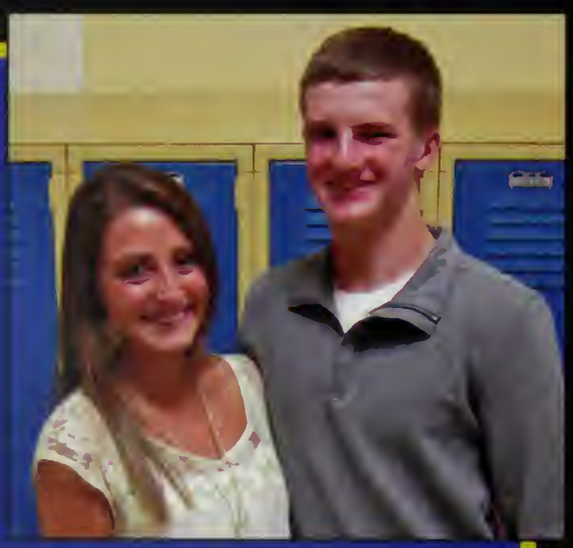
JUNE

Senior Superlatives

Most Attractive:
Shaun Callahan and Katie O'Brien

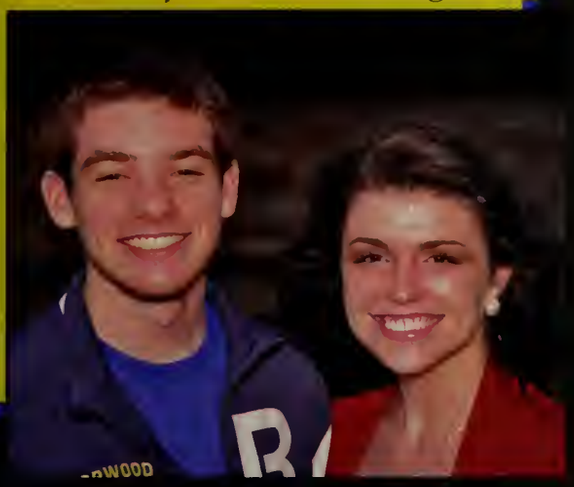
Class Clown and Funniest:
Jordan Davis and Liz Whitney

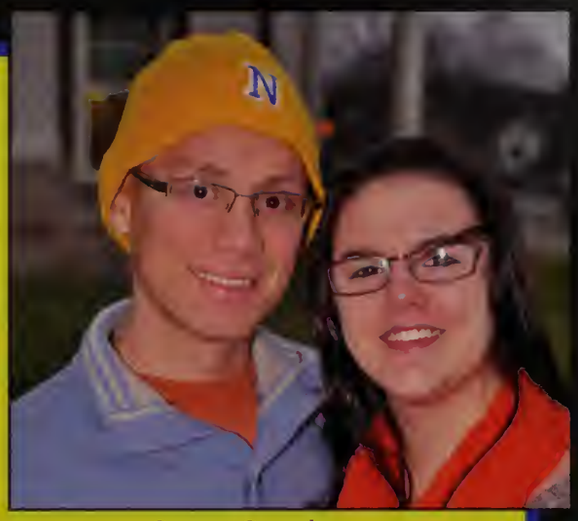




Best Dressed:
Brianna Saad and Danny Moynihan

Best Smile:
Rourke Flynn and Brianne King

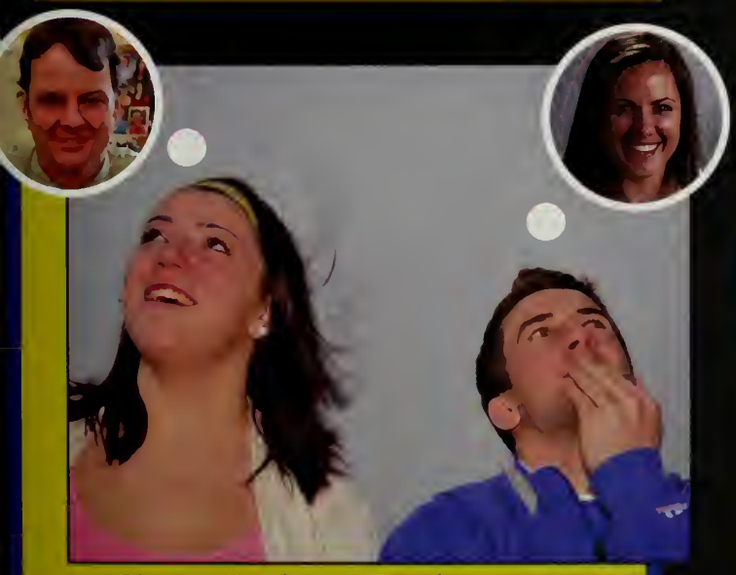




Cutest Couple:
Becca Wood and Fernando Morales

Most Athletic:
Tyler Gover and Allison Ryan

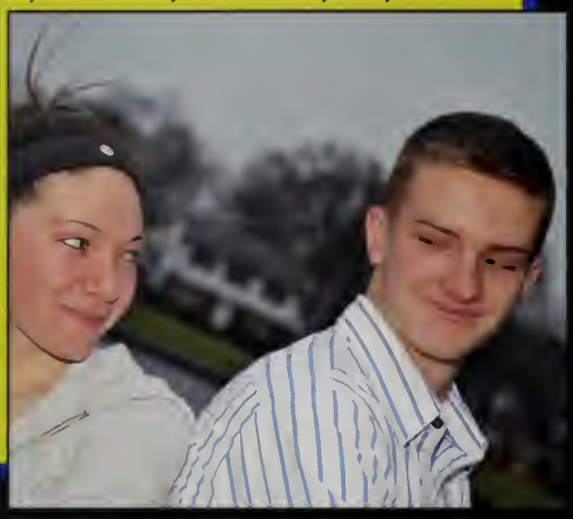
Attached at the Hip:
Brianna Saad and Brittany Sullivan



Biggest Crush on a Teacher:
Melissa Clarke and Tyler Gover

Class Flirt:
Tyler Gover and Hannah Depotout

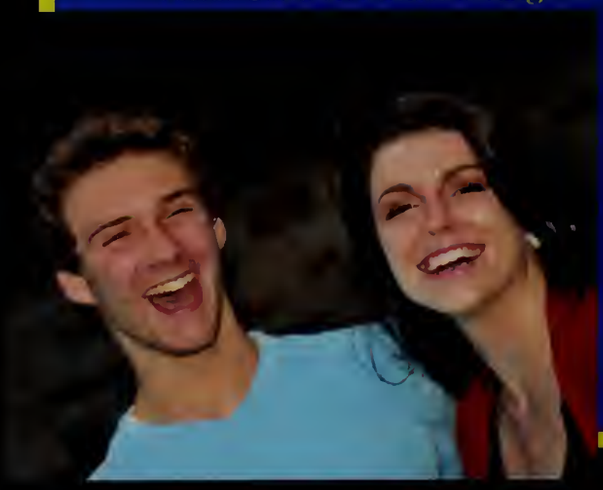
Most Sarcastic:
Karyn Colomey and Danny Moynihan



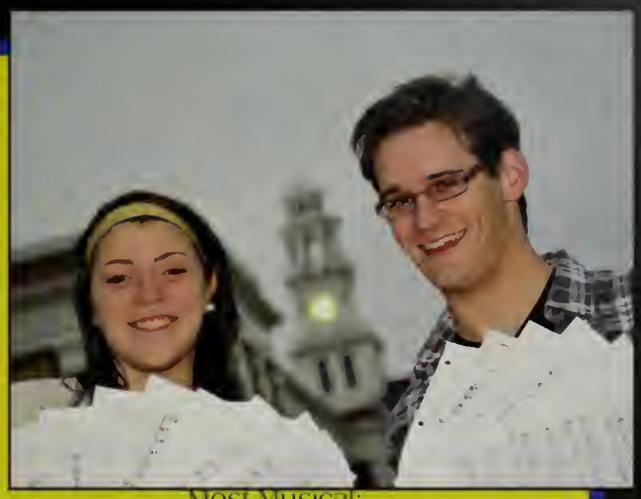
Most Likely to Brighten Your Day:
Fernando Morales and Lauren Harrington

Most Dress Code Violations:
Jill Shepherd and Corey Cignarella

Best Laugh:
Richie Saad and Brianne King



Best Future Couple:
Bryan Gearty and Liz Whitney



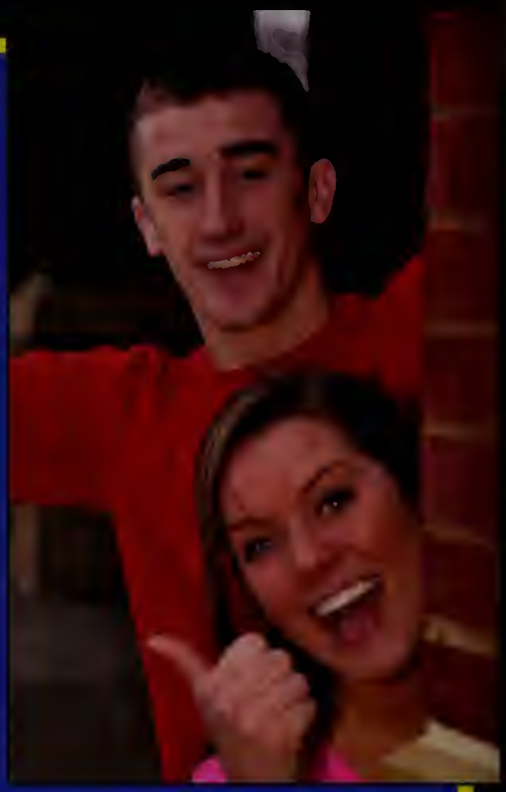
Most Musical:
Melissa Clarke and Chris Kelleher

Best Eyes:
Jack Santisi and Ashley Holmes

Most Gullible:
Dan Wiseman and Jill Shepherd

Class Mooch:
Christine Vlahos and Leo Blais

Most Likely To Get Upset To Not Get a Superlative:
Ryan Marchant and Kaileen Spaulding

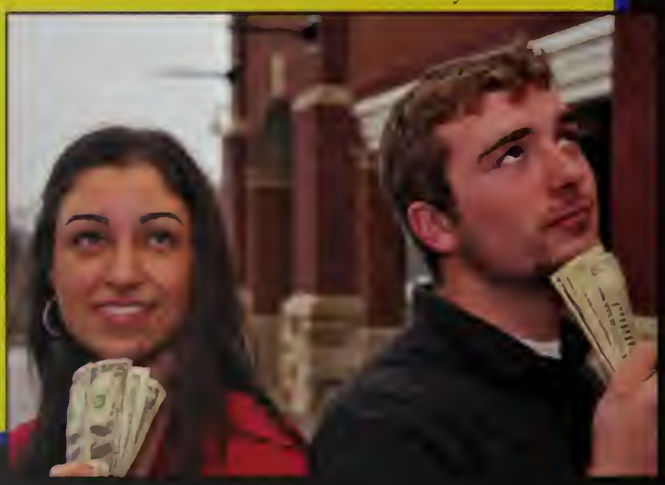


Life of the Party:
Jordan Davis and Lauren Harrington

Cutest:
Elizabeth Epstein and Stephen Chisholm

Most School Spirit:
Stephen Chisholm and Rachel Wood

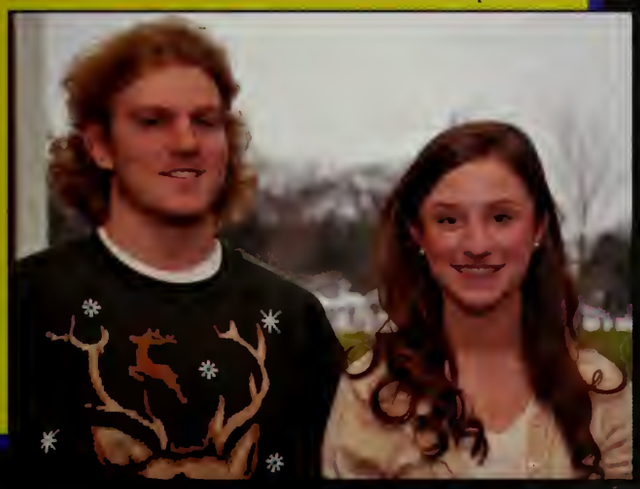
Most Likely to Succeed:
Rachel Obeid and Pat Foley



Most Artistic:
Isaac Wood and Kim Crockett

Best Car:
Danielle Wood and Richie Gallagher

Best Hair:
Emmett McNamara and Emma Campbell



Worst Driver:
Matt Ivory and Erin Metayer

Future Townies:
Kelley Brown and Stephen Chisholm

Class of 2014

Junior Class Officers

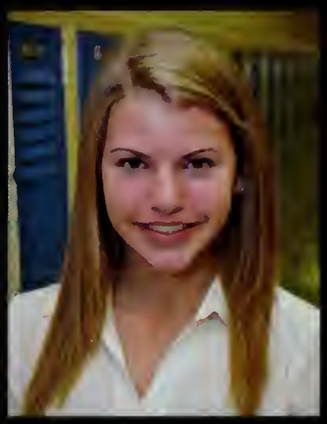
President

Anthony Rodriguez

Vice President

Mike Roy

Girls' Treasurer

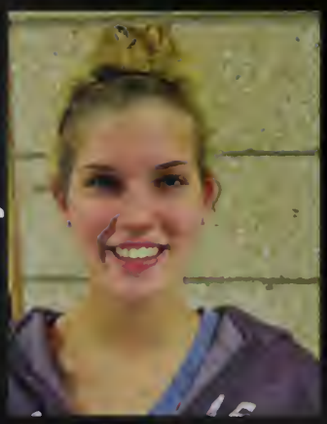


Jessica Murphy

Boys' Treasurer

John Boulos

Secretary



Veronica Alley

Girls' Athletic Adviser

Emily Clifford

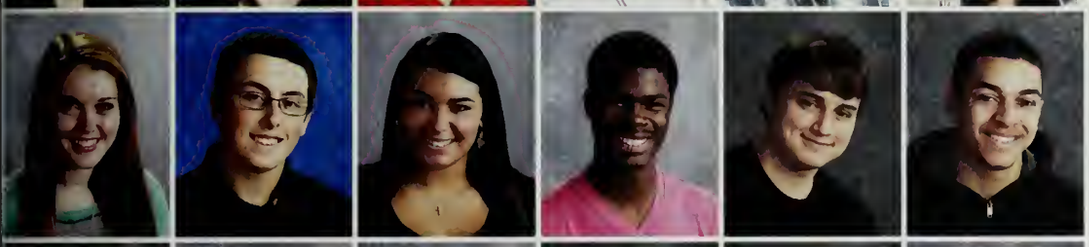
Boys' Athletic Adviser

Brendan Walsh

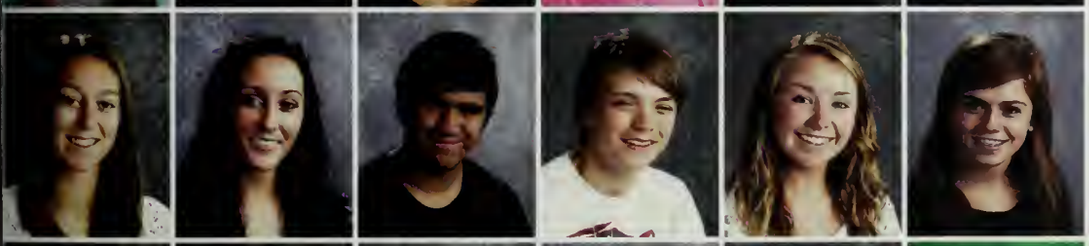
Dandolfo Alexander
Walker Alexander
Veronica Alley
Christopher Amarilla
Joana Athanasi
Danielle Avellar

Karl Baer
Karla Baquerizo
Rahshaun Barrows
Devin Bartlett
Samantha Baturin
Mackenzie Begley

Jeanette Belle-Isle
Shannon Bonner
Dana Bonollo
Steven Boudreau
John Boulos
Mary Boulos



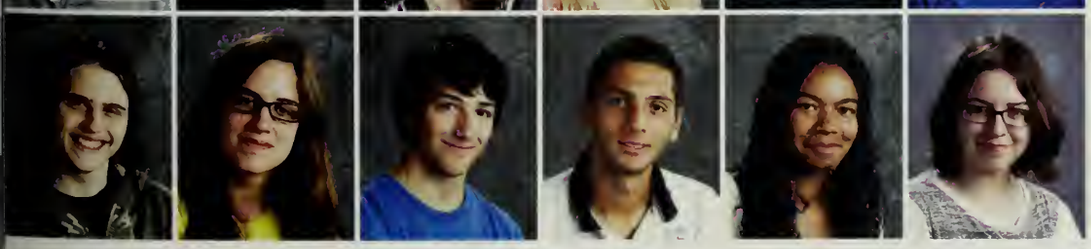
Erin Bourgeois
Charles Bragg
Kayla Briggs
Jason Brown
William Buckingham
Sha'Kim Bush



Nicole Butts
Celina Calo
Giuseppe Carchidi
Thomas Carr
Sheila Carroll
Ashlee Cedrone

Joel Chandler
Ariana Cipollini
Champagne Clarence
Emily Clifford
Matthew Collins
James Conley

Jared Conroy
Sean Conway
Vanessa Costa
Hannah Cote
Charles Crockett
Michael Curran



Teagan Custy
Stephanie Cutler
Edward Daaboul
Semuel Dacaj
Renice Dave
Dina Delic

Christina Derle
Connor Dolan
Michael Doliner
Rebecca Dorneval
Shamel Doujaiji
Jennifer Dowling

Marquis Draughn
George Dreeik
Brian Dunn
Angel Dwyer
Nancy Eid
Peter Ferri

Julia Ferrini
Matthew Ferris
Brian Finn
Allison Fitzgerald
Blake Fitzgerald II
Marcus Flavin

Brittany Folan
Kristen Folan
Dawn Foley
Nicholas Gaetani
Patrick Gallagher
John Galvin

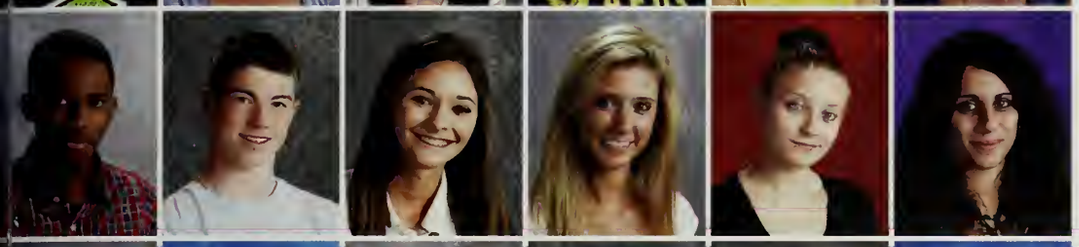
Joseph Gareri
Kyree Gates
Sarah Gearty
Isuf Gega
Shinelle Ghanem
Victoria Giambanco

Fjorelo Gjata
Gerald Gkilas
Colleen Glaser
Sean Gorman
Jennifer Goss
Dmitri Grigorenco

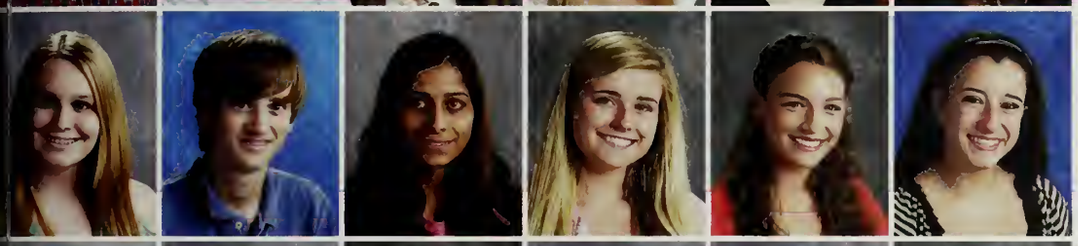
Stephen Gross
Eduardo Gudiel
Chelsey Gundlach
Matthew Hajjar
Batoul Halawani
Casey Hall

Samuel Harder
Owen Heaney
Mira Heckmann
Megan Henneberry
John Higgins
Kayla Hussey

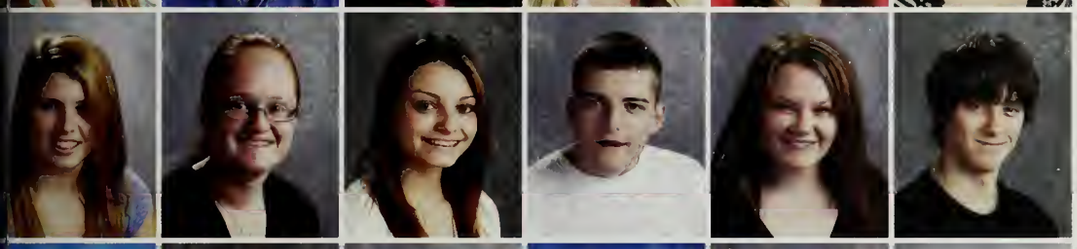
Brandon Isberg
Judlie Isidore
Rachel Ivatts
Nnamdi Izeko
Erica James
Bethia Jean-Marie



Rodney Jeannis
Scott Johansen
Emily Johnson
Casey Johnston
Ceili Jones
Mary Jraitiny



Taylor Junkins
Ryan Kadlick
Gita Kandel
Shayla Kane
Alanna Keady
Shannon Keady



Elizabeth Kearns
Emily Kelly
Kaitlyn Kelly
Kevin Kelly
Meghan Kelly
Andrew Kennedy

Jenna Kennedy
Timothy Kent
Emily Khirallah
Jihaen Kim
Nicholas Kimmett
James Leanos

Marguerite Lee
Amanda Lirette
Korinna Locke
Hannah Logan
Hadi Loji
Brandon Loo

Amber Lovejoy
Kendyl Lundblad
Sandra Lynch
Kyle Maciejowski
Kyle Maclaughlin
Ana Magalhaes

Tessa Maguire
Robert Malinn
John Maloney
Sarah Maloney
Dylan Martin
Austin Mathiesen

Molly Maturo
Alyssa Mazzotta
Megan McCarthy
Haley McDonough
John McDonough
Lauren McDonough

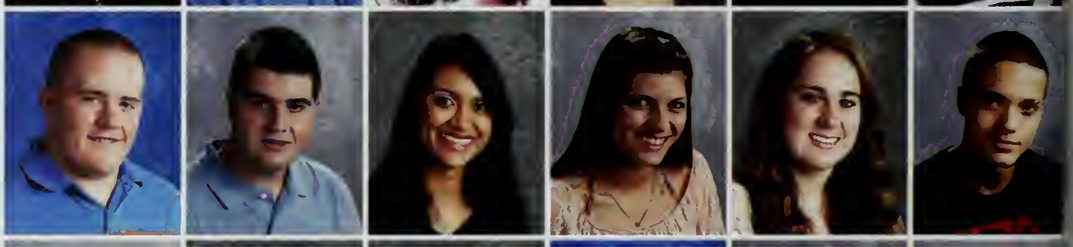
Breanna McHoul
George Meltzer
Thomas Meyer
Hallie Miller
Despina Minasidis
Ashley Miranda

James Monterosso
Yaneliz Montes
Patrick Morrison
Alejandro Mota Castillo
Rachel Mullen
Joseph Munro

Devan Murphy
Emma Murphy
Jessica Murphy
Edward Murray
Hanny Nassif
Melissa Neitlich

Vincent Nguyen
Christian Nicholson
Bethany Nikolassy
Melanie Noah
Casey Noonan
Matthew O'Connor

Michael O'Connor
Michael O'Donnell
Jessika Oliveira
Natasha Oliveira Tesch
Lauren O'Malley
Jonathan Ortiz



Katherine Osborne
Vasiliki Papadopoulos
Damien Parks
Olivia Philbrook
Matthew Piasecki
Francia Pierre-Louis

Jessica Pinciaro
Anthony Pitaro
Lauren Plasko
Daniel Porter
Derek Power
Mark Powers

Connor Prendergast
Meaghan Prue
Ian Quintana Sanchez
Mark Ranalli
Destiney Reed
Timothy Reilly

Caroline Roach
Anthony Rodriguez
Ashley Rodriguez
Matthew Rogers
Michael Roy
Elizabeth Ruggiero

Jovanny Ruiz
Jake Ryan
William Ryan
Joseph Rydzewski
Fouad Saba
Karda Saint-Louis

Christian Samuels
Tharessa Sanon
Michael Sansone
Michael Scavotto
Sean Scopa
Meghan Scowcroff

Kristina Sharra
Meaghan Shaughnessy
Anna Sheehan
John Sheehan
Patrick Shilo
Jason Sicklick

Jacob Slater
Taquille Smallwood
Katerina Sobol
Destiny Sparks-Forges
Paul Springer
Ryan Stanton

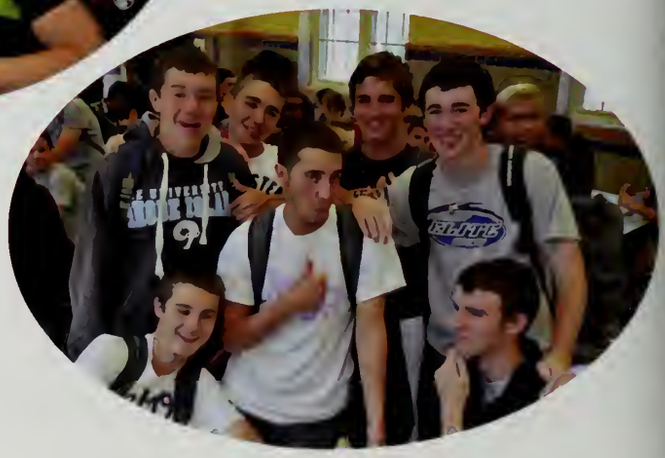
Phillip Stephenson
Julia Sterritt
Gregory Stoney
Jonathan Stryer
Robert Sullivan
Shakura Sullivan

Kaushik Suryanarayanan
Vincent Tarara
Christopher Thibeault
Kevin Tillett
Freddy Torbey
Madison Tribuna

Kelley Trieu
Gregory Trundley
Thankgod Ugochukwu
Carl Varadian
Nicolette Verrochi
Brendan Walsh

Joshua Walsh
Robert Way
Dashawn Weems
Jenna Whelan
Bradley Wilcox
Luke Williams

Christopher Wong
Tresor Wrensford



Class of 2015
Sophomore Class Officers

President

Adaze Izeko

Vice President

Mike McDonough

Girls' Treasurer

Tara O'Hanlon

Boys' Treasurer

Timmy Buckley

Secretary

Kelly Erker

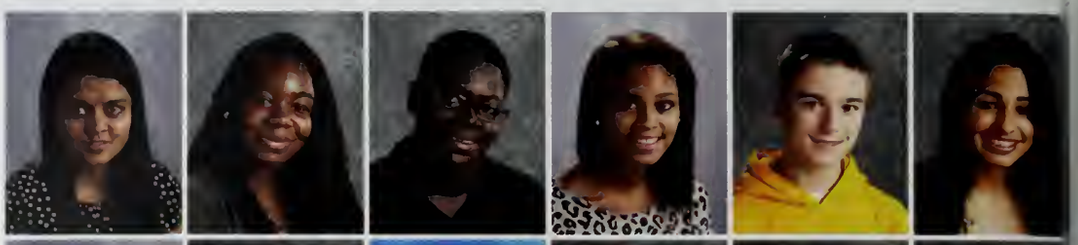
Girls' Athletic Adviser

Bella Aspinwall

Boys' Athletic Adviser

Chris Quinn

Saloonee Adhikari
Elizabeth Agbontaen
Edwin Akyea
Mia Allen
Nathan Allen
Marcela Alves



Jordan Arbo
Zhanna Arstamyan
Isabella Aspinwall
Amanda Assad
Alexandria Avakian
Elizabeth Avakian

Cedrick Baguma
Viktorija Barone
Joseph Barrett
Davide Barros
Joseph Bartucca
Laura Bartucca

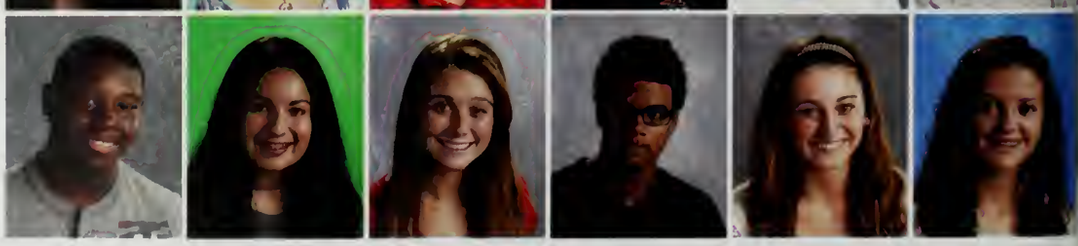
Vanessa Batres
Arielly Beltre
Andrew Bernazzani
John Blake
Julia Boral
Joseph Boulos

Darren Boykin
Joshua Boyle
Calvin Brady
Meredith Bragg
Timothy Buckley
Dilorenzo Bush

James Campbell
Nicholas Caramanica
Carlos Cardona
Leonard Carr
Steven Castillo
Molly Caulfield

Leah Cayer
Jessica Chammas
Luiz Chueh
Edgard Ciampa
Dylan Cimeno
Christopher Ciriello

Aaron Cockrane
Ashley Conley
Jennifer Conneely
Jared Coombs
Julia Copponi
Sabrina Cortese



Claire Cronin
Erin Crowley
Kylah Cruickshank
Sabrina Cubelli
Liam Cunningham
Mark Daaboul

Munir Daaboul
Michele Daly
John Damon
Guillermo Davila
Cameron Davis
Pablo Deoliveira

Yurhi Desrosiers
Isabella Devingo
Justine Diaz
Antonio Dicesare
Brian Dittmeier
Kelsie Doherty

Allyson Drummey
Chase Dupuis
Matthew Eckhardt
Asmaa Elmiligy
Kelly Erker
Manuel Escobar

Isabella Fabrizio
Andrew Fagan
Daniel Farrell
James Ferreira
Ana Figueiredo
Felipe Figueiredo

Pedro Figueiredo
Michael Flaherty
Shannon Flaherty
Alexander Fleming
Jesse Fleming
Kristen Flynn

Mary Foley
Raynia Fowler
Gerald Foye
Suzeanna Francois
Victoria French
Mark Frey

Erin Garczynski
Shannon Geary
George Gereige
Peter Giambanco
Christine Giardini
Jessica Gil

Katherine Gillis
Marissa Gillis
Shannon Gillis
Abigail Glaser
Isabella Gold
Leticia Gomes

Shyheim Grant
Colin Greeley
Jessica Gregorio
Christina Grillo
Hailey Guglietti
Samantha Hayes

Christopher Heckmann
Randy Hernandez
Kevin Hines
Justin Holton
Jillian Hussey
John Ibrahim

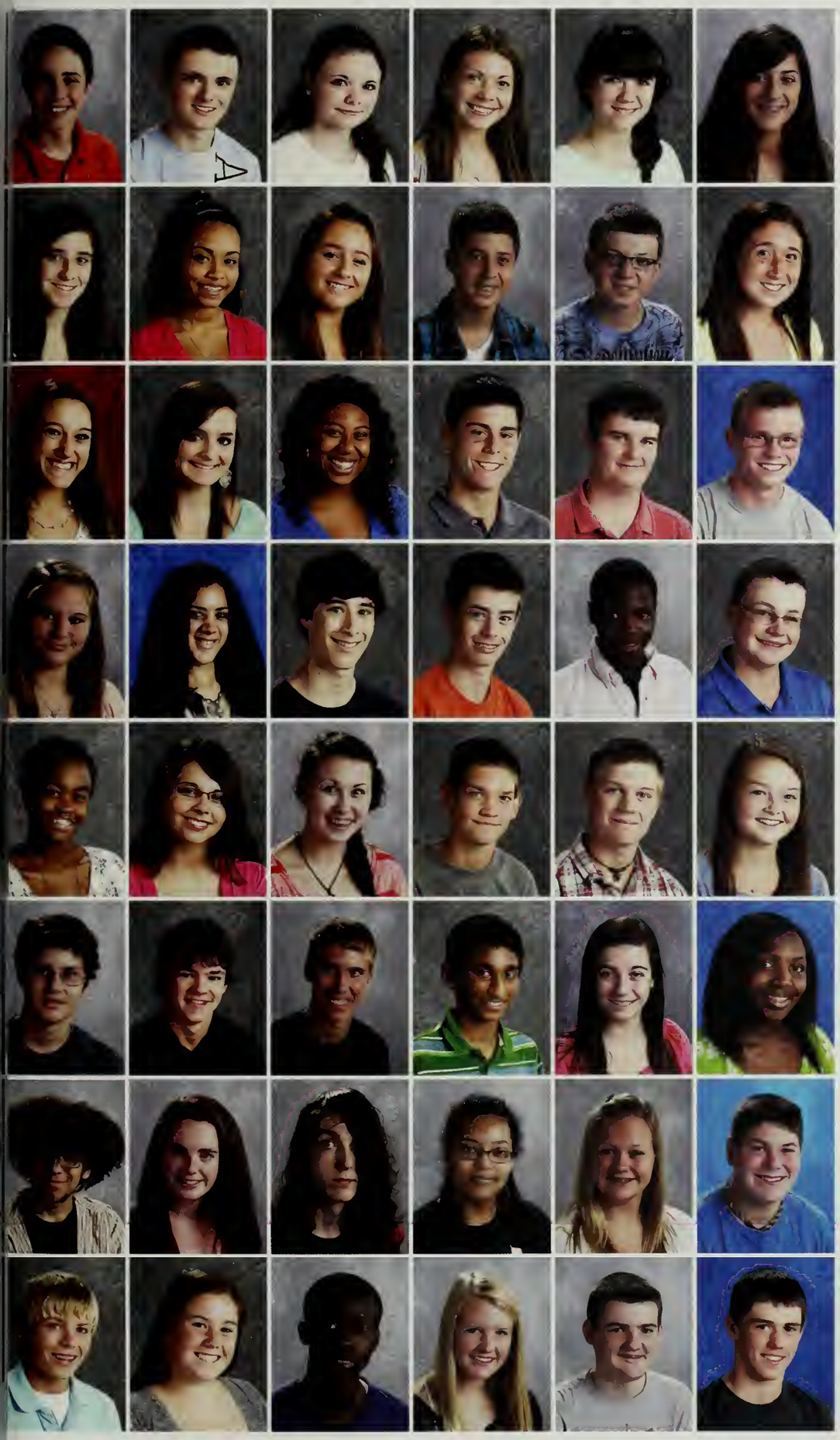
Nour Ibrahim
Hannah Joshabel Icuspit
Ruggeri Italien
Nathaniel Jean-Jourdain
John Jeffery
Shoelyna Jimenez

Robert Johnston
Kayla Jones
Nathan Jones
Fadly Joseph
Deepti Kamma
Michael Kane

Ryan Kelly
Mairead Kerrigan
Christopher King
Kathryn King
Jayson Kinsman
Anna Kipouropoulos

Kristina Kipouropoulos
Kira Koshcheyeva
Jill Lavange
Juliette Lavoye
Maxwell Leduc
Bryan Lenane

Isabella Lesavage
Thomas Lifrieri
Raji Loji
Jack Long
Kevin Lopez
Sydney Macquilken



Michael Maffeo
Conor Maher
Samantha Maher
Nicole Marchant
Claudia Marchionda
Rayan Marhamo

Amanda Martin
Jiyra Martinez
Rebecca Maturo
Derrek McAndrews
Daniel McCann
Kelsey McCarthy

Kristi McCarthy
Lauren McClure
Deneiqua McDonald
Michael McDonough
Patrick McDonough
Benjamin McGrath

Makenzie McMahon
Taina Medina
Saeed Mezian
Vincent Micale
Leo Miller
Andrew Millin

Samantha Moore
Belanna Morales
Sarah Morrissey
William Mosher
Colin Moulton
Lisa Moynihan

Stephen Mulholland
Michael Murphy
Mark Murray
Saihariharan Nedunchezhian
Molly Newman
Samantha Noel

Matthew Noonan
Margaret Norton
Anthony Novick
Rouba Obeid
Kirstyn O'Brien
Scott O'Brien

James O'Donnell
Kathryn O'Donnell
Kevin Ogbonna
Tara O'Hanlon
Matthew O'Malley
John O'Rourke

Kelly O'Rourke
Kevin O'Sullivan
Nathaniel O'Toole
Joseph Pagliuca
Joseph Panetta
Komal Patel

Tithi Patel
Leeza Patris
Harvest Pelletier
Eric Perez
Alex Perkins
Kevin Perry

Erin Peterson
Danamarie Phelan
Armando Piatelli
Alexander Pipes
Dimitra Pirpiris
Christopher Pitaro

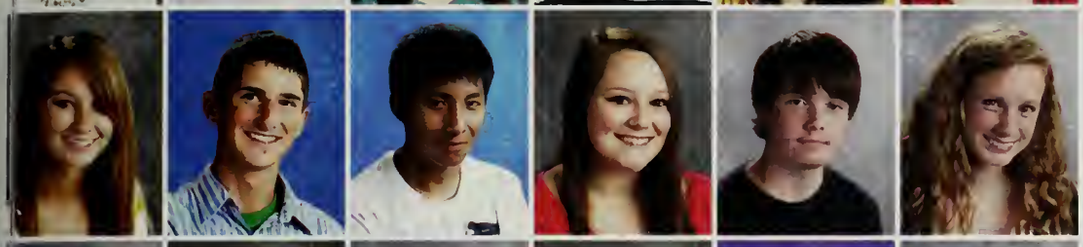
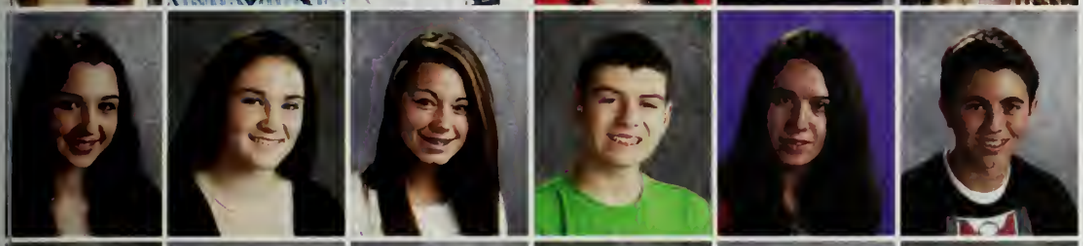
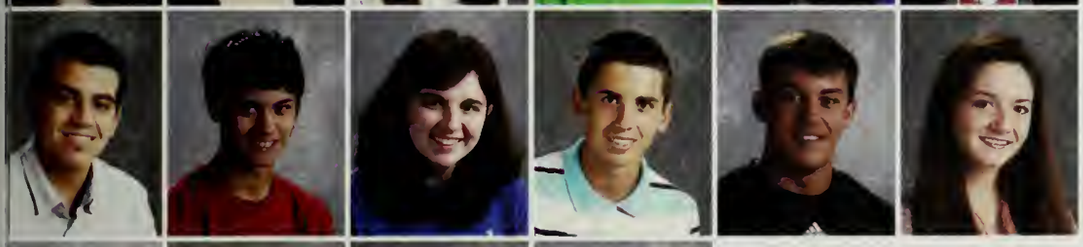
Ashlee Powers
Arianna Preston
Christopher Quinn
Brian Rammah
Charnae Randolph-Coleman
Julia Regan

Neyssa Resignac
John Riley
Nichole Ring
Charlotte Rivard
Jonathan Rodriguez
Brianna Romolo

Austin Ruth
Alison Ryan
John Ryan
Tessa Ryan
Mario Sabha
Nency Sangani

Oula Sassine
Joseph Schallmo
Colleen Schick
Kevin Scopa
Kara Shea
Matthew Sheehan

Courtney Shilo
Kristen Short
Azekah Simon
Atreyu Smallwood
Kacie Smith
Miguel Solis

Antoinette Solomon
Antonio Spada
Amanda Springer
Travis Stinson
Angela Succar
Caitlin Sullivan

Carolyn Sullivan
Eric Sullivan
Reilly Sutherland
Rachel Symes
Dimitri Thaxter
Jessica Thompson

Maria Thompson
Abigail Tierney
Marina Tighe
Kevin Towne
Alexis Turchetta
Antonio Varitimos

Isac Vieira
James Vinson
Colleen Walsh
Christopher Way
Richard Whelan III
Jessica White

Treorv Wrensford
Brian Wright
Alexandra Yasmine
Amin Yasmine

Class of 2016
Freshman Class Officers

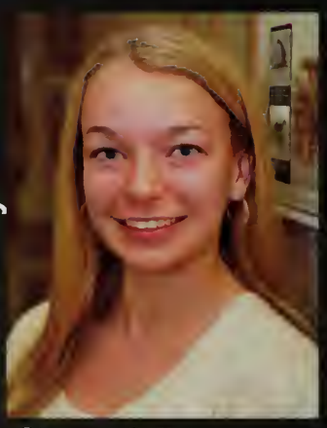
President

Brian McDonough

Vice President

Erin Kelly

Secretary

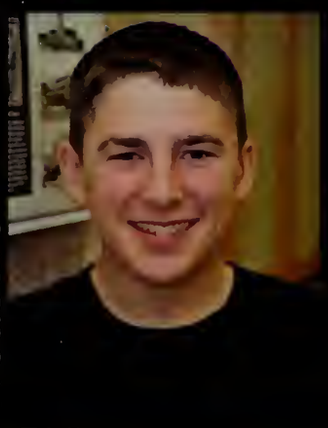


Sinead O'Brian

Girls' Treasurer

Sarah Meltzer

Boys' Treasurer



TJ Gover

Fine Arts Adviser

Joey Sweeney

Girls' Athletic Adviser

Hannah Benson

Boys' Athletic Adviser

Cameron Ryan

Joshua Acero
Matthew Acero
Aloonee Adhikari
Laura Ailinger
Sai Ajjarapu
Luke Andrews

Engela Anjoul
Marlene Antas
Denyl Baffour-Awuah
Daniel Bamber
Rebecca Bamber
Isabel Banhos

Kyle Begley
Christopher Bell
Jeremy Bell
Bernard Bellande
Daniel Benjamin
Hannah Benson

Rafsan Bhuiyan
Brandon Black
Tomas Bocova
Emily Bonaccorso
Cassandra Bourgeois
Eleftheria Bregianos

Caitlin Brincklow
Connor Brittan
Joseph Brittan
La-Ta-Jah Brown
Paul Brown
Jaleah Bryant

Chloe Burke
Lauren Butts
Ryan Cannon
John Caprigno Jr
Shannon Carey
Destiny Casanova

Elizabeth Casey
John Caunning
Alyssa Chamberlain
Jaylen Chambers
Daniel Chiaravalloti
Amber Chisholm

Brandon Cimeno
Clifton Clark
Antonio Cockrane
Victoria Cody
Tia Collins
James Conley II

Julia Connor
Ryan Cullinane
Brian Curley
Daniel Curley
Samuel Cutler
Demari Daley

Antonio D'Aloia
Justin De Jesus
Riley Degre
Ryan Dias
Giovanni Dieudonne
Alexandra Dimitriou

Hannah Doherty
Shaun Donoghue
Jovenel Dorisca
Michaela Dow
Rebecca Dundon
Anna Dyckes

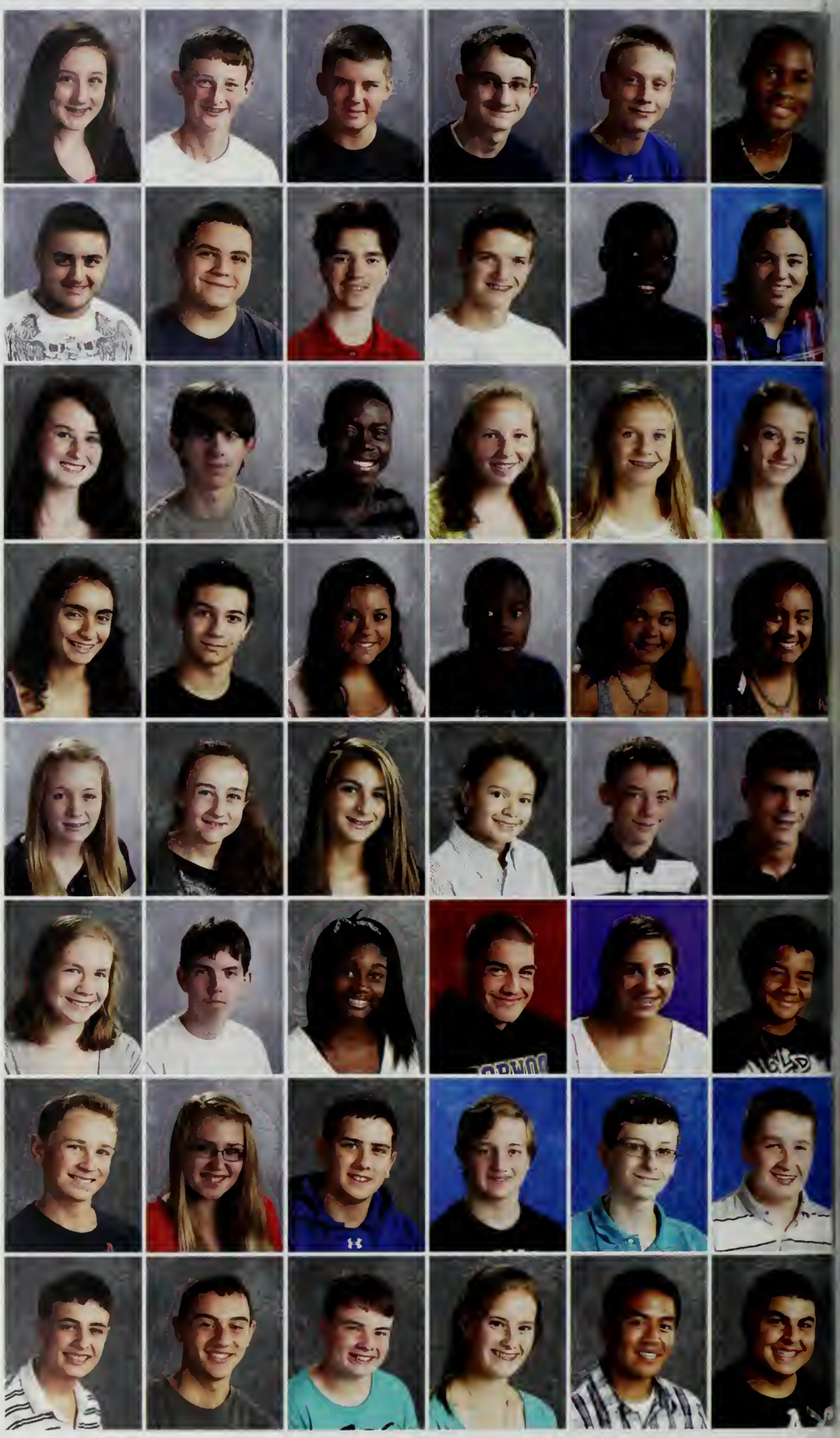
Siham Eid
Andrew El-Massih
Hadir Elmiligy
Adley Eugene
Mariah Farris
Joshlin Favors-Flavin

Erin Feeney
Meghan Ferris
Emily Flavin
Aidan Flores
David Flynn
Michael Flynn

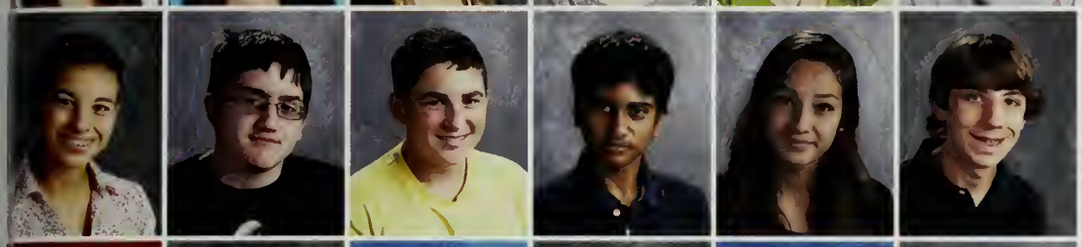
Suzanne Fogarty
James Fournier
Kadijah Francis
Daniel French
Jeanna Gaetani
Dorien Galvao

Paul Galvin
Rebecca Gardner
John Gareri
Nicholas Gassoway
John Gatti
Noel Gay

Nicholas Gazerro
Klejvi Gega
John Gerbutavich
Isabelle Germino
Jared Getgano
Abass Ghadbouni



Victoria Giffin
Hannah Gillis
Kelli Gillis
Lauren Gillis
Jaynalyn Gintner
Jake Giovannucci

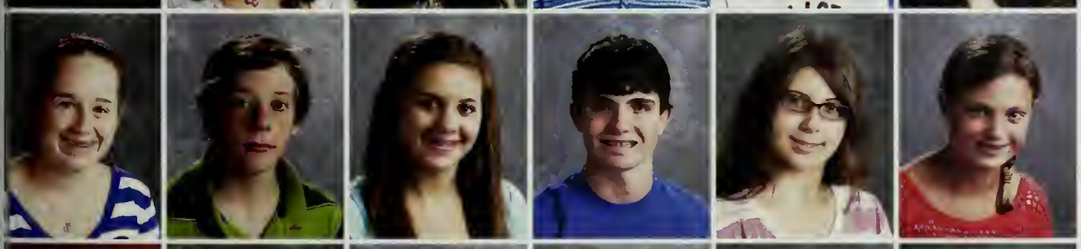


Kaylin Goncalves
Thomas Goode
Timothy Gover
Prem Griddalur
Angelina Grillo
Nicholas Gugliotta

Nadine Hachem
Philip Hannaford
Sara Harder
Patrick Harkins
Anthony Hartgrove
Antone Hernandez

Daniel Hernon
Zoi Hodgdon
Alana Howard
Hannah Howard
Morgan Intravesato
Nicholas Jabour

Jordan Jaguar-Curry
Jessica Jawhar
Daniela Jurado
Jonathan Kalfas
Michael Keady
Katherine Kelley



Erin Kelly
Emerson Kerns
Jennifer Khirallah
Brian King
Kathryn Klinz
Katherine Kohlsaat

Sadie Krall
Joseph Leanos
Aidan Lee
Michael Levesque
Danielle Lirette
Jeremy Logan

Madelyn Lomond
Courtney Lowe
Chloe Lundin
Steven Lussier
Brittany Lynch
Casey Macdonald

Matthew Mackenzie
Vignesh Mahalingam
Kara Mahoney
Ariel Malafronte
Dylan Maresco
Dale Martin

Samuel Masse
Taryn Matthews
Damari Mayers
Joseph Mazzotta
Robert McAllister
John McCarey

Brian McDonough
Christine Meimarides
Sean Mellen
Sarah Meltzer
Edwaldo Menezes Neto
Daniel Metayer

Mikayla Metcalf
Jeffrey Meus
Kasey Michael
Kristina Michael
Yuyiy Mikhailidi
Amit Mistry

Imani Mitchell
Malik Moore
Damona Mortimer
Maura Munro
Nicholas Naumann
Henry Nee

Gabrielle Nordquist
Maurice Obeid
Declan O'Brien
Sinead O'Brien
Laura O'Malley
Siobhan O'Malley

Maura O'Neill
Michela Pace
Natalia Panos
Apploinia Parnell
Deni Pasholli
Christina Pelissier

Samuel Pfingston
Ariana Pitaro
Griffin Plaag
Frantz Polhnice
Zachary Pungitore
Nathaniel Puzey

Valerie Quinlan
Susan Quintana
Julia Ragusa
Mihir Ramani
George Rammah
Marina Rasla

Meenu Ravi
Taylor Reed
Liam Ridge
Conor Riggle
Shane Ringler
Javier Rodriguez

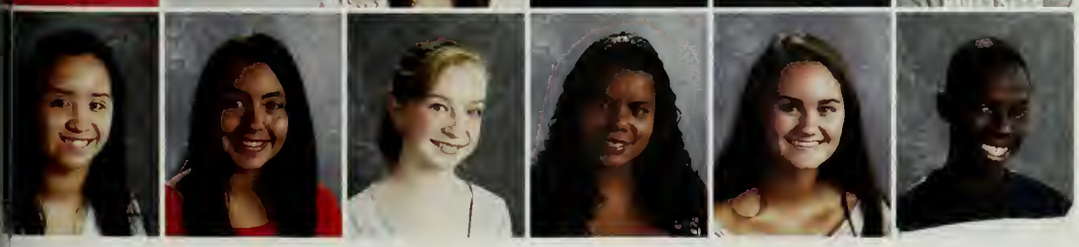
Shelby Rogers
Anthony Rossi
Guillermo Rower
Cameron Ryan
Kelseymarie Ryan
David Saad

Viktor Sabha
Hitzal Saint Cyr
Deirdre Sandstrum
Venus Sangani
Carina Santiago
Esmeralda Santiago

Keith Semakula
Marie Seme
Michelle Seward
Lauren Shanahan
Robert Shayka
Samantha Shea

McKenzie Shoop
Manaoch Sigue
Zachary Sitar
Rachel Smith
Samantha Smith
Nigel Spinola

Shawn Squires
John Stanley
Adria Stephens
Giovanni Stivaletta
Alden Strecke IV
Joseph Sweeney

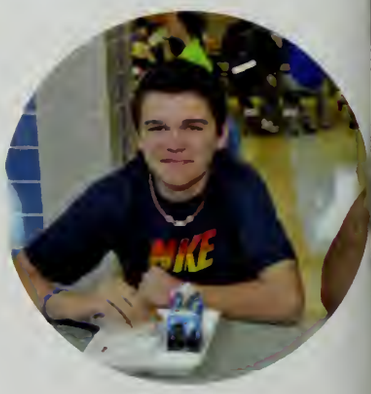


Connie Tang
Sabrina Tarara
Clare Thompson
Ariel Tirado
Elizabeth Tobio
Ousmane Toure

Sally Trieu
Daniel Ugochukwu
Jake Vail
Monica Vieira
Stephen Walsh
Jacobi Ware

Taylor White
Thomas White
Gregory Williams
Jacob Wilson
Jerry Witunsky
Benjamin Wong

Jeffrey Wood
Martha Woodside
Carly Wright
Christopher Wu
Anthony Zona



Athletics

Football frenzy

The 2012 Norwood Mustangs Football team will be remembered for playing hard and fighting to the end. The Mustangs record may have only been 3-8 but they lost five games by seven points or less. The Mustangs first win of the season came in early October against Brookline however the highlight of the season was the Mustangs 28-7 upset win over Weymouth. The Wildcats came into Murray field ranked in the top fifteen in the state but that Stangs handled them with ease and sent a message to the Bay State league that they're still a program to be reckoned with. One of our highlights was the roasting of rival Dedham 41-6 during the Thanksgiving game. The seniors thank Coach Sarianides and his staff for their dedication to the program and wish the team well nest year.

Sept. 7
Away vs Needham (L)

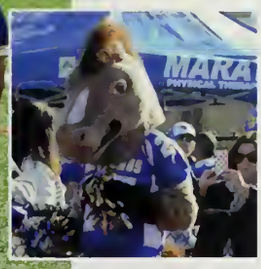
Sept. 14
Away vs Natick (L)

Oct. 13
Home vs Newton North (L)

Oct. 20
Home vs Weymouth (W)

Oct. 26
Away vs Framingham (L)

Captains: Jon Ciavattone, Pat Foley, Shaun Callahan, John Nardelli



Top Row: Jawaan Johnson, Elijah Vinson, Righteous Agbontaen, Jason Matovu, Ryan Igoe, Steven Chisholm,
Middle Row: Ryan Greely, Felipe Souza, Brad McIssac, Richie Gallagher, TJ George, Dan DiTomasso, Adam Noepel, Rich Shayka,Chris Sullivan
Bottom Row: Lonsdale Garrison, Devon Ryan, Matt Ivory, Shaun Callahan, Pat Foley, John Nardelli, Jon Ciavattone, Ryan Marchant, Emmett McNamara
Tyler Gover

Sept. 22
Home vs Wellesley (L)

Sept. 29
Away vs Brookline (W)

Oct. 6
Home vs Walpole (L)

Nov. 2
Away vs Milton (L)

Nov. 10
Home vs Braintree (L)

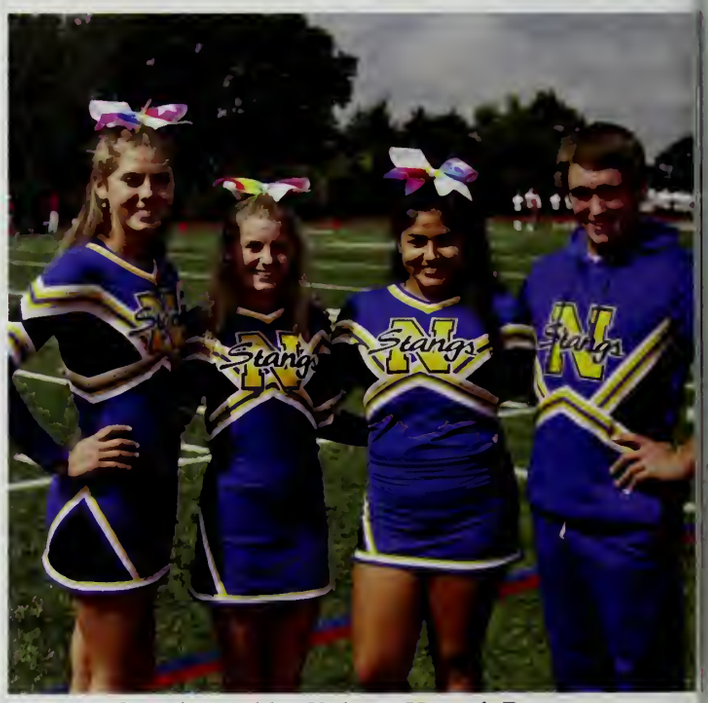
Nov. 22
Home vs Dedham (W)

Cheerleading
bring it on

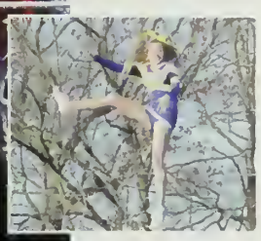
The cheerleading team had another outstanding year. We had many great memories, including helping out at Challenger Football and the Cheer program. We placed third at Bay States with a near flawless routine. Ashley Holmes and Pam Gamboa were 1st and 2nd team All-Stars. South Sectional Regionals we placed second. At the State competition we had a stellar performance in the Coed Large Division and placed third in the State, missing the national bid by just one point. We also participated in the Medway and Beverly Tournaments, placing first and second respectively. MVP for the fall was Scott McGowan. The Coaches award was given to Hannah Deopotot, and Ashley Holmes was awarded Unsung Hero.

Oct. 20
Bay State Competition
Third Place Group
First Place Co-Ed

Oct. 14
Medway Invitational
First Place



Captains: Ashley Holmes, Hannah Depoutot, Pamela Gamboa, Scottie McGowan



Top Row: Coach Meredith Kiy, Jenna Whelan, Tony Cockrane, Kelly Gillis, Natalia Panos, Abby Glaser, Christy McCarthy, Harvest Pellatier, Christine Giardini, Brianna Romolo, David Barros, Coach Lisa Verrochi
Middle Row: Devan Murphy, Amanda Lirette, Alyssa Mazzata, Kendyl Lundblad, Rachel Ivatts, Niki Verocchi, Kayla Briggs, Shannon Keady, Shayla Kane.
Bottom Row: Scottie McGowan, Hannah Depoutot, Ashley Holmes, Pamela Gamboa

Oct 28
Bevens Invitational
Second Place

Nov 11
Sport Stellarte Regionals
Second Place

Nov 18
Large Coed Cheer
State Tournament
Third Place

Field Hockey fanatics

The Field Hockey team had an extremely successful season this fall. Much of the success can be attributed to the 14 seniors we had on the team. These seniors helped lead the way to a 12-5-1 record in a very difficult Bay State Conference. Season highlights included key wins over Dedham, Wellesley and Framingham. These key wins helped the Mustangs qualify for the State Tournament for a second year in a row. Liz Epstein was named Most Improved, Courtney Fernandes was named Unsung Hero and Lauren Harrington was named MVP. Seniors Jenny O'Donnell and Allison Ryan were both named First Team Bay State All-Stars. We wish all our seniors luck next year in whatever they do.

Sept. 5 Away vs Milton (W)	Sept. 7 Home vs Brookline (W)	Sept. 10 Away vs Westwood (L)	Sept. 11 Away vs Dedham (W)
Oct. 2 Home vs Milton (W)	Oct. 9 Away vs Framingham (W)	Oct. 11 Home vs Dedham (T)	Oct. 12 Away vs Needham (L)

Captains: Jenny O'Donnell, Lauren Harrington, Allison Ryan, Liz Whitney

Top Row: Madi Tribuna, Sheila Carroll, Erin Garczynski, Maura O'Neill, Hannah Benson, Sammy Hayes
Middle Row: Sarah French, Brianne King, Kayla Keady, Jackie Bussiere, Erin Metayer, Samantha McCracken, Courtney Fernandes
Bottom row: Elizabeth Epstein, Kayla Garczynski, Lauren Harrington, Jenny O'Donnell, Allison Ryan, Liz Whitney, Jenny Rossman

Sept. 13	Sept. 18	Sept. 19	Sept. 21	Sept. 24
Home vs Braintree (W)	Away vs Bellingham (W)	Home vs Wellesley (W)	Home vs Needham (W)	Away vs Walpole (L)
Oct. 15	Oct. 16	Oct. 18	Oct. 23	Oct. 25
Home vs Westwood (W)	Away vs Wellesley (L)	Away vs Medfield (W)	Home vs Walpole (L)	Home vs Newton-North (W)

Swimming & Diving
making waves

So we find ourselves at the end of yet another successful and winning season. This group of swimmers and divers has never known what it is like to have a losing season. The squad was led by the leadership of their senior captains, Eddie Hernon, Patricia Lee, Alexandra Metta and Evelyn Metta. The team earned an overall record of 10 and 4 finishing up especially strong with 6 straight wins at the end of the season. Two of those victories came against our two biggest rivals including Walpole. This team (and group of coaches) has never beaten Walpole so it was a great victory. Numerous team records were broken this year but no one was more impressive than Patricia Lee who went undefeated (28-0) during the dual meet season, set new marks and placed in all her individual events, also helping relays to also place at both sectionals and states. Four of our boys: Eddie Hernon, Nick Gaetani, Anthony Rodriguez and Jimmy Conley established new records at the first Fall MIAA Sectional Boys' Championship and led their team to victory over the other male teams at Sectionals.

Sept. 7
Home vs Westwood (W)

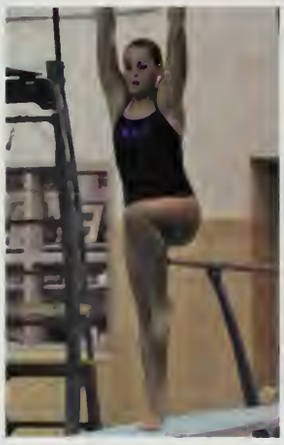
Sept. 12
Home vs Cardinal Cushing (W)

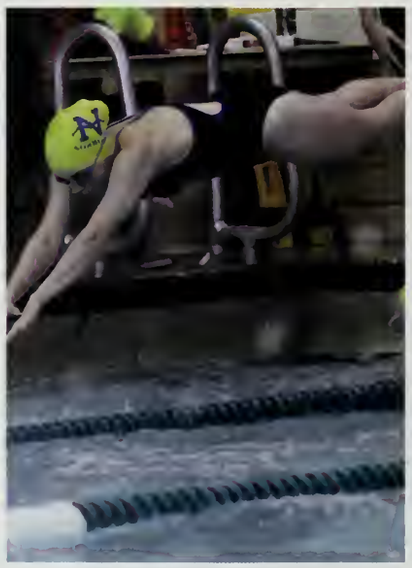
Sept. 14
Away vs Natick (L)

Sept. 24
Home vs Franklin (L)

Sept. 25
Home vs Marshfield (W)

Oct. 2
Away vs Needham (L)





Captains Eddie Hernon, Evelyn Metta, Patricia Lee, Alexandra Metta

Top Row: Eddie Hernon, Shannon Wilson, Brianna Whelan, Evelyn Metta, Patricia Lee, Alex Metta, Anthony Rodriguez, Marguerite Lee
Middle Row: Jimmy Conley, Nick Gaetani, Kyle MacLaughlin, Meaghan Shaughnessy, Manny Escobar, Rachel Mullen, Shannon Bonner, Matt Piasecki, Katherine Osborne, Meg Norton, Shannon Carey, Kelly O'Rourke, Tessa Maguire
Bottom Row: Emerson Kerns, Yuriy Mikhailidi, Kristen Folan, MacKenzie Begley, Caitlin Sullivan, Charlotte Rivard, Ben Wong, Danny Hernon

Sept. 21
Away vs Wellesley (L)

Oct. 9
Home vs Weymouth (W)

Oct. 19
Away vs Westwood (W)

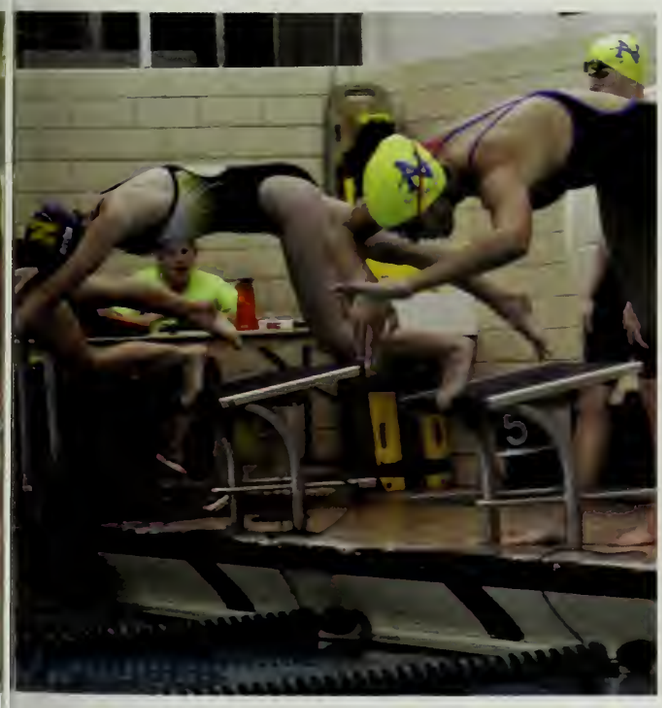
Oct. 26
Home vs Dedham (W)

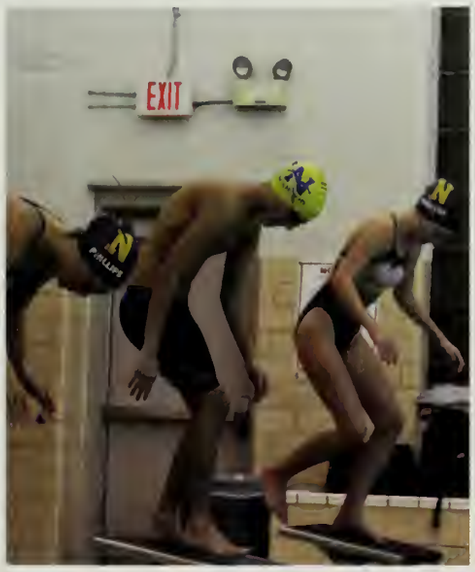
Oct. 5
Away vs Brookline (W)

Oct. 12
Home vs Braintree (W)

Oct. 23
Away vs Walpole (W)

Oct. 30
Home vs Newton North (W)



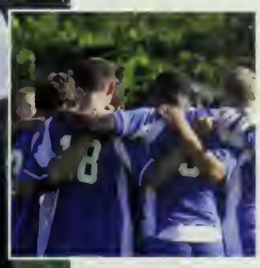


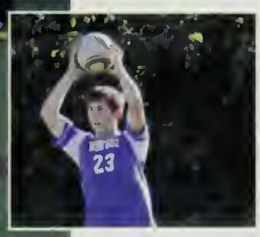
Soccer
Boys

The 2012 soccer season went exactly as expected. We lost a lot of games, but they were close, and when you compare our skill level to our opponents, our efforts were admirable. It was a senior-heavy team with a lot of converted other-sport athletes. Senior Paul Panetta was a Bay State All-Star honorable mention, and our captain Tyler Goncalves has been an All-Star for four years and received a scholarship to Holy Cross for soccer. He was also our MVP and will be sorely missed. Senior Corey Haigh was Unsung Hero. Junior Ryan Stanton was Most Improved. The coaching staff and team made it a fun year, and the penalty shootout loss in the playoffs really captures the type of season we had. A special thanks to Fernando Morales for supporting us and giving us inspiration. We all wish you could have been playing with us. Go Stangs!

Sep. 5 Home vs Milton (L)	Sep. 7 Away vs Brookline (T)	Sep. 11 Home vs Dedham (L)	Sep. 13 Away vs Braintree (L)
Sep. 29 Away vs Dedham (W)	Oct. 3 Away vs Milton (L)	Oct. 5 Home vs Framingham (L)	Oct. 10 Away vs Dedham (W)

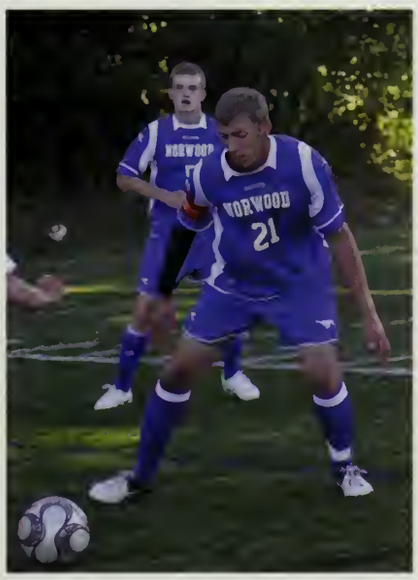
Captains: Alex Cubelli, Fernando Morales, Tyler Goncalves

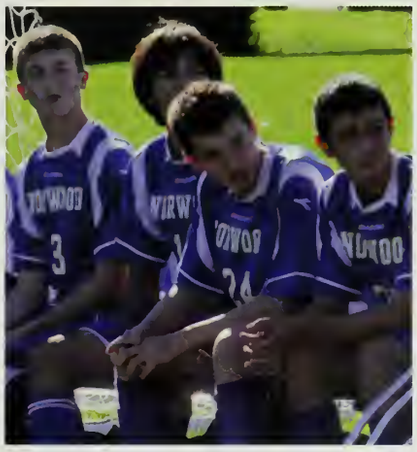




op Row: Matt Thibeau, Fernando Morales, Corey Haigh, Sam Decaj, Steve Stanton, Cam Ryan, Ben McGrath, Mark Powers, Joe Bartucca, Dan Wiseman
ottom Row: Alix Dieudonne, Alex Perez, Mike Chammas, Jason McGuire, Alex Cubelli, Tyler Goncalves, Danny Moynihan, Walter Aspinwall, Paul Panetta
am O'Brien, Pranav Srivaatsav, Sam McGrath

Sep. 15 Home vs Boston Latin (W)	Sep. 19 Away vs Wellesley (L)	Sep. 21 Away vs Natick (L)	Sep. 24 Home vs Walpole (L)	Sep. 27 Home vs Weymouth (L)
Oct 12 Home vs Needham (L)	Oct 16 Home vs Wellesley (L)	Oct 19 Home vs Natick (L)	Oct 23 Away vs Walpole (L)	Oct 25 Away vs Newton North (W)





Soccer
Girls

In 2012 the wins and losses weren't what the team hoped for, but the season was a success on other levels. When they look back on the year, the girls will remember the field trip to the Boston College versus Maryland women's soccer game, as well as the countless pasta dinners, and good times at practices and games. On the field, the highlight was a tie earned against Bay State League powerhouse, Newton North, which occurred on our Senior Day. It was an excellent game. Senior Captain, Britney Cadiz earned a Bay State League All Star honorable mention and was named Athletic Republic Athlete of the Month in October. Sophomore Kacie Smith was among the leading scorers in the league.

Sept. 5 Away vs Milton (L)	Sept. 7 Home vs Brookline (L)	Sept. 11 Away vs Dedham (L)	Sept. 13 Home vs Braintree (L)
Oct. 4 Away vs Framingham (T)	Oct. 11 Home vs Dedham (L)	Oct. 12 Away vs Needham (L)	Oct. 15 Home vs Lincoln (L)

Captains: Britney Cadiz, Alayna Fogg

ront Row: Britney Cadiz,Sandy Lynch. Samantha Barry, Mackenzie Sheehan, Colleen Glaser, Olivia Philbrook, Alayna Fogg, Brittany Folan, Carolyn Sullivan
ottom Row: Kara Shea, Alicia Quintiliani, Kaylin Goncalves, Julia Copponi, Jessica Murphy, Kacie Smith, Heather Folan, Karyn Colomey

Sept. 19 Home vs Wellesley (L)	Sept. 21 Home vs Natick (L)	Sept. 24 Away vs Walpole (L)	Sept. 27 Away vs Weymouth (T)	Oct. 1 Home vs [illegible]
Oct. 16 Away vs Wellesley (L)	Oct. 18 Away vs Natick (L)	Oct. 23 Home vs Walpole (L)	Oct. 25 Home vs Newton North (T)	Oct. 26 Away vs Ursuline (L)

Cross Country Boys

Captains: JJ O'Donnell, John Maloney, George Meltzer

The Boys Cross Country team started off with a lot more people than last year, a trend we hope continues in the years to come. Coaches Mr. McDonough, Ms. Worcester, and Mr. Martin led the Mustangs to a number of victories. The captains were John Maloney, JJ O'Donnell and George Meltzer, who did a great job instilling team pride and determination. We hosted the Annual Bay State Conference and had a great turnout. Seniors Tom Burke and Aiden Cullinane will be greatly missed next year, and we hope for more successful seasons in the upcoming year.

Sept. 11 Home vs Walpole (L)	Sept. 22 Home vs Braintree (W)	Oct. 2 Away vs Milton (L)	Oct. 16 Home vs Wellesley (L)
Sept. 20 Home vs Newton North (L)	Sept. 27 Away vs Weymouth (L)	Oct. 10 Away vs Natick (L)	Oct. 23 Home vs Frederick (W)

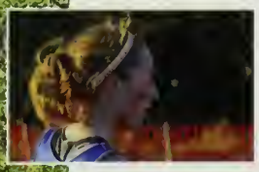
Front Row: Bobby Malinn, Sai Nedu, Jack Higgins, TJ Gover, Riley Sutherland, Ryan Kelly, Dan Curley, Josh Ostrom, and Luke Andrews
Back Row: Coach Brian McDonough, Coach Terence Martin, Mark Murray, Nick Gugliotta, Liam Ridge, Clifton Clark, JJ O'Donnell, George Meltzer, John Maloney, Mark Ranalli, Mundo Piatelli, Junior Devila , Aidan Cullinane, Tom Burke, and Coach Aimee Worcester

Cross Country Girls

Captains: Alanna Keady, Sam Baturin, Kelsey Colbert

The Girls Cross Country team had another successful season this fall. Coaches Kelsey Colbert, Samantha Baturin, and Alanna Keady helped lead the team to two victories against Braintree and Dedham. Kelsey Colbert was awarded Honorable Mention Bay State League All Star. Highlights of the season included all the pasta dinners before the meet, and our victory over Dedham despite Colbert being sidelined with an injury. The team also hosted the Bay State Conference Meet at their home course. The team wishes good luck to their seniors and hopes for another successful upcoming season.

Sept. 17 Home vs Walpole (L)	Sept. 20 Home vs Braintree (W)	Oct. 3 Away vs Milton (L)	Oct. 8 Home vs Wellesley (L)
Sept. 20 Home vs Newton North (L)	Sept. 27 Away vs Weymouth (L)	Oct. 10 Away vs Natick (L)	Oct. 25 Home vs Dedham (W)



Front Row: Sam Baturin, Caitlyn Lee, Devin Bartlett and Imani Mitchell
Back Row: Coach Brian McDonough, Coach Terence Martin, Nency Sangani, Alanna Keady, Kelsey Colbert, Hallie Miller, Jessica Thompson, Alex Avakian, and Coach Aimee Worcester

Golf pros

Captains: Bryan Gearty, Tim Sullivan

The golf team finished 3rd in the Bay State Herget Division at 5-7 missing a tournament birth by one match. Senior Tim Sullivan was the captain of a young squad without a lot of varsity experience that remained competitive throughout the season. The team missed a tournament birth by one match. Junior Walker Alexander was a Bay State Conference Honorable Mention and the team's MVP. Tim Sullivan received the Unsung Hero Award and Junior Greg Stoney the Most Improved Player Award. Next year's group will look to build on the experience gained this season.

Sep 10 Home vs Framingham (L)	Sep 11 Away vs Milton (W)	Sep 13 Away vs Brookline (L)	Sep 19 Home vs Natick (W)
Sep 20 Home vs Dedham (W)	Sep 24 Away vs Braintree (L)	Sep 27 Away vs Wellesley (L)	Oct 1 Home vs Weymouth (W)
Oct 2 Away vs Natick (W)	Oct 4 Home vs Braintree (L)	Oct 9 Home vs Walpole (L)	Oct 15 Away vs Newton North (L)

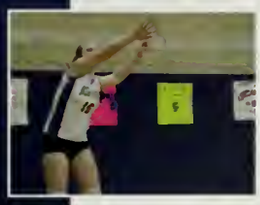
Top Row: Coach Jim Sweeney, Walker Alexander, Bryan Gearty, Greg Stoney, Jack McDonough, Tim Sullivan
Bottom Row: Mike Breen, Mike Murphy, Chris Cirello, Andrew Millin, Tom Eckhardt

Volleyball Girls

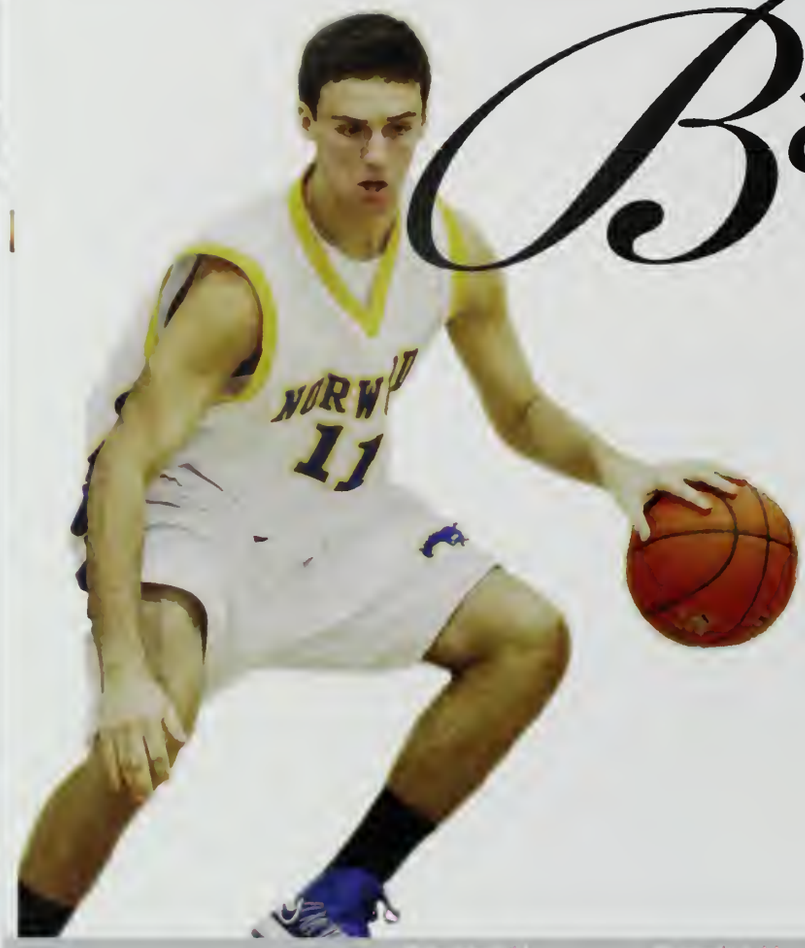
Captains: Shannon Reen, Kaileen Spaulding

The season began with a new head coach, Paul Nimblett, JV coach Rich Cormier, and assistant coaches Jen Orlinski and Paul Finnell. The team was lead by captains Shannon Reen and Kaileen Spaulding. The biggest highlight of the season was the comeback win vs Dedham, which showed everyone that they were ready to win. They finished with a record of 7-13, 6 more wins than the previous year. Spaulding was named 1st team Bay State All Star, Reen was 2nd team All State, and both were awarded co-MVP. Kelly Duggan was named Unsung Hero.

Sept. 5	Sept. 7	Sept. 11	Sept. 13	Sept. 20	Sept. 24
Away vs Milton (L)	Home vs Brookline (L)	Away vs Dedham (W)	Home vs Braintree (L)	Home vs Wellesley (L)	Home vs Natick (L)
Sept. 25	Sept. 27	Oct. 1	Oct. 2	Oct. 4	Oct. 10
Away vs Westwood (W)	Away vs Walpole (L)	Home vs Westwood (W)	Away vs Weymouth (L)	Home vs Milton (W)	Away vs Framingham (W)
Oct. 12	Oct. 16	Oct. 18	Oct. 23	Oct. 25	Oct 29
Home vs Dedham (W)	Away vs Needham (L)	Away vs Wellesley (L)	Away vs Natick (L)	Home vs Walpole (L)	Home vs Newton North (L)



Top Row: Coach Nimblett, Ashlee Cedrone, Kim Crockett, Kelly Duggan, Kaitlin McCarthy, Gianna Pugliano, Amanda Springer, Emily Clifford, Nicole Butts
Bottom Row: Kerianne Cardinal, Anna Shirosky, Lauren Plasko, Kaileen Spaulding, Shannon Reen, Sarah Maloney, Megan Henneberry

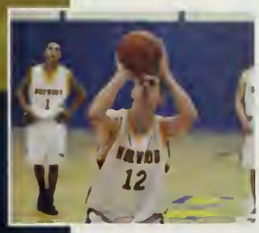


Basketball
Boys

The 2012-2013 boys basketball team was led by Coach Cormier and captains Pat O'Rourke and Richie Saad. The Mustangs had a strong season with impressive performances from seniors Nick Pietrzak, Ryan Greeley, Dan Flahive, Tom Eckhardt, Bryan Gearty, Rodney Jean-Marie and Brad McIssac. A team highlight was the game against rival Walpole, which was a big win on their turf, a tradition we hope continues in upcoming seasons. Another great moment was the game against Framingham, which was used as a fundraiser to benefit senior Fernando Morales. The team raised over $2000 while also defeating their opponent. The Mustangs will greatly miss their seniors and wish them all the best in their future.

December 11 — Home vs Bishop Fenwick (L)
December 14 — Home vs Milton (W)
December 18 — Away vs Brookline (L)
December 20 — Away vs Braintree (L)
January 4 — Home vs Dedham (L)
January 22 — Away vs Framingham (W)
January 23 — Home vs Hampden Charter (W)
February 1 — Away vs Dedham (W)
February 2 — Away vs Bishop Fenwick (L)
February 8 — Home vs Walpole (L)

Captains: Pat O'Rourke, Richie Saad



Top Row: Coach Cormier, Joey Rydzewski, Brad McIssac, Dan Flahive, Charlie Crockett, Rodney Jean-Marie, Pat O'Rourke, Coach Shearer
Middle Row: Bryan Gearty, Thankgod Ugochukwu, Nick Pietrzak, Richie Saad
Bottom Row: Ryan Greeley, Jake Ryan, Chris Bell, Tom Eckhardt

January 8 Away vs Wellesley (L)	January 11 Away vs Natick (L)	January 15 Home vs Walpole (L)	January 18 Home vs Weymouth (L)	January 22 Away vs Milton (L)	February 1 Away vs Dedham (W)
February 7 Home vs Natick (L)	February 12 Away vs Walpole (W)	February 14 Away vs Needham (L)	February 17 Home vs Westwood (L)	February 18 Away vs Hancock Cup (W)	February 19 Home vs Wellesley (L)

Basketball
Girls

After only losing one senior, the 2012-2013 girls varsity team was ready to go. Throughout the 20 game season, the girls played with the motto "Never quit." The team ended the season with a record of 6-14 with an average point difference in each game of 5 points. A big moment of the season was a win over Natick on their senior night. Going into halftime the girls were down by 10 points and in the second half the girls came out and left everything on the court, winning the game 61-55. It was great for the seniors to go out on top. The 2012-2013 season was led by captains Makenna Lane and Shannon Reen, Makenna Lane was Bay State All-Star and Julia Copponi was awarded an Honorable Mention. The team will greatly miss the seven seniors that will graduate this season. We wish you all the best. We are looking forward to seeing our underclassmen return, recruiting new talent, and growing even stronger as a team. Thanks for a great season, and "keep holding on", Mustangs!

December 13	December 14	December 15	December 18
Away vs Dighton-Rehoboth (W)	Away vs Malden (W)	Home vs Foxboro (L)	Home vs Smithfield (W)
January 11	January 15	January 17	January 22	January 25
Home vs Milford (L)	Home vs Whitman (L)	Away vs Weymouth (W)	Home vs Milford (L)	Away vs Franklin (L)

Captains: Makenna Lane, Shannon Reen

op row: Coach Alex DeLuz, Emily Clifford, Gianna Pugliano, Liz Whitney, Kelly Duggan, Maura O"Neil
ottom row: Kaileen Spaulding, Olivia Philbrook, Makenna Lane, Shannon Reen, Jess Gorman, Julia Copponi

December 20	December 27	December 28	January 4	January 8
Home vs Braintree (L)	Home vs Watertown (L)	Home vs Blackstone Millville (W)	Away vs Dedham (L)	Home vs Wellesley (L)
January 29	February 1	February 5	February 7	February 12	February 14
Away vs Needham (L)	Home vs Dedham (L)	Away vs Wellesley (L)	Away vs Natick (W)	Away vs Walpole (L)	Away vs Newton N. (L)

Hockey
Boys

The Mustangs hockey team had a very successful season, winning the Bay State Herget Division for the second year in a row. They were led by captains Jordan Davis, Tyler Gover and assistant captain Dan Wiseman. After losing by one in the second round of the playoffs to a very good Hingham team this team gets to look back on a tremendous season. Juniors Jack Sheehan and John Galvin contributed a lot of points and deserve a lot of recognition. (Get em out) Most improved player, Rourke Flynn, had a great season and had multiple game winning goals in big games. Senior defensemen Rick Wilson, Emmett McNamara, and Brendan Altieri played hard all season and put in a lot of minutes on the ice. Wiseman won Unsung Hero due to his unsung heroics. Jordan Davis won MVP without a question because of his ability to win games on his own.This team was one of the closest I have ever seen and should have nothing but pride after a tremendous season. Shoutout to Doneghy. We out.

December 12	December 19	December 27	January 9	January 16
Away vs. Hingham (L)	Away vs. Braintree (W)	Away vs. Duxbury (W)	Away vs. Natick (W)	Home vs. Weymouth
December 15	December 22	January 5	January 12	January 1[illegible]
Away vs. Brookline (W)	Home vs. Dedham (W)	Away vs. Wellesley (L)	Home vs. Walpole (T)	Away vs. Mil[illegible]

Captains: Dan Wiseman, Jordan Davis and Tyler Gover

Top Row: Connor Prendargast, Rourke Flynn, Sean Mellen, Connor Dolan, Brendan Altieri, Emmett McNamara, Mundo Piatelli, Tim Kent
Middle Row: Mike Roy, Brendan Walsh, Chris Ciriello, Jake O'Rourke, Anthony DelMonaco, Jack Sheehan, John Galvin, Bryan Alighieri, Richard Wilson
Bottom Row: Danny Farrell, Stephen Gross, Tyler Gover, Joe Gareri, Jordan Davis, Dan Wiseman, Mark Powers

January 21
Home vs. Needham (W)

February 2
Home vs. Wellesley (T)

February 6
Home vs. Natick (L)

February 11
Away vs. Brockton (W)

February 16
Away vs. Winchester (W)

January 30
Away vs. Dedham (W)

February 4
Home vs. Framingham (L)

February 10
Away vs. Walpole (W)

February 13
Away vs. Newton (W)

February 18
Home vs. Milton (L)

Hockey Girls

Led by senior captains Katie O'Brien, Jenny O'Donnell, Karyn Colomey and Heather Folan, the Norwood Girl's hockey team hac a very successful season. Sophomore Kacie Smith led the Mustangs with over thirty goals helping to lead the team to many victories. The team swept rival Walpole High School 5 to 2 in the first game and 4 to 2 in the second game. On senior night against Newton North, Jenny O'Donnell tied the game up with 9.4 seconds left in the game. Emily Kelly went on to put one past the Newton North goalie with .8 seconds left in the game. It was certainly a game that the seniors will never forget. The girls lost in the quarter finals of the Tournament to Sandwich. Emily Kelly and Kacie Smith were coMVPs for the year and Karyn Colomey was named Unsung Hero. One of the favorite traditions was our official team mascot Sally, who was carried around by the Player of the Game. Good luck in the future to seniors Kaitlin McCarthy, Folan, Jenny Rossman, O'Brien, Colomey, and O'Donnell. You will all be missed. The team is already looking forward to next season!

December 12 Away vs. Milton (W)	December 19 Home vs. Braintree (L)	January 5 Home vs. Wellesley (L)	January 12 Away vs. Walpole (W)
December 15 Home vs. Brookline (W)	December 22 Away vs. Dedham (W)	January 9 Home vs. Natick (W)	January 16 Away vs. Weymouth (W)

Captains: Heather Folan, Karyn Colomey, Jenny O'Donnell, and Katie O'Brien

Top Row: Emily Kelly, Abby Glaser, Sydney MacQuilken, Hannah Gillis, Erin Kelly, Casey Mac, Sammy Hayes, Molly Newman, Sam Shea, Bella Aspinwall, Kacie Smith, Lisa Moynihan, Shannon Gillis
Bottom Row: Samantha Baturin, Sheila Carroll, Kaitlin McCarthy, Cpt. Heather Folan, Cpt. Karyn Colomey, Cpt. Jenny O'Donnell, Cpt. Katie O'Brien, Jenny Rossman, Colleen Glaser

January 12
Home vs. Milton (W)

January 26
Away vs. Needham (W)

February 2
Away vs. Wellesley (L) Home vs. Walpole (W)

February 13

January 23
Away vs. Framingham (W)

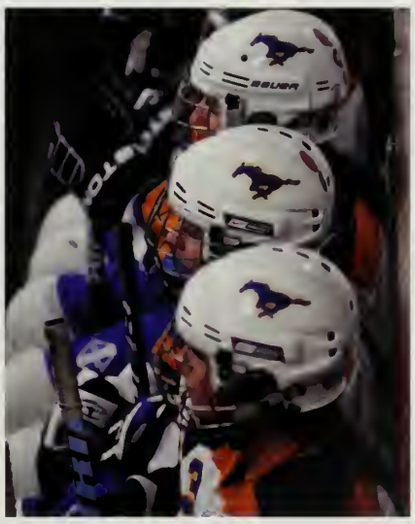
January 30
Home vs. Dedham (T)

February 6
Away vs. Franklin (W)

February 13
Home vs. Newton North (W)

February 19
Away vs. Falmouth (L)

February 27
Away vs. Farmington (T)



Sports

Winter Track

Boys

Head Coach: Russell Booth
Captains: Ryan Igoe, Dan DiTomasso, Jason Matovu

The Boys Indoor Track team had a very successful season this year, winning their first Herget division championship in 20 years. This accomplishment was earned by a lot of hard work put in by all the team members, and really solidified indoor track at NHS. The team finished the year with a dual meet record of 4-2. Senior captains Ryan Igoe, Dan DiTomasso, and Jason Matovu lead a strong group that enjoyed a victory over Walpole as one of the highlight wins on their way to the championship. We wish our seniors all the best in the future. We also look forward to welcoming back our underclassmen and winning the Herget division championship again next year.

December 11
Away vs. Malden (L)

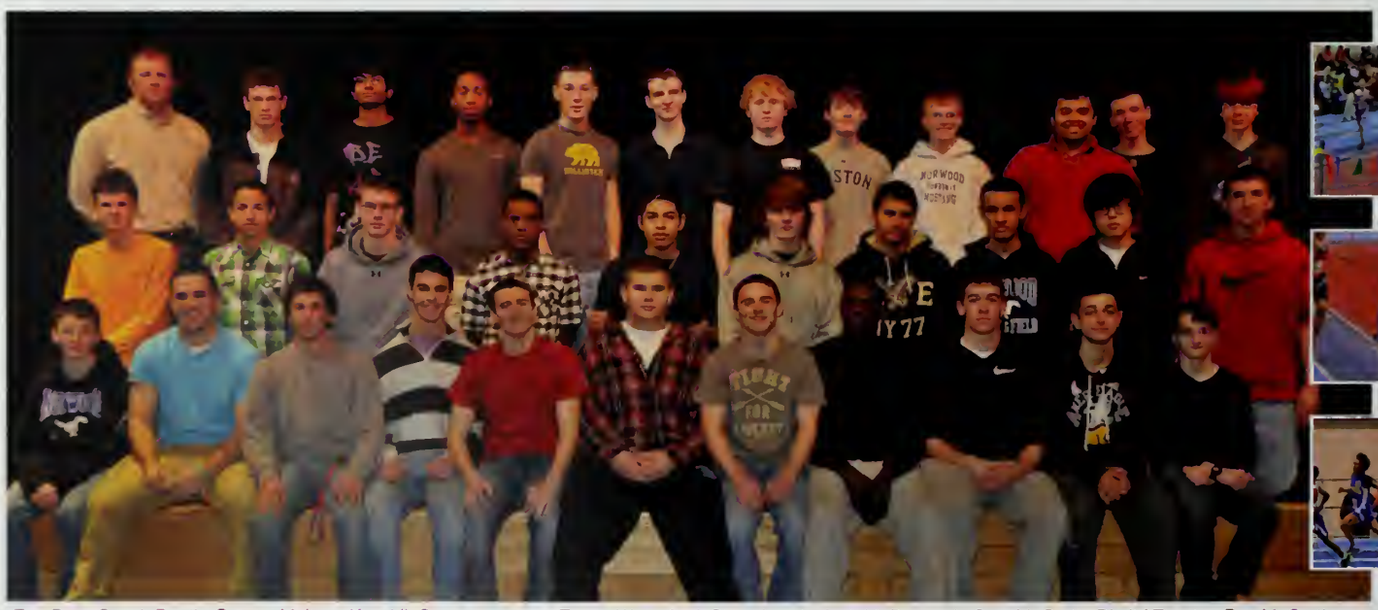
December 20
Away vs. Wellesley (W)

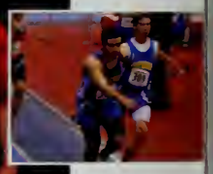
January 10
Away vs. Walpole (W)

January 17
Away vs. Dedham (W)

January 24
Away vs. Milton (W)

January 30
Away vs. Needham (L)





Top Row: Coach Booth, George Meltzer, Kaushik Suryanarayanan, Tresor Wrensford, Steve Lynch, Jack McDonough, Sam McGrath, Dimitri Thaxter, Ben McGrath, Carlos Cardona, Jesse Fleming, Nate Jones
Middle Row: John Gunning, Anthony Negron, Ryan Chamberlain, Sam Masse, Jorge Luis Gomez, Karl Baer, Jimmy Ferreira, Darren Boykin, Chris Jang, Jack Reilly
Bottom Row: Tim Buckley, Anthony Perriello, Nick Gaetani, Robby Wood, Matt Thibeau, Dan DiTomasso, Ryan Igoe, Jason Matovu, Shaun Callahan, Joe Bartucca, Dan Curley

Winter Track

Girls

Head Coach: Gina Jones
Captains: Sarah Lussier, Jessica Murphy, Alanna Keady
Not Pictured: Courtney Fernandes

The Girls Indoor Track team faced a difficult season this winter. With a new coach taking over mid season, the girls had to learn how to make quick adjustments and keep their focus. Team captains Alanna Keady, Jessica Murphy, Courtney Fernandes and Sarah Lussier managed to keep the team motivated. Even though the team never pulled through with a win, a lot of new personal records were broken. In hurdles, senior Courtney Fernandes ran her personal best with a time of 10.49 seconds. Also, senior Allison Ryan had seen some of her best times this season in the 300 meter dash. Another final highlight was during a Walpole meet when Norwood girls' shot put swept in their heat.

December 13
Away vs. Natick (L)

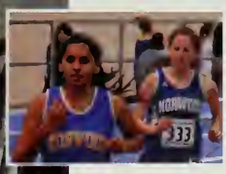
December 20
Away vs. Whitesides (L)

January 10
Away vs. Walpole (L)

January 17
Away vs. Dedham (L)

January 24
Away vs. Milton (L)

January 31
Away vs. Franklin (L)



Top Row: Sarah Lussier, Sally Pierre-Louis ,Nicole Marchant, Sabrina Cubelli, Kaite Ryan, Isabella Gold, Ashely Conley, Adaze Izeko
Bottom Row: Soloonee Adhikari, Colleen Morris, Imani Mitchell, Jessica Murphy, Alanna Keady, Marguerite Lee, Damona Mortimer

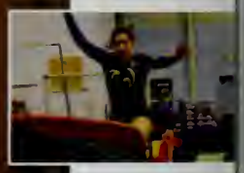
Gymnastics

stick it!

Captains: Maria Katinas, Kristen Folan, Lindsay Newcomb

This season, Mustang Gymnastics exceeded their expectations. The team came together and worked hard to earn a score of 132, their highest score in years. Led by senior captains Maria Katinas and Lindsay Newcomb, along with junior captain Kristen Folan, the team became stronger while each gymnast's individual scores increased throughout the season. Captain Folan and junior Liz Kearns were this season's two all-around gymnasts, scoring above average for every event that they competed on. Although some of the team was dealing with numerous injuries, they were able to stay strong. Captain Katinas being one of these injury-prone people was able to accomplish her highest score on the Floor Exercise and Vault this year. Captain Newcomb also achieved her highest scores on the same two events.

[illegible]	January 8	January 15	January 25	February 5
[illegible]	Home vs Shrewsbury (W)	Home vs Weymouth (W)	Away vs Wellesley (L)	Away vs Brookline (W)
January 4	January 12	January 22	February 1	
Home vs Walpole (L)	Away vs Franklin (W)	Away vs Needham (L)	Away vs Framingham (W)	



Top Row: Jeanna Gaetani, Kelly O'Rourke, Lauren McClure, Marissa Gillis, Beth Tobio, Samantha Noel, Rachel Symes
Bottom Row: Liz Kearns, Sinead O'Brien, Maria Katinas, Kristen Folan, Lindsay Newcomb, Mackenzie Begley, Suzanne Fogarty

Wrestling

warriors

Captains: Mark Saulnier, Javier Cardona

The Mustang seniors were Javier Cardona, Mark Saulinier, Brendan Ross, Tyler Buckman, and Richie Gallagher, aka the Night Hawk. We also had a number of impressive underclassmen that we are excited to see grow as athletes in their years to come at NHS. Captain Mark Saulinier won the Canton Tournament for his weight class. Captain Javier Cardona went into the finals at the same tournament and placed second. Sophomores JJ O'Donnell and Mike McDonough and freshman Greg Williams placed fourth at the tournament. At the Weymouth Tournament Mark placed first, Night Hawk placed fifth, JJ placed fourth and Javier and Mike placed sixth. Late in the year we had a tie-breaker at the end of the meet with Dedham, which was broken by an outstanding performance by Javier to win as a team.

December 11
Away vs Walpole High (L)

December 18
Away vs Brookline High (L)

December 27
Away vs Stoughton High (L)

December 29
Away vs Sharon High (L)

January 3
Home vs Milton High (L)

January 6
Home vs Braintree High (L)

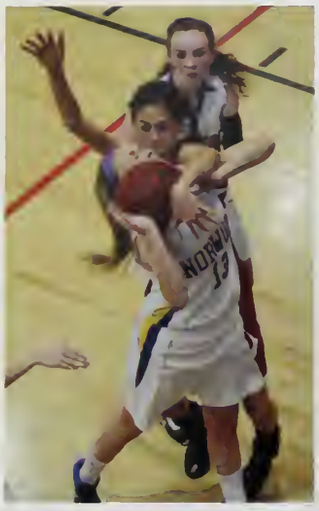
January 16
Home vs Needham High (L)

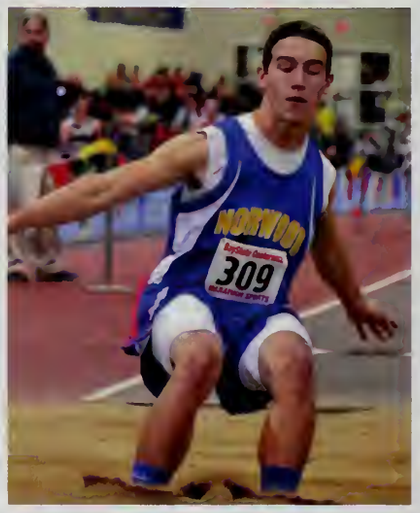
January 23
Away vs Newton North (L)

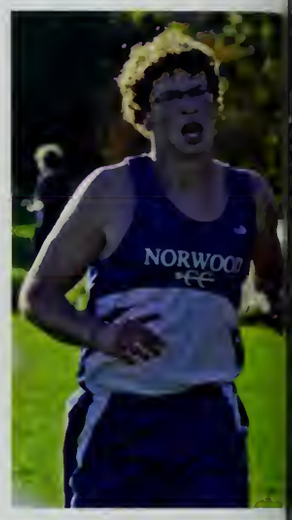
January 30
Home vs Norwood (L)

February 6
Away vs Dedham High (W)

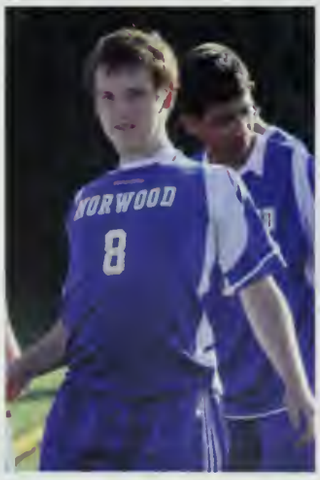
Top Row: Coach McQuad, Junior Davilla ,Eddie Murray, Steve Walsh, Mario Saba, Mike McDonough, Noel Gay, Coach McDonough,
Middle Row: Abass Ghadbouni, Mike Maffeo, Greg Williams, Jake Wilson, JJ O'Donnell, ,Joe Monroe, Jason Sicklick
Bottom Row: Brendan Ross, Mark Sauliner, Javier, Cardona, Tyler Buckman

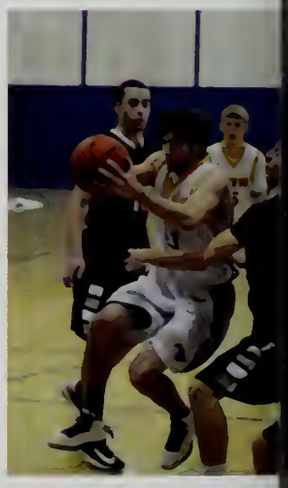






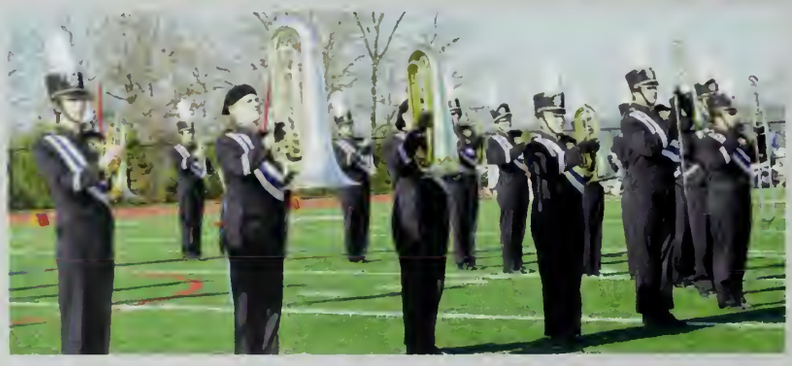
Sports Funnies



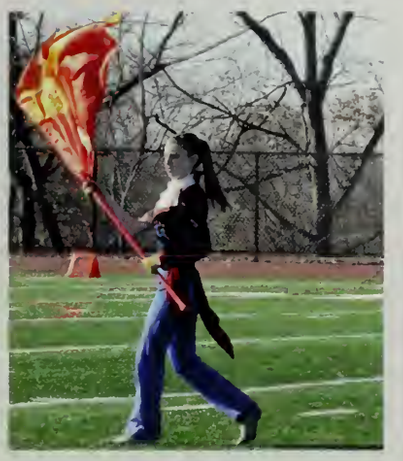


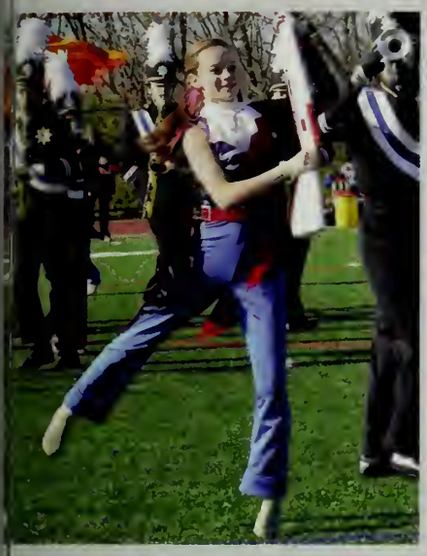
Arts

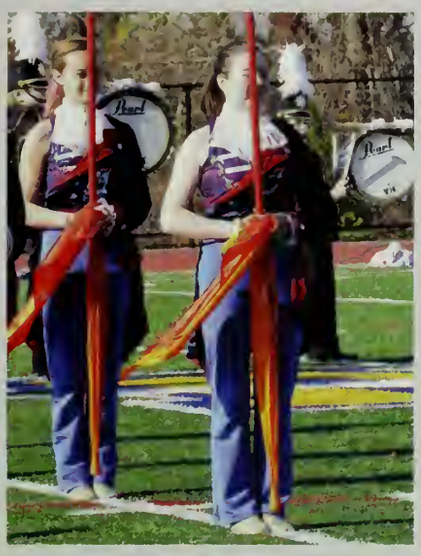
Marching Band



Color Guard







Guard Captain: Gretchen Mueller

Drum Major: Maddy Barneke

Row 4: Rob DeBruyn, Steve Conant, Mike Horbaczewski, Ty-Lucas Kelley, Meghan Ferris, Eric Perez, Molly Moturo, Michael McDonald, Colin Moulton, Anthony Zona, Ryan Clapp, Noah Haynes, Mairead Kerrigan, Merideth Bragg, Michelle Daly, Belanna Morales, Mackenzie McMahon, Brian Eisert, Steve Sacco

Row 3: Chris Noce, James Campbell, Erin Walsh, Vincent Nguyen, Alex Pipes, Laura Allinger, Matt Ferris, Johnathan Stryer, John Boulos, Eric Muller, Charles Bragg, Gerry Pipes, Alexandra Dimitriou, Ian Moulton, Katy Kohlsatt, Mikayla Metcalf, Charlotte Gassoway, Katy Nguyen, Michael Lombo, Gina Giacalone

Row 2: Abby Rahn, Lauren McDonough, Matt O'Connor, Laura O'Malley, Nathan Allen, Dana Bonollo, Hannah Logan, Thomas White, Cam Moulton, Joe Boulos, Colleen Walsh, John McCarey, Katherine Morrissey, Jason Sicklick, Juanito Morales, Dylan Custy, Ashley Cunningham, John Campbell, Neal Smith

Row 1: Colleen Schick, Samantha Kelly, Angelina Haynes, Mary Boulos, Anna Dykes, Gretchen Mueller, Maddy Barneke, Martha Woodside, Julia Ferrera, Leticia Gomes, Danielle Jurado, Allie Campell, Samantha Smith

Jazz

Jazz Choir

Top Row: Tom Little, Leo Blais, Brian McDonough, Chris Little, Nick Gassoway
Bottom Row: Gabby Nordquist, Dominique Nordquist, Chris Kelleher, Rachel Smith, Sam Smith, Joey Sweeney, Vignesh Mahalingam, Ben Wong

Jazz Combo

Top Row: George Meltzer, Ty Kelly, John Boulos
Bottom Row: Joe Boulos, Gerry Pipes
Missing: Colin Moulton

Jazz Ensemble

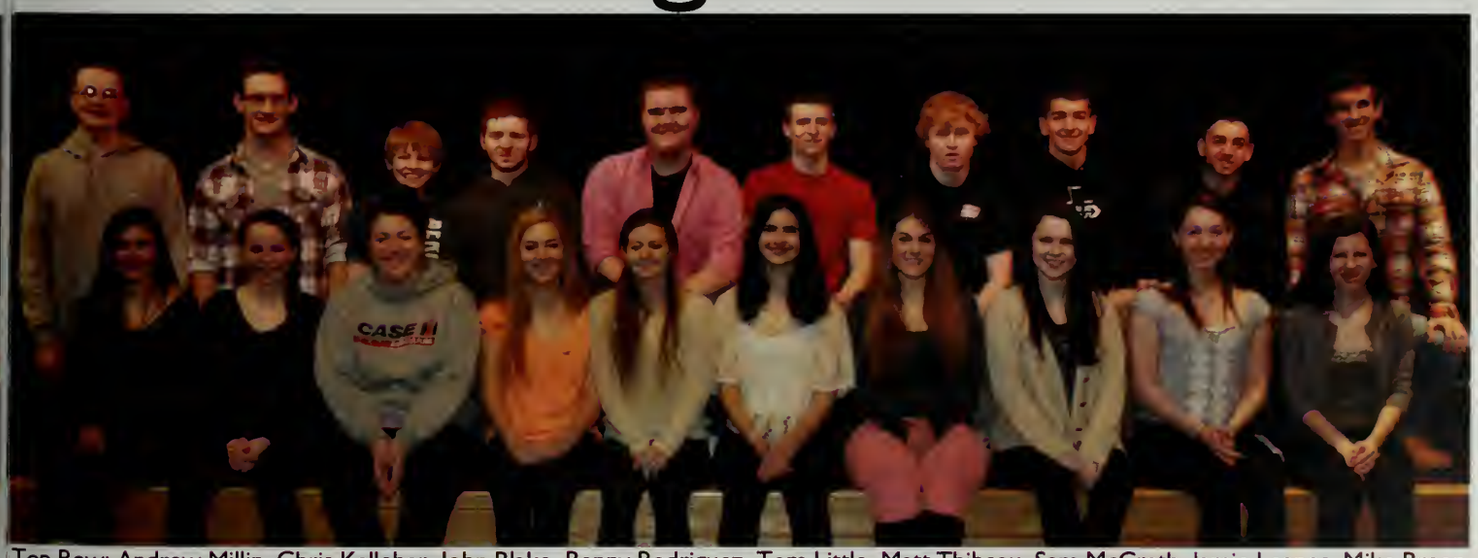
Top Row: Ty Kelly, Matt Mckenzie, George Meltzer, Eric Muller, John Boulos, Gerry Pipes, Cameron Moulton, Joe Boulos, Vincent Nguyen, Charles Bragg
Bottom Row: Colin Moulton, John Zizza, Walker Alexander, Matt Ferris, Molly Maturo, Sadie Kraw, Valerie Quinlan, James Campbell

Madrigals

Officers

Chris Kelleher, Melissa Clarke, Danielle Wood, Matt Thibeau

Madrigal Choir



Top Row: Andrew Millin, Chris Kelleher, John Blake, Benny Rodriguez, Tom Little, Matt Thibeau, Sam McGrath, Jamie Leanos, Mike Breen, Anthony Rodriguez

Bottom Row: Mary Kate Foley, Bella Aspinwall, Melissa Clarke, Amelia Cooper, Danielle Wood, Dominique Nordquist, Cassie Vinson, Sarah Maloney, Marguerite Lee, Madison Tribuna

Instrumental

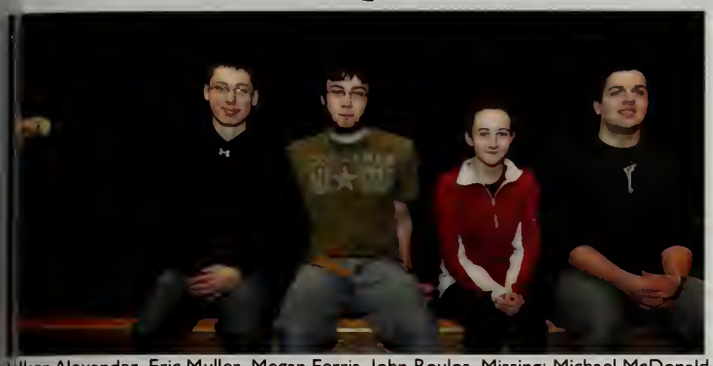
String Orchestra

Top Row: Frank Schuth, Dravan Medeena, John Zizza, Kristina Sharra, Oula Sassine, Lauren McDonough, Charlotte Rivard
Bottom Row: George Meltzer, Colleen Morris, Sabrina Polin, Jill Shephard, Ana Shirosky, Nathan Allen, Julia Regusa, Rebecca Dundon
Missing: Jen Dowling, Arianna Pitaro, Bridget Reardon

Concert Band

Top row: John McCarey, Ty-Lucas Kelley, Eric Muller, Matt Mckenzie, Michaela Dow, Liam ____, James Campbell, Eric Perez, Walker Alexander, John Boulos, Katherine Sob
Celina Calo, Madeline Barneke, Michelle Daly, Colleen Walsh, Shannon Peterson, Hannah Logan, Vincent Nguyen
Middle Row: Gerry Pipes, Colin Moulton, Thomas White, Dylan Maresco, Matthew Rogers, Jason Sicklick , Daniel Curley Griffin Plagg, Molly Maturo, Makenzie McMahon
Meredith Bragg, Jessica Chammas, Belanna Merales, Colleen Schick, James Conley, Noah Hanes, Riley Degree, Charles Bragg
Bottom Row: Cameron Moulton, Matt Ferris, Nathan Jones, Colin Greeley, John Gerbutavich, Laura O'Mally, Mikayla Metcalf, Megan Ferris, Alexandra Dimitriou, Laura
Ailinger, Katie Kolsat, Britney Cadiz, Samantha Sullivan, Mackenzie Sheehan, Mairead Kerrigan, Tali Panos, Sadie Kraw, Joe Boulos, Jonathan Stryer

Brass Quintet



lker Alexander, Eric Muller, Megan Ferris, John Boulos. Missing: Michael McDonald

Celtic Strings

George Meltzer, Kristina Sharra, Colleen Morris, Sabrina Polin, Ana Shirosky, Charlotte Rivard. Missing: Jen Dowling

Wind Ensemble

Top Row: Matt Mckenzie, Eric Perez, Walker Alexander, Eric Muller, John Boulos, Gerry Pipes, Madeline Barneke, Cameron Moulton, Colleen Walsh, Shannon Peterson, Hannah Logan

Middle Row: John McCarey, Colin Moulton, Griffin Plagg, Michaela Dow, Molly Maturo, Katherine Sobol, Belanna Merales, Mairead Kerrigan, Noah Haynes, Riley Degree

ottom Row: Ty-Lucas Kelly, Matt Ferris, Laura O'Mally, Megan Ferris, Katie Kolsat, Colleen Schick, Sadie Kraw, Michelle Daly, Joe Boulos, Jonathan Stryer, Vincent Nguyen

Choral

Women's Concert Choir

Top Row: Gabby Nordquist, Marlene Antas, Shannon Carey, Michelle Seward, Nadine Hachem, Sam Smith
Bottom Row: Denyl Baffour, Emily Flavin, Michela Pace, Morgan Intravesato, Adria Stephens Rachel Smith, Amber Chisholm

Men's Concert Choir

John Gunning. Nick Gassoway, Jeff Wood, Brian McDonough, Daniel Chiaravalloti, Amit Mistry, Joey Sweeney, Vignesh Mahalingham

Concert Chorale

Top Row: Carlos Cardona, Sam McGrath, Robbie Wright, ElijahVinson, Ryan Chamberlain, Isac Vieira, Matt Thibeau, Michael Flaherty, Gerald Foye, Reilly Sutherland, Johnny Ibrahim, Matt Eckhardt, Jess Thompson, Izzy LeSavage, Haley McDonough
Middle Row: Andrew Millin, Matt O"Connor, Chris Kelleher, Jamie Leanos, Michael Kane, Tom Little, Mike Breen, Christian Nicholson, John Blake, Benny Rodriguez, Anthony Rodriguez, Cassie Vinson, Shannon Bonner, Ashley Cunningham, Champagne Clarance
Bottom Row: Jess Bailey, Jen Doucette, Mary Kate Foley, Katie Taggart, Bella Aspinwall, Amanda Blood, Melissa Clarke, Danielle Wood, Amelia Cooper, Erin Metayer, Emily Johnson, Sarah Maloney, Marguerite Lee, Rachel Wood, Madison Tribuna, Dominique Nordquist, Ana Magalhaes

Muses

Top Row: Izzy LeSavage, Haley McDonough, Gabby Nordquist, Jess Bailey, Katie Taggart, Emily Johnson, Jen Doucette, Jess Tompson, Shannon Casey
Middle Row: Amber Chisholm, Erin Metayer, Shannon Bonner, Mary Kate Foley, Amelia Cooper, Dominique Nordquest, Cassie Vinson, Ashely Cunningham
Bottom Row:Amanda Blood, Melissa Clarke, Bella Aspinwall, Marguerite Lee, Sarah Maloney, Danielle Wood, Madison Tribuna, Rachel Wood, Rachel Smith

Concordia

Top Row: Ryan Chamberlain, Andrew Millin, John Blake, Brian McDonough, Jeff Wood, Chris Little, Johnny Ibrahim, Anthony Zona
Middle Row: Nick Gassoway, Matt Eckhardt, Michael Eckhardt, Matt Thibeau, Christian Nicholson, Mike Breen, Amit Mistrey Joey Sweeney, Vignesh Mahalingham
Bottom Row: Chris Little, John Blake, Benny Rodriguez, Tom Little, Jamie Leanos. Sam McGrath, Matt O'Connor, Anthony Rodriguez, Robbie Way

A Cappella

Sound FX

Top Row: Matt Eckhardt, Chris Kelleher, Anthony Rodriguez, Matt Thibeau, Tom Little, Mike Breen, Johnny Ibrahim
Bottom Row: Melissa Clarke, Bella Aspinwall, Marguerite Lee, Sarah Maloney, Danielle Wood, Madison Tribuna
Missing: Judlie Isidore

Acabella

Top Row: Sam Smith, Rachel Smith, Haley McDonough, Mary Kate Foley
Bottom Row: Dominique Nordquist, Rachel Wood, Julia Ragusa, Amber Chisholm, Amanda Martin
Missing: Lauren DeSilva, Amanda Kelly

Bro Coda

John Blake, Brian McDonough, Nick Gassoway, Leo Blais, Joey Sweeney, Daniel Chiaravalloti, Jeff Wood, Matt O'Connor, Reilly Sutherland
Missing: Colin O'Malley

Music Festivals

Southeast Junior Districts

Top Row: Thomas White, Jeff Wood, Joey Sweeney, Nick Gassoway, Daniel Chiaravalloti, Vignesh Mahalingam, Brian McDonough,Matt Mckenzie
Bottom Row:Marlene Antas, Lizzie Casey, Rachel Smith, Amber Chisholm, Julia Ragusa, Sadie KrawAlexandra Dimitriou, Laura O'Mally

Southeast Senior Districts

Top Row: John Blake, Marguerite Lee, Anthony Rodriguez, Sarah Maloney, Madison Tribuna, Jess Tompson, Bella Aspinwall, Hannah Logan, Kristina Sharra, Walker Alexander, Megan Ferris
Bottom Row: Jamie Leanos, Chris Kelleher, Benny Rodriguez, Andrew Millin, Mike Breen, Tom Little, Johnny Ibrahim, Matt O'Connor, John Boulos, Eric Muller, Ty Kelley

Massachusetts All-States

Top Row: Marguerite Lee, Kristina Sharra, Bella Aspinwall, John Blake, Chris Kelleher
Bottom Row: Anthony Rodriguez, Madison Tribuna, Tom Little, Johnny Ibrahim, Eric Muller Ty Kelley

NAfME All-Eastern

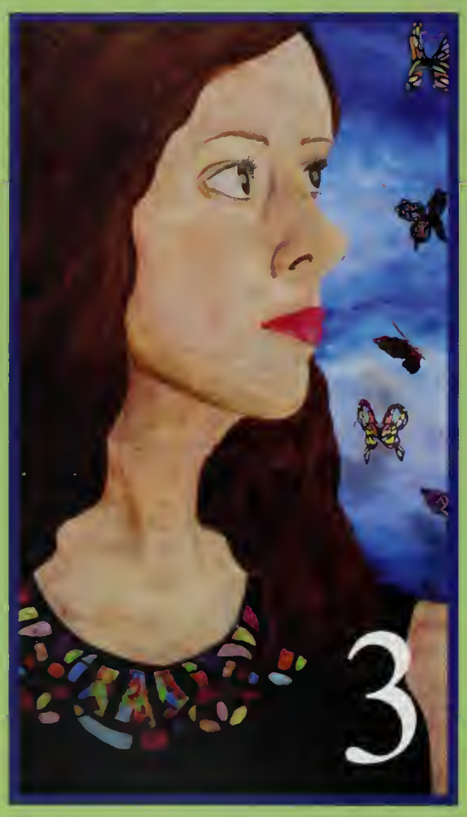
Anthony Rodriguez and Chris Kelleher

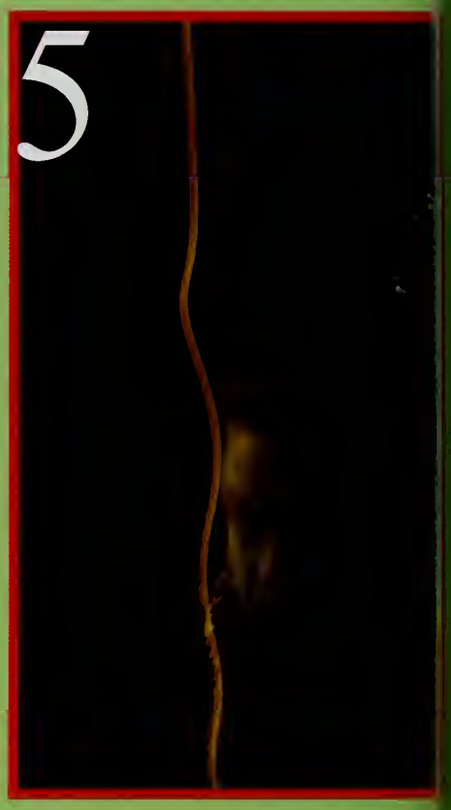
DRAMA CLUB

IMPROV CLUB

SENIOR VIDEO

NHS UPDATE



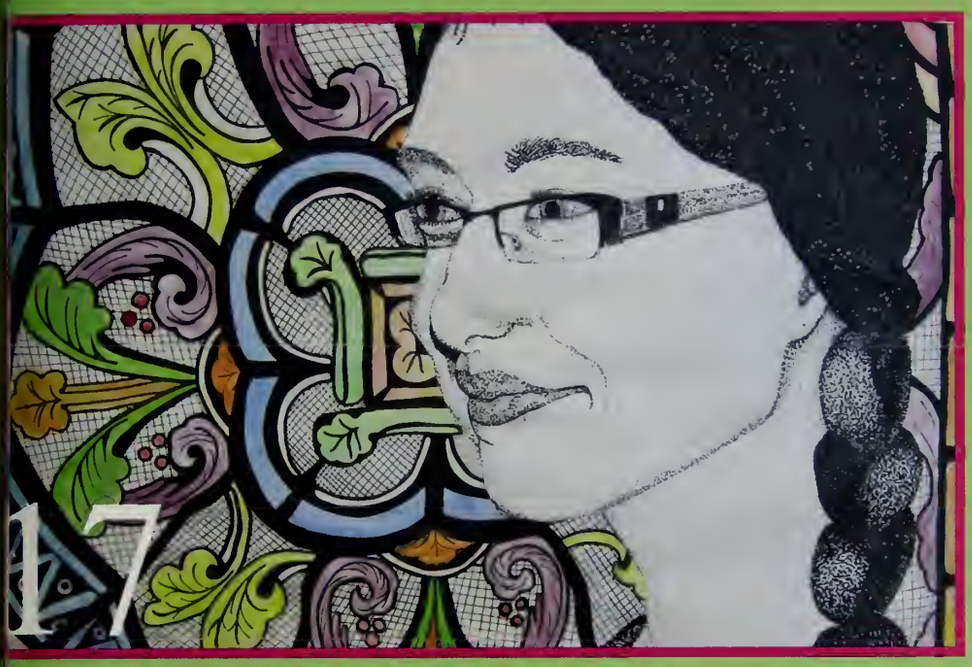


1. Alayna Fogg
2. Katherine Morrissey
3. Amber Pelletier
4. Gianna Pugliano
5. Isaac Wood
6. Scottie McGowan
7. Kim Crockett
8. Fernando Morales
9. Caitlin Stahl
10. Kim Crockett
11. Kelly Duggan

SENIOR ART!

More Student Art!

12.Kim Crockett
13. Isaac Wood
14. Thais Skopinski
15. Lauren Cullinane
16. Daniela Jurado
17. Amber Pelletier
18. Carly Dow
19. Amber Pelletier
20. Gianna Pugliano
21. Carly Dow
22. Kelly Duggan
23. Thais Skopinski


17

18

19

20

WRITERS WEEKLY
December 2012 Issue
Author of the Mo
New This Issu
THE
HARRY
POTTER
EFFECT
21

22

23

Jets:
Tony: Anthony Rodriguez
Riff: Eddie Hernon
Action: Colin O'Malley
A-Rab: Leo Blais
Baby John: Joey Sweeney
Snow Boy: Danny Hernon
Big Deal: Nick Gassoway
Diesel: Chris Little
Gee-Tar: John Blake
Mouthpiece: Jeff Wood
Tiger: Ben Kerns
Anybodys: Madison Tribuna
Graziella: Charlotte Huxter
Velma: Shannon Geary
Minnie: Rachel Wood
Clarice: Gretchen Mueller
Annette: Brigid Sandstrum
Pauline: Ashley Cunningham

Adults:
Doc: Robbie Way
Glad Hand: Melissa Clarke
Lt. Schrank: Matt Foley
Officer Krupke: Tom Little
Somewhere Soloist: Melissa Clarke

Summer 2012
Norwood Fine Arts Department Presents

WEST SIDE STORY

Sharks:
Bernardo: Chris Kelleher
Chino: Randy Hernandez
Pepe: Osato Izeko
Indio: Matt O'Connor
Luis: Matt Eckhardt
Anxious: Anthony Zona
Nibbles: Ben Wong
Moose: Brian McDonough
Toro: Riley Degre
Maria: Sarah Maloney
Anita: Julie Cordero & Lauren DeSilva
Rosalia: Marguerite Lee
Consuela: Danielle Wood
Francisca: Amanda Kelly
Estella: Claudia Marchionda
Margarita: Vicky French
Teresita: Jess Gregorio

Dr. Horrible's Sing-a-long Blog!

Heroes and Villains:
Dr. Horrible: Leo Blais
Penny: Charlotte Huxter
Captain Hammer: Tom Little
Moist: Matt Noonan
Bad Horse: Alex Hartgrove
Johnny Snow: Fabian Salazar

Ensemble:
Kylah Cruickshank
Riley Degre
Diana Delic
Nick Gassoway
Marissa Gillis
Amanda Kelly
Gretchen Mueller
Christina Pelissier
Neyssa Resignac
Elizabeth Ruggiero
Joey Sweeney

Top Row: Brigid Sandstrum, Sam Smith, Riley Degre, Nick Gassoway, Kayla Cruikshank, Alexis Turchetta, Charlotte Huxter, Leo Blais, Matt Noonan, Tom Little, Alex Hartgrove, Amanda Kelly, Director Ian Cardoni, Fabian Salzar, Chris Little
Bottom Row: Dina Delic, Elizabeth Ruggerio, Gretchen Mueller, Marissa Gillis, Neyssa Resignac, Joey Sweeney

AFFILIATED
COURIER &
MESSENGE
ENTERPR

To Be
or Not to Be

Hamlet

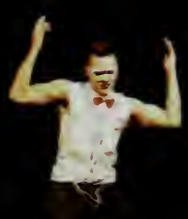
Norwood High School
January 2013

Hamlet: Eric Blais
Claudius: Chris Little and Matthew Foley
Gertrude: Christina Grillo and Mia Ferrara
Ghost: Austin Matteson and Frank Schutz
Horatio: Angelis Turchetta
Polonius: Robert Wood and Alexander Hartgrove
Laertes: Griffin Ely
Ophelia: Christina Marchionda and Madison Tribuna
Rosencrantz: Stephanie Cutler
Guildenstern: Danny Hernon
Osric: Ben Keyes and Kathryn Jolinz
Marcellus: Ben Wood and Nick Gasowski
Bernardo: Jason Mitchell and Nichole Ring
Gravedigger: Austin Hallissey
Chorus: Paul Iuzzi, Sam Smith, Jared Tuch and Deirdre Sandoval
Ambassador: Tom Foley
Fortinbras: Tony Lima
Piano: Amy Anthony
Piano: Jason Lee Foley
Photo: Ben Wong, Nick Gasowski and Dom Delli
Lighting: Carter Van Fleet

King Stag

Stephan (a loyal subject) - Chris Little
Julia (another loyal subject) / Stag/ Forest Critter - Erin Feeney
The Page - Stephanie Cutler
King's Guards - Danny Hernon & Elizabeth Ruggerio
Deramo (The King) - Matt Foley
Pricilla (an admirer of the king/forest critter) - Viktorija Barone
Griselda (an admirer of the king) - Nichole Ring
Lolita (an admirer of the king) - John Lynch
Brighella (Royal Butlette) - Jessica Gregorio
Royal Chef - Jada Burs
Cigolatti - Fabian Salazar
Pantaloon - Julie Cordero
Tartaglia - Leo Blais
Emu - Alexander Hartgrove
Truffledino the Bird Catcher - Randy Hernandez
Smerldina the Pig Shaver - Mia Ferreira
Leander / King's Guard - Eddie Hernon
Clarissa / Forest Critter - Lauren Desilva
Old Man - Christopher Little
Angela / Forest Critter - Claudia Marchionda
The Bust - Austin Mathisen
French Huntsmen - Sean Regan & Luiz Chueh
Morgana - Christine Vlahos
Stage Management - Brigid Sandstrum
Assistand Direction - Julie Cordero
Assistant Stage Management - Vicky French, Shannon Geary
Sound Design - Chris Kelleher
Sound board operation - Amanda Kelly, Gretchen Muller
Costume Design - Chris Little, Alexis Turchetta, Brigid Sandstrum

CLASS ACT!



Activities

SADD
(STUDENTS AGAINST DESTRUCTIVE DECISIONS)

WE'RE GLAD TO BE SADD!

Officers:
Chris Kelleher,
Rachel Wood,
Fernando Morales,
Jacob Slater,
Eric Muller,
Mary Boulos
Advisers:
Ms. Uppenkamp,
Ms. Lozinski Treloar

POST PROM COMMITTEE

Officers:
Chris Kelleher,
Rachel Wood,
Sarah Maloney,
Madison Tribuna,
Anthony Rodriguez,
Danielle Wood,
Colleen Morris,
Robbie Way.

SPIRIT CLUB

Officers Maria Caprigno, Rachel Wood, Courtney Fernandes, Kayla Keady

S.T.A.R.T. (STUDENTS TAKING AN ACTIVE ROLE TOGETHER)

Officers: Maria Caprigno, Ashley Jeannot, Celia Santiago

MVP (MENTORS IN VIOLENCE PROTECTION)

Officers:
Robby Wood,
Jenny Rossman,
Courtney Fernandes,
Jenny O'Donnell

NATIONAL HONOR SOCIETY

Officers:
Eva Ndreko,
Rachel Obied,
Amanda Kelly,
Sam McGrath,
Colleen Morris,
Anna Shirosky

NATIONAL ART HONOR SOCIETY

Officers:
Hallie Miller,
Elizabeth Epstein,
Carla Baquerizo,
Isaac Wood,
Pamela Gamboa,
Carly Dow

NATIONAL SPANISH HONOR SOCIETY

Officers:
Rachel Obeid,
Gretchen Mueller,
Robbie Way,
Eva Ndreko,
Amanda Kelly

NATIONAL FRENCH HONOR SOCIETY

NATIONAL LATIN HONOR SOCIETY

DEBATE CLUB

Officers:
Maria Caprigno
Ashley Jeannot
Kyle Sylvester

FRENCH CLUB

Officers: James Amos, Elizabeth Agbontaen
Christina Cange, Makaila Tomlinson

GSA (GAY STRAIGHT ALLIANCE)

Officers: John Rodriguez,
Charlotte Huxter, Julia Regan

GAMES CLUB

CHESS CLUB

DUNGEONS AND DRAGONS

ANIME

STUDENT COUNCIL

EYC (ENVIRONMENTAL YOUTH COALITION)

FRIENDSHIP CLUB

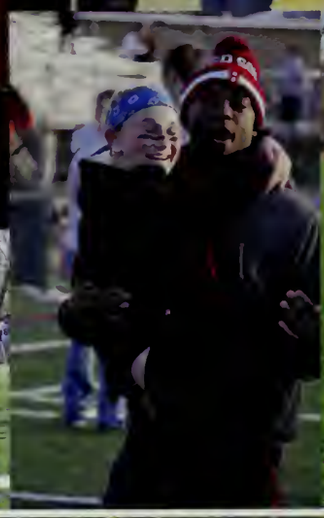
LITERARY MAGAZINE

CREATIVE WRITING

MATH CLUB

PEER PARTNERSHIP

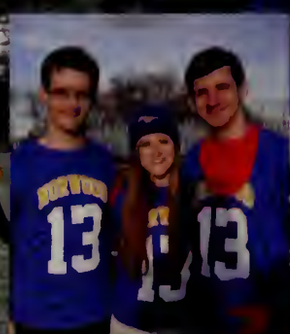
SPIRIT WEEK



HOMECOMING COURT 2012
Tyler Goncalves
Elizabeth Epstein
Ashley Holmes
Ryan Igoe
King Fernando Morales
Queen Rachel Wood
Ashley Jeannot
Katie Ryan
Isaac Wood
Dan DiTomasso (not pictured)

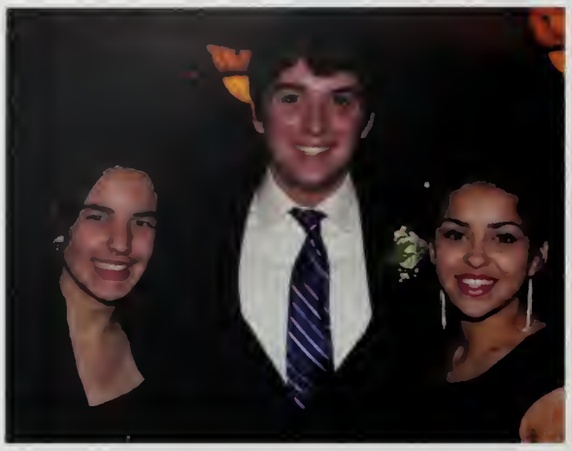
NEON DAY
KEEP CALM PLAY ON
MUSTANG BASKETBALL
YOU ONLY LIVE ONCE

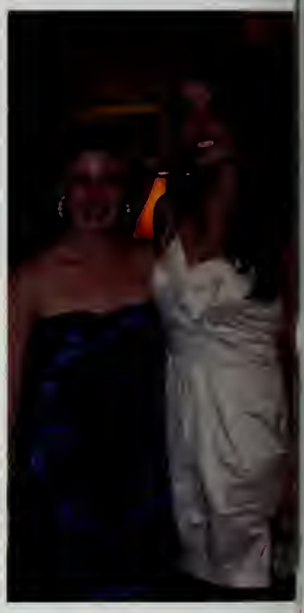
POWDERPUFF

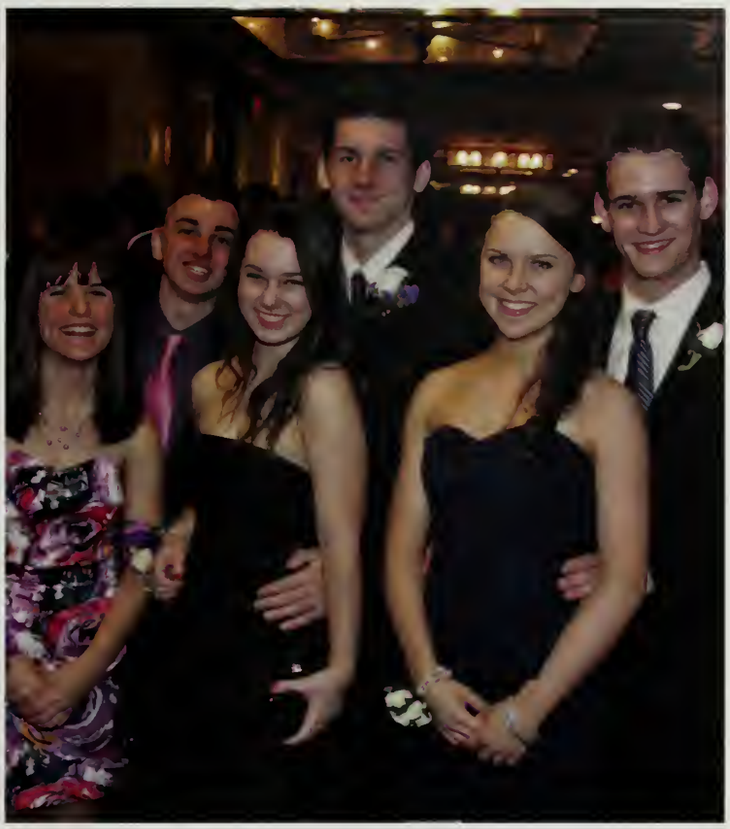


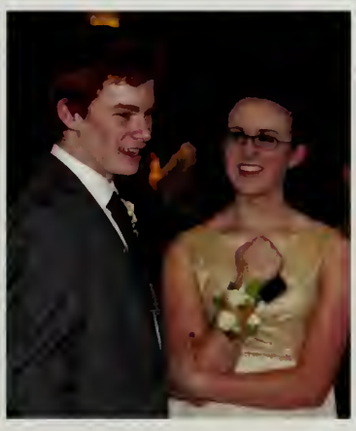
Seniors-14 Juniors-12

Junior & Senior



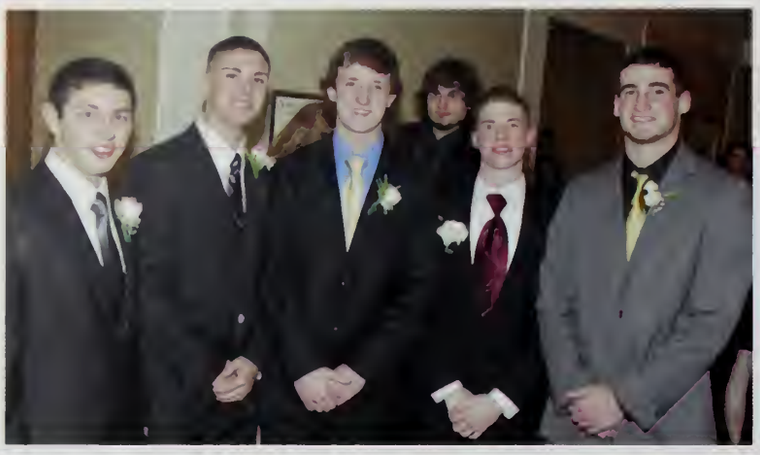


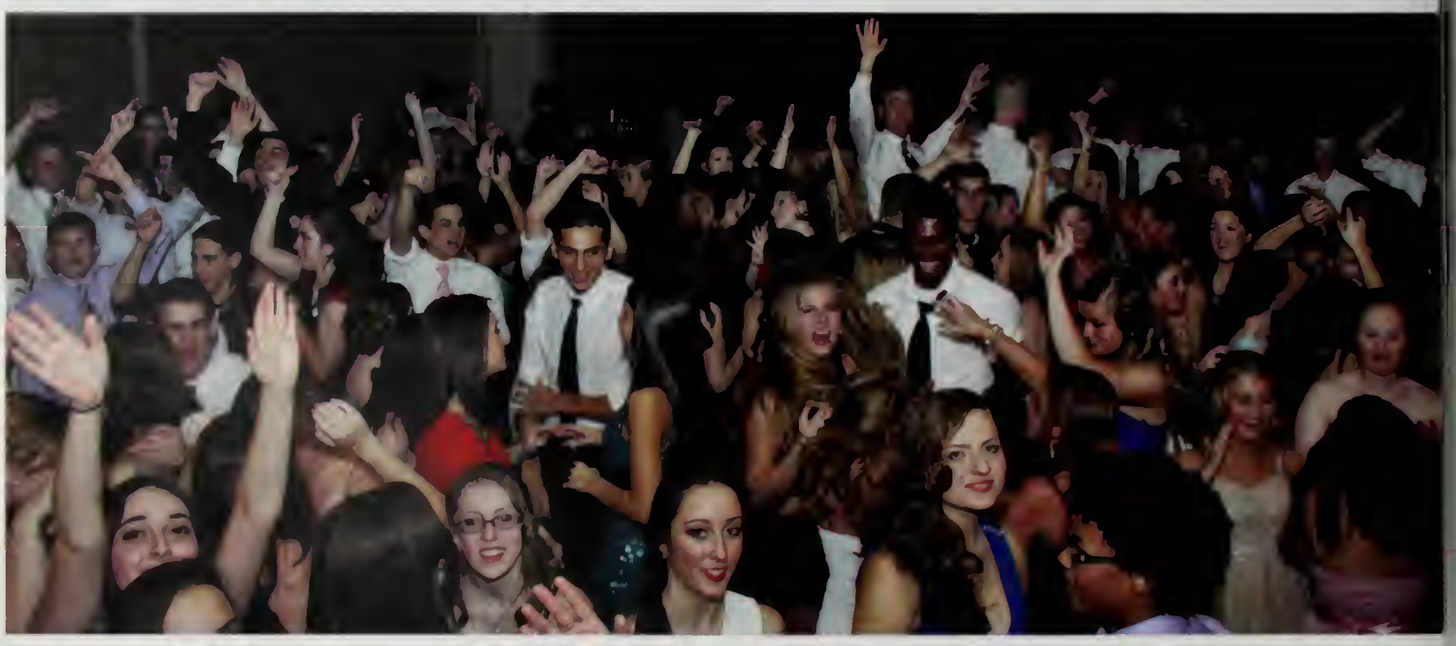


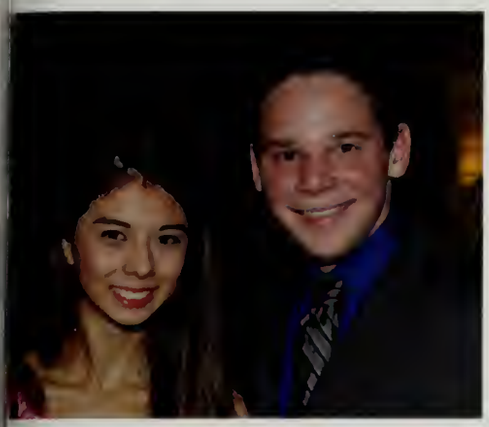


Semi Formal

Thursday November 8th, 2012







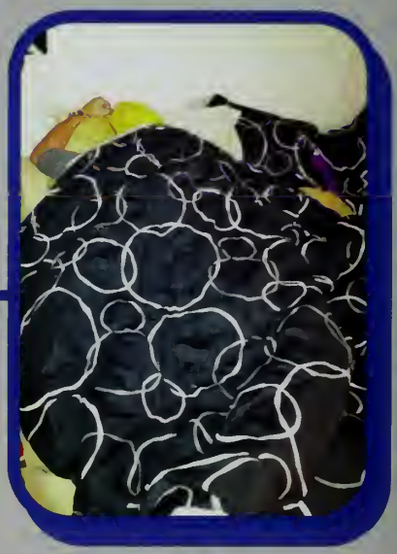
A Day In The Life

6:15am

Hit snooze 3 times...

6:30am

Get out of bed



7:15am

Stop at Spot for breakfast

7:30am

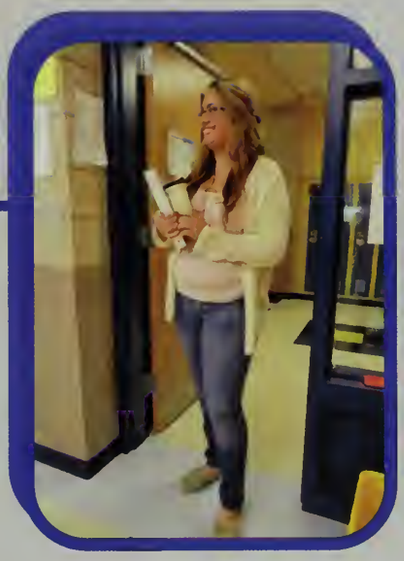
Get to school only to find your parking spot's been taken

7:40am

Get a college visit pass to get out of class

7:45am

Smuggle coffee into class



7:50am

Coffee spills on the floor

8:54am

Late to class by 1 minute

10:52am

Wish freshman would learn how to walk

12:00 pm

Stop by Ms. Lozinski's room period 7 for tea!

12:21pm

Find someone on crutches to avoid taking the stairs

1:15pm

Get caught texting in class

2:18pm

Curse the time change

2:45 pm

Time for practice!

5:00 pm

Locked out at door 14 for rehearsal

6:00 pm

Pasta dinner!

9:00pm

Watch Glee to avoid doing homework

12:00am

Finally get to bed!

SENIOR

Favorite Actor

1. Zac Efron
2. Ryan Gosling
3. Adam Sandler

Favorite Band

1. One Direction
2. Zac Brown Band
3. Maroon 5

Favorite Restaurant

1. Conrads
2. Pizza Palace
3. Friendly's

Favorite Movie

1. The Notebook
2. Bridesmaids
3. The Dark Knight Rises

Favorite Song

1. We Are Never Ever Getting Back Together
2. Red
3. Some Nights

Favorite T.V. Show

1. Pretty Little Liars
2. Greys Anatomy
3. One Tree Hill

Favorite Actress

1. Rachel McAdams
2. Mila Kunis
3. Blake Lively

Favorite Singer

1. Taylor Swift
2. Adele
3. Demi Lovato

Favorite Hangout

1. Spot
2. Pizza Palace
3. Perks

FAVORITES

Favorite Clothing Store

1. American Eagle
2. Forever 21
3. TJ Maxx

Favorite Sports Team

1. Bruins
2. Patriots
3. Celtics

Favorite Vacation Spot

1. Disney World
2. Bermuda
3. Cape Cod

Favorite School Lunch

1. Mozzarella Sticks
2. Buffalo Chicken
3. Pizza

Favorite Teacher

Mr. Oliveira
&
Ms. Sabadini

Favorite Social Media

1. Twitter
2. Facebook
3. Instagram

Favorite Freshman

Kyle Begley
&
Hannah Benson

Favorite Sophomore

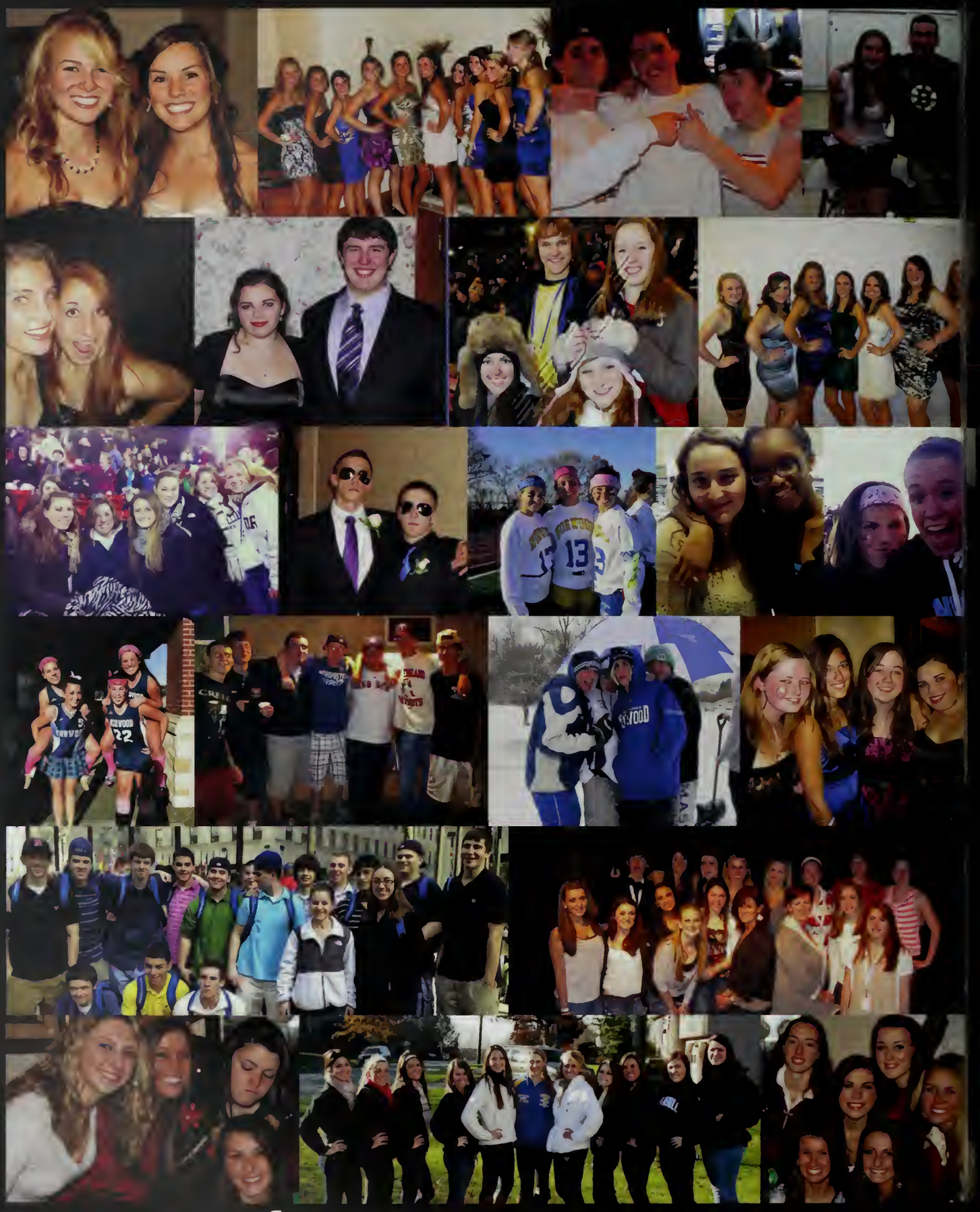
John Blake
&
Claudia Marchionda

Favorite Junior

Robbie Way
&
Megan Henneberry

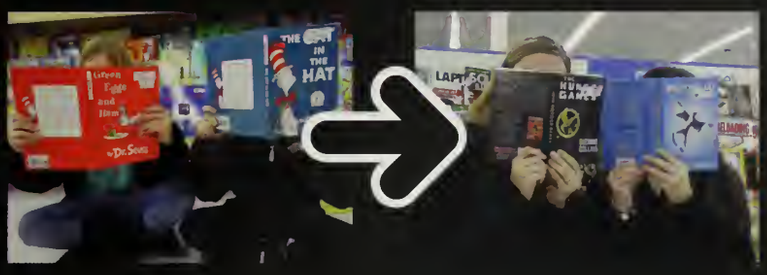
Freshman Year 2009-2010

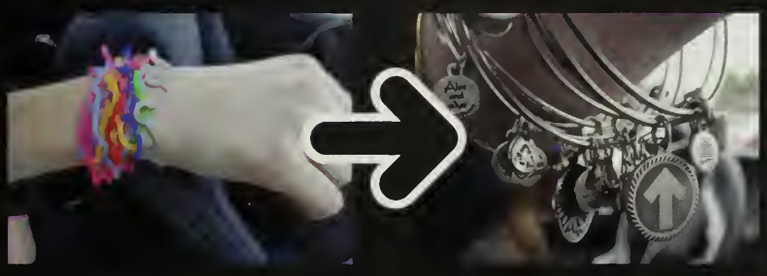
Sophomore Year 2010-2011

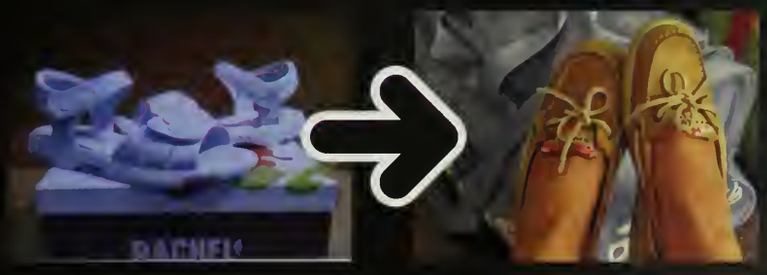


Junior Year 2011-2012

Life Then, Life Now







In Honor Of

Mary Boiardi

Mrs. Boiardi devoted her entire career to the students of Norwood. During her 36 years as a Special Education teacher, Mrs. Boiardi taught at Norwood High School, the F.A. Cleveland, and the John P. Oldham Elementary schools. There has been no greater advocate for her students than Mrs. Boiardi. She gave the greatest gift to her students: that of truly caring. Mrs. Boiardi is loved by her students, many of whom feel indebted to her for their success after high school. Mrs. Boiardi also served as advisor to the National Honor Society. She is highly respected among the NHS faculty, who know her not only as a remarkable teacher but also as a funny, compassionate woman and an avid sports fan. She will be dearly missed. Both students and faculty alike wish Mrs. Boiardi a retirement filled with relaxation, time with family, strong health, and the occasional visit to "The School on the Hill." Thank you for your service, Mrs. Boiardi!

Spotlight on: The Cancer Fighters

Fernando "The Fern" Morales was a sophomore when he was diagnosed with Ewing's Sarcoma. After exhaustive chemotherapy and radiation treatments, he went into remission in February 2012. He never let his illness take him out of the school community, becoming a SADD officer, National Art Honor Society co-president, and co-captain of the soccer team. His cancer came back in October 2012, yet Fernando is still graduating on time despite a second round of chemotherapy. He is famous around school for his positive attitude, penchant for penguins, and his collection of ridiculous headwear.

Katherine Morrissey was diagnosed with Neuroblastoma, a form of childhood cancer, in the spring of 2008. After having major surgery that left her out of commission for a few months, she made a full recovery and will be cancer free for 5 years as of 2013. Through her time in the hospital, she discovered her love for writing and is now an active member of the Creative Writing Club and an editor of the literary magazine. Her experience also led her to her involvement with Relay For Life, becoming a captain and leading a team of over 30 people to raise money for cancer research each year.

Jenny Rossman was just 3 1/2 years old when she was diagnosed with Ewing's Sarcoma. After 18 months of treatment, she went into remission, although her doctors said she would always walk with a limp and wouldn't be able to play sports. Defying the odds, Jenny continued on to play ice hockey, field hockey and lacrosse. She is also a very talented musician and active in numerous after school organizations. Never forgetting her battle, Jenny frequently donates to Locks of Love, participates in Relay for Life, and has been a keynote speaker for the Jimmy Fund.

A Year In The Life of THE FERN!!

January

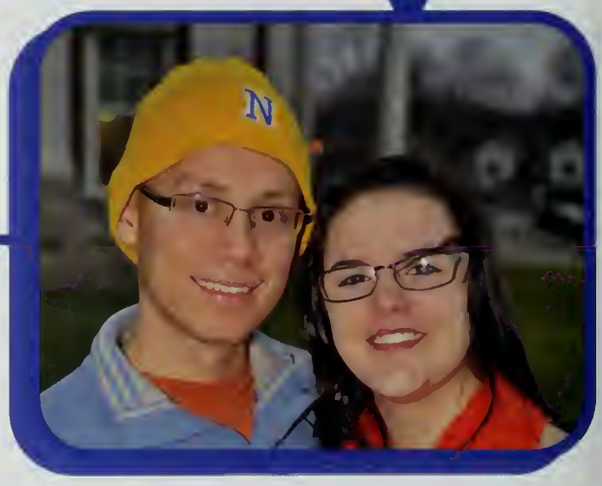
February

March

The Fern meets The Papi.

April

The Fern gets a girlfriend.



May

The Fern has a party (and turns 18).

June

The Fern Relays for Life.

The Fern Makes a Wish to go to the London Olympics.

July

While in the neighborhood, The Fern goes to Paris. Très bien!

August

The Fern meets The Revolution.

September

The Fern is given power.
#captainstatus

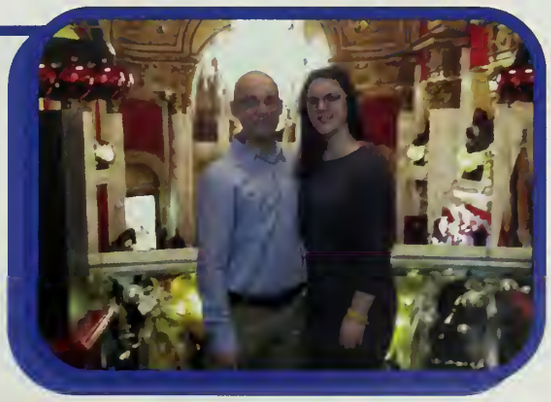
October

November

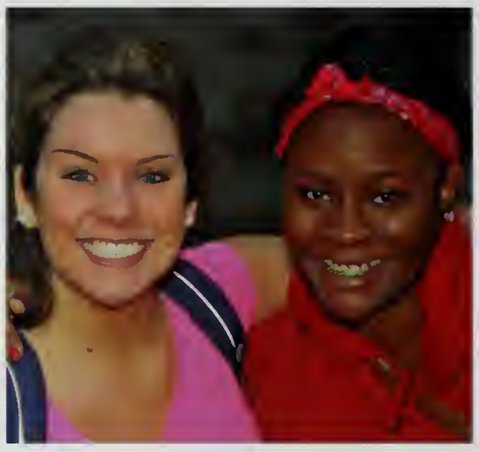
The Fern is crowned The Ultimate Ruler of Norwood High.
Take that, Usevich.

December

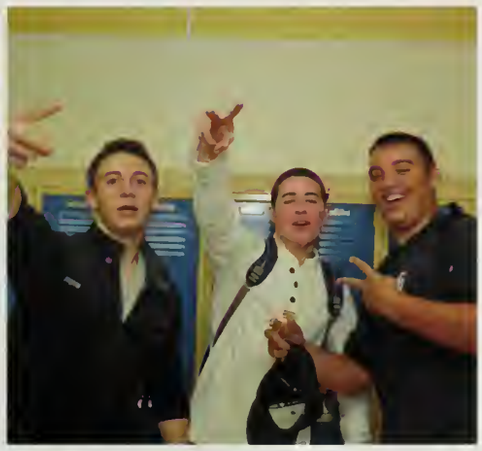
The Fern takes a break from Kingly duties by taking in a show.



AMERICAN
EAGLE



13

WRONG WAY
TRY AGAIN...


SADD
YOU DID IT!

NORWOOD
FOOTBALL
MUSTANGS
NORWOOD
MUSTANGS

IN 10 YEARS...

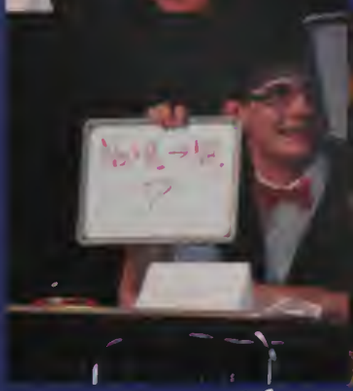
Bryan Alighieri will be somewhere running show with his boys.
Brendan Altieri will be a state police officer living in Vermont maybe married with a kid or two.
James Amos will be working in the medical field making lots of money!
Jess Arruda will be teaching US History at Norwood High.
Walter Aspinwall will be graduated from college, have a job, and hopefully will be able to save up enough money to travel around the world.
Ryan Begley will be living in Los Angeles working in either the television or film industry and living his dreams.
Chris Brissette will probably still be in school.
Kelley Brown will be living in Boston happily engaged, and living with Waldorf as well, and will be working in Children's Hospital as a Nurse Practitioner.
Tom Burke will be in the wild with Bear Grylls.
Jackie Bussiere will be living the dream in Norwood still living next door to Sam M. and Lauren H. waiting for Melissa to pick them up for coffee Friday!
Shaun Callahan will be a State trooper of Massachusetts.
Emma Campbell will be married with kids working as a first grade teacher.
John Campbell will be wrapping up his tours in the United States Air Force and be on his way to moving to Wyoming.
Christina Cange will be done with medical school and starting to work as a doctor.
Maria Caprigno will be living somewhere in New England, with a family of her own and will be working as a Speech – Language Pathologist.
Kerrianne Cardinal will be a nurse at Massachusetts General Hospital, or traveling around Africa if that doesn't work out.
Ryan Chamberlain will own the Oakland Athletics and win a World Series.
Michael Chammas will be an athletic trainer for a pro team in the US or in Europe, and married to a beautiful women with 2-3 kids living in a big house.
Stephen Chisholm will be living with the Crew somewhere still dancing to Tubthumping.
Corey Cignarella will be a Marine straight chilling with his dawg Santisi doing whatever they want while y'all fools be paying ya'll college debt.
Melissa Clarke will be swimming the seven seas, brushing her seven foot long beautiful red hair, and being the most fabulous and sparkly mermaid ever!
JulieAnn Cordero will be in the process of starting up her own restaurant, serving dishes that her aunts and mother have taught her how to prepare.
Kim Crockett will be in medical school, selling art, and enjoying warm Southern life.
Aidan Cullinane will be chilling on a beach somewhere far away.
Lauren Cullinane will be working as an English teacher and making a small difference in the world.
Ashley Cunningham will be working with marine mammals and traveling the world.
Sara Cunningham will be in Japan drawing manga, and creating anime.
Jordan Davis will be hanging with his boys and their wives in the G.
Hannah Depoutot will be living in NYC or Boston, happy and starting a family. She will have a job as an occupational therapist helping people everyday!
Chris Derouen will be a cop or a physical therapist. He will have season tickets to the Bruins and will be at every home game.
Dan DiTomasso will be graduated from college and playing acey duecy with Brad.
Jennifer Doucette will be reporting for NESN.
Carly Dow will be married with two children, but people will still think she is dating Isaac Wood.
Michelle Driscoll will be living in a huge house with two big dogs in Maine.
Kelly Duggan will be remembering the day when she couldn't think of what to write for this and smile.
Tom Eckhardt will be in the dungeon with the crew.
Helena Eldoueihy will be wishing that she's married to Michael Jackson. She will have 3 kids, and probably still working at WOW .
Elizabeth Epstein will still be neighbors with Colin Gearty and Allison Ryan.
Joe Erker will be rich and probably sitting at Thibeau's with the boys.
Jayson Fadrigalan will be touring the world with the dub-step music that he creates.
Felipe Ferreira will be in his office working as a psychologist helping teens deal with their problems, traveling, and experiencing new adventures.
Daniel Flahive will be happy.
Alayna Fogg will be married with a couple of kids and enjoying life with friends and family.
Matt Foley will be either a failing actor living out of his car, a successful actor out in Hollywood possibly getting nominated for awards, or dead.
Pat Foley will have a good job with a nice house and a family, but still be making cape trips with the boys any chance he gets.
Sarah French will be living in Norwood with 5 kids, all named after Bruins players, living next to Kayla Keady and her 8 kids.
Tom Frey will still be living in Norwood, working full time. He hopes to keep in touch with all of his old friends; there are some good people.
Sabrina Gaita will be working in the field of criminal justice, living the life on a beach in Jersey.
Richard Gallagher will be helping people in Boston as an EMT.
Kayla Garczynski will be in Boston with Jill and Erin, who will stop playing softball and get jobs, otherwise she will be paying rent alone.
Charlotte Gassoway will have graduated from Grad School and finished her two year internship. She will be just about ready to set up her own practice.
Bryan Gearty will be living in Norwood teaching or running G Squared...or be a self made billionaire.
Tyler Gover will be living in Norwood, married with at least one child and another on the way.
Ryan Greeley will be a multi-millionaire and the General Manager for the Red Sox.
Lauren Harrington will be a famous talk show host, but still be neighbors with Samantha and Jackie.
Sara Higgott will have a business degree and will be working in accounting.
Ashley Holmes will be living in North Carolina, hopefully happy with a family and two dogs and a house right on Myrtle Beach.
Amanda Hughey will be a Dental Assistant, married with 2 kids, and living in a fat house.
Charlotte Huxter will be a high school adjustment counselor. She will be somewhere with a small indie fan base for her music.
Ryan Igoe will be preparing for the zombie apocalypse and retired, but you can find him sipping margaritas beach side in Bermuda with Rob Wood.
Allie Ippolito will be happily married.
Matt Ivory will be married, with kids on the way. He will also occasionally be back at the Cave with people having a good time.
Rodney Jean-Marie will be married to the most beautiful girl in the world, Arianna Woodley. Their first child will be named Maxwell. He will be in dental school, o
chilling in his parents house doing nothing.
Kayla Jones will be married with kids, and hopes her husband is rich so she can be a stay at home mom.
Kharm Joseph will be married with kids, pursuing criminal justice and owning her own dance business in more six different states.
Katie O'Brien will still be in Brittany's basement with the girls and Sammy.

Maria Katinas will be having her own real life version of My Big Fat Greek Wedding...except her Ian Miller will be Greek.
Kayla Keady will be a nurse working at a Boston hospital and traveling.
Chris Kelleher will still have to put up with Rachel.
Amanda Kelly will have graduated from medical school, and be planning a trip to travel the world.
Brianne King will be out of college and either an occupational therapist or a teacher. Hopefully married with kids, and of course, still living in Norwood.
Lizzie LaChance will be a dental assistant living with 9 cats.
Chris Little will be out of grad school either teaching drama or math.
Tom Little will have a successful job and will be leading a great life.
John Lynch will be in LA making movies with his friends and hopefully traveling to Asia every once and a while.
Ryan Marchant will still be chilling with his bffl Emmett, partying his face off.
Kaitlin McCarthy will be a physical therapist in Boston.
Samantha McCracken will be living out the Norwood dream. Still killing it on the tree streets with Jackie and Lauren.
Sam McGrath will be a eugoogolizer and speak at Walter Cronkite's funeral. If that doesn't work out he will sell his body parts for money on the black market.
Emmett McNamara will be hanging out with his best friend Ryan still getting in trouble and making poor decisions.
Erin Metayer will be out of school and working in a hospital.
Alexandra Metta will be living in South Carolina working at a children's hospital.
Evelyn Metta will be living in CA working for E! news with her husband and a baby on the way, watching Alex's kids while she works the night shift at the hospital.
Fernando Morales will have a kid and be married, doing something he loves, not having any regrets, and changing the world one person at a time.
Katherine Morrissey will be writing.
Daniel Moynihan will be rich and married to Hayden Panettiere.
Gretchen Mueller will be traveling and happy.
Tom Mulligan will be living the dream, whatever that may be.
Eva Ndreko will have traveled around the globe and will be living in the city. Obviously, Rachel Obeid will still be her best friend!
Lindsay Newcomb will be out of college and become a Kindergarten teacher, and have a very nice family.
Liam O'Brien will have a job and still be laughing at Mr. Lee's West Brom.
Jennifer O'Donnell will be sitting in Brittany Sullivan's basement with all of the girls.
Pat O'Rourke will be hanging with The Crew somewhere.
Rachel Obeid will be working as a full time dentist, while still living close to her family. And obviously, Eva Ndreko will still be her best friend!
Paul Panetta will be opening up a bar with Jmac....and that's it.
Amber Pelleteir will be a pop star.
Alex Perez will probably just end up owning his own company and live in NYC, or become the president of Guatemala.
Anthony Perriello will be very successful, happily married with a family of his own, and still in contact with his high school friends. He will not be living in MA.
Christina Piatelli will be living in NC, and owning a dance studio. Every Wednesday Ashley Holmes and the Metta twins will come over for pasta with pesto.
Gerry Pipes will be working for Google and taking his breaks on the slip and slide in the office.
John Pooley will be training for Archery as a Resident Athlete at the Olympic Training Center, or be carrying a camera through Afghanistan for ABC, CBS, or NBC.
Alicia Quintiliani will be a lawyer living in the North End getting her family and friends out of trouble as usual.
Shannon Reen will still be living in Norwood with the rest of the Reens!
Jennifer Rossman will finally be able to answer this question.
Allison Ryan will be finishing grad school, coaching lacrosse and living the life (outside of Norwood).
Devon Ryan will still be making Cape trips with the boys.
Brianna Saad will still be neighbors with Mr. Churchill.
Richard Saad will be rooming with his boys, chilling with the crew still having a good time. Having mad YOLO moments and having fun as usual.
Brigid Sandstrum will be fluent in Italian.
John Santisi will be out of the Marine Corps, all inked up, with his own house that Ciggy will be living in, a healthy family and will be working for a diesel company.
Mark Saulnier will be far away from Norwood, famous, and fighting his first title fight again Jon Bones Jones.
Jillian Shepherd will still be rockin sweatpants and sweatshirts everyday and living in Boston with Kayla Garczynski.
Molly Shilo will be living in the city writing for the NY Times.
Anna Shirosky will finish up medical school at the University of Washington and then intern at a Boston hospital, where she will become a successful neurologist.
Tamicka Smith will be living comfortably with Jahvon O'Neal and their beautiful daughter Aubrey!
Kaileen Spaulding will be working at ESPN and married to Ryan Begley, who will be a movie director in Hollywood. #TVproblems
Caitlin Stahl will possibly be overseas or still in school for her PhD.
Brittany Sullivan will be in her basement with the crew, eating.
Samantha Sullivan will be married and teaching second grade at an elementary school.
Kyle Sylvester will have to wait and see.
Mary Taggart will have completed college with no remaining loans, have a home and successful job that she is happy going to work everyday.
Matt Thibeau will be singing in a wedding band and enjoying the finer things in life with the boys.
Mikaila Tomlinson will be working at TMZ.
Heather Tyler will be a registered nurse, married and living in Norwood.
Elijah Vinson will be the owner of Bkvinny office solutions and live in Miami, Florida.
Christine Vlahos will be in Suffolk Law School sippin' sweet tea in Eddie Hernon's basement with the 5 guys and 3 girls.
Brianna Whelan will be working as a neonatal nurse and still going to Christine Vlahos for advice on everything.
Liz Whitney will be at SPoT.
Shannon Wilson will be living the dream in New York City with her best friends.
Dan Wiseman will be driving around in a nasty mini van and still eating all of Thibeau's food.
Danielle Wood will be a geneticist that has traveled the world in her profession. She will be settled down with a family and many dogs with funny names.
Isaac Wood will be on a grand adventure and happily living his life.
Rachel Wood will still be under 5 feet tall and annoying Chris.
Rebecca Wood will no longer share a car with her siblings. She'll still be everywhere on time, and annoyed with people who aren't, and will have a plan for her future.
Rob Wood will still be preparing for the zombie apocalypse while sipping margaritas beach side in Bermuda with Ryan Igoe.
Arianna Woodley will be traveling all over the world, engaged and have a career in marketing at a popular Internet company. She will have purchased her own town house and dream car. She will live in a warmer climate like Texas or California and also, start her own charitable foundation.
Robert Wright will be working at and owning a number of barber shops/salons. He will hold the world record for most slices of pizza eaten in a one hour section!!!

Mr. Man On The Hill

Mr. Man on the Hill 2013...

Mike "The Master of Soul" Breen



The Hosts: Colleen Morris, Robbie Way, Danielle Wood, and Rachel Wood

Alex "Your Friendly Neighborhood Spiderman"Hartgrove

Chris "The Piano Man" Kelleher

Shaun "Scal" Callahan

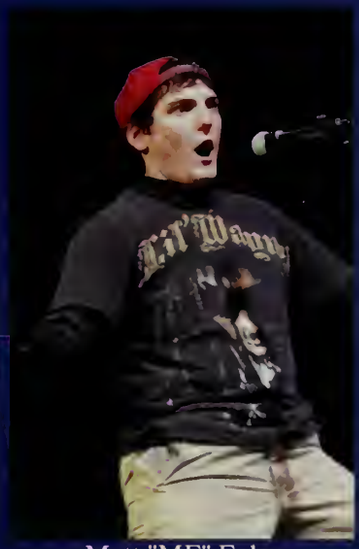
Eddie "The Batman" Hernon

Fernando "The Fern" Morales

The Contestants

Leo "The Blasier" Blais

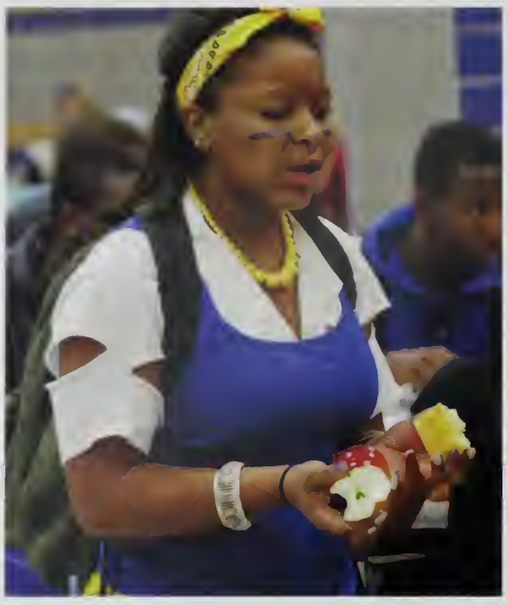
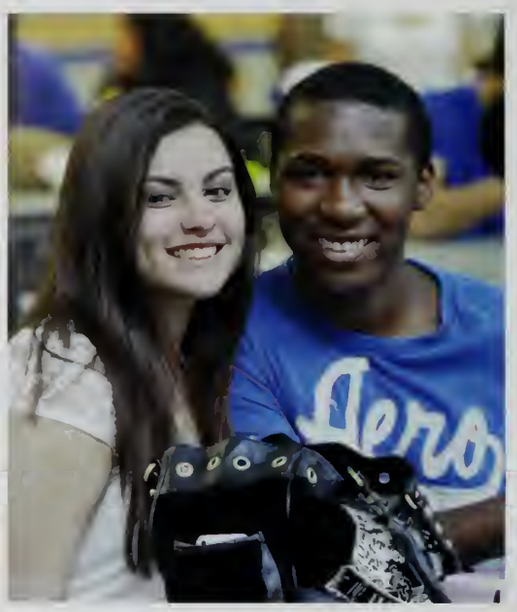
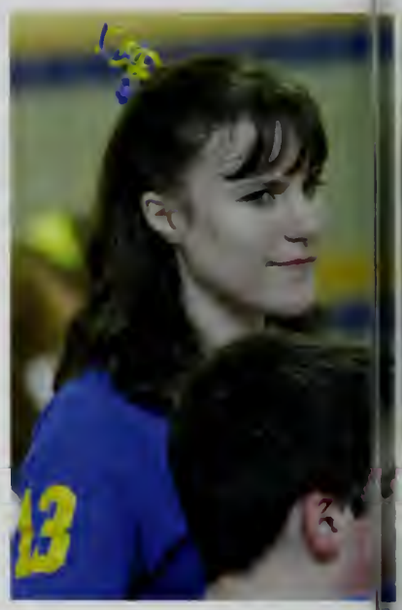
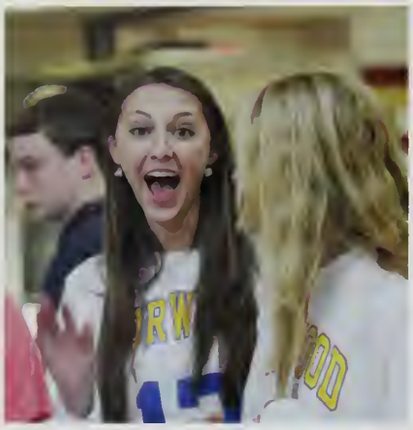
Matt "Shwam" Thibeau

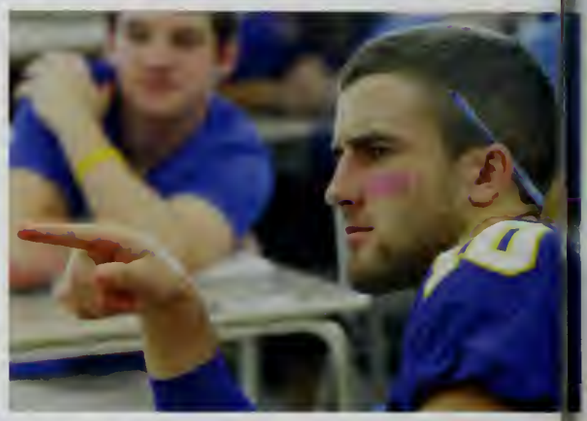


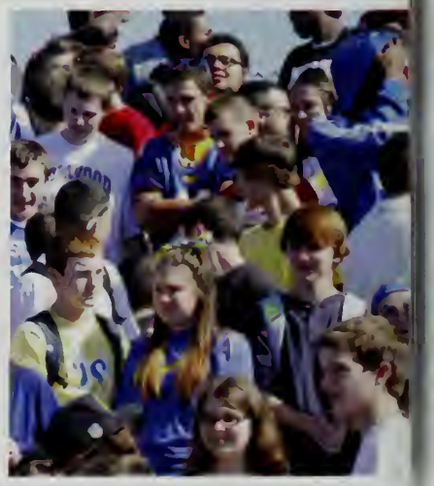
Matt "MF" Foley

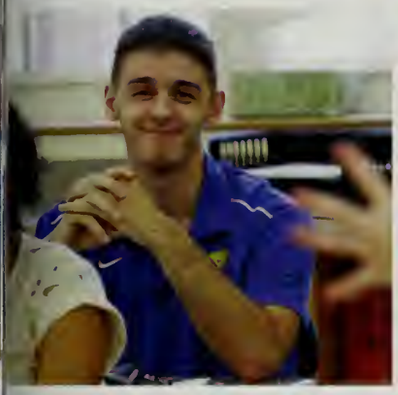
Stephen "Chizzy" Chisholm

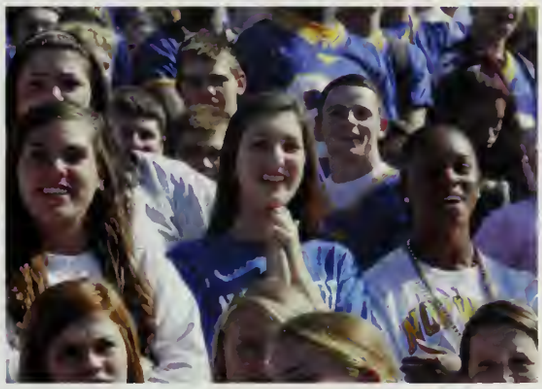
Mike "The Master of Soul" Breen

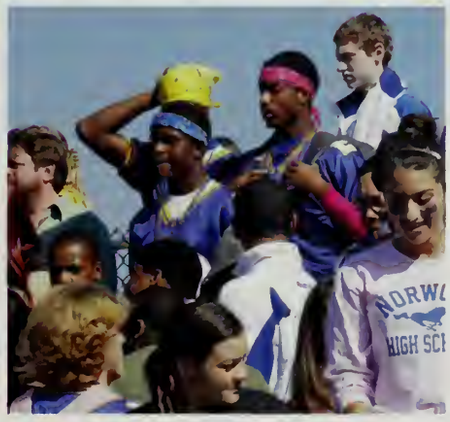





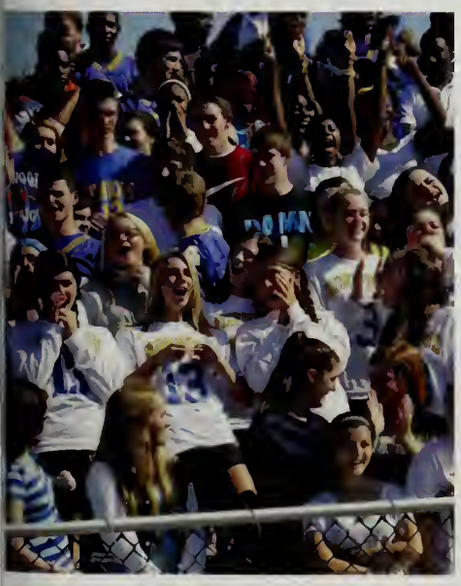


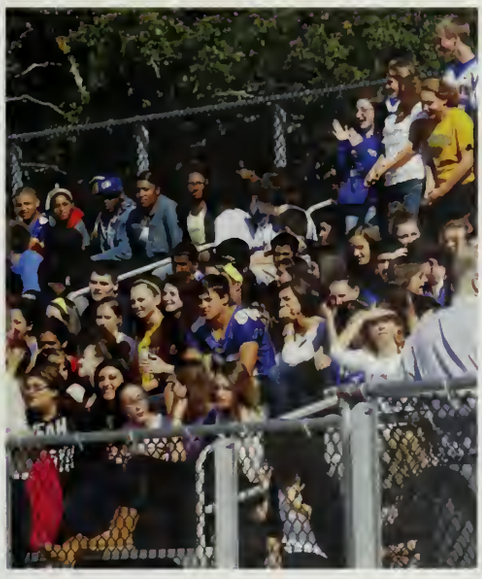










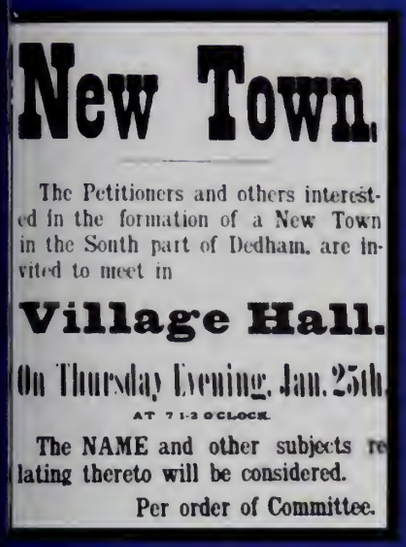


You Know You're From Norwood When...

You're born with a hatred for Walpole - You go to the Norwood vs. Dedham Thanksgiving game every year - You've done a car wash fundraiser in "the lot" - You, your parents, and your grandparents have all had the same teacher - You have a Mustang sticker on your car - Norwood Day is considered an actual holiday - You've had the "best chicken salad" from D&G Deli - YOLO is a part of your everyday vocabulary - You know every speed trap in town - You wait in line at SPoT for 20 minutes to get a coffee - You go to the town common for prom pictures - You are a Twitter hero - Friendly's is a place of celebration - You don't go to Cape Cod, you go down the Cape - You're in a Facebook group called You Know You're From Norwood When... - You spent all of middle school at Kelly and Wall Fields - You've had a banquet at the OCC - You played youth soccer growing up - You refer to Route 1 as The Automile - You know somebody who is salty - You always eat at Conrads - You can never decide on going to the Mug or Murph's for breakfast - You still refer to the Sweeterie as Ice Jack's

What is TIOT!?

TIOT (pronounced "tie-ot") originates from the language of the native Neponsets, a branch of the Algonquin tribe. Translated to "enclosure of waters," the term refers to the fact that Norwood is surrounded by water on three sides by streams and a river.


New Town.

The Petitioners and others interested in the formation of a New Town in the South part of Dedham, are invited to meet in

Village Hall.

On Thursday Evening, Jan. 25th,

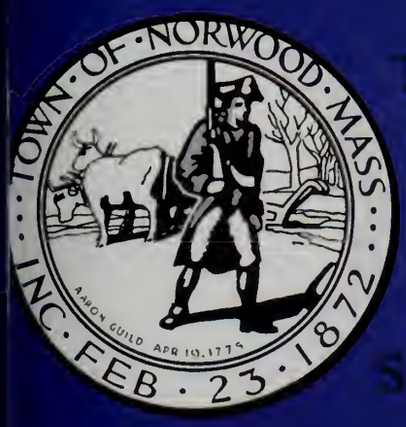
AT 7 1-2 O'CLOCK.

The NAME and other subjects relating thereto will be considered.

Per order of Committee.

The first few settlers of the Norwood area situated for the most part on the fertile land besides the Neponset and along the Traphole and Hawes Brooks. The settlers gradually transformed the wilderness into a small, self-contained village that came to be known as TIOT.

Around the 17th century, TIOT became known as a nickname for the Hawes Brook area, which is now known as South Norwood. In 1639, TIOT was a part of Dedham along with 14 other communities in southeastern Massachusetts. The Town of Norwood was officially formed in 1872.



Today TIOT remains a visible symbol of town pride as it has been the name if the yearbook since 1939. This year we celebrate 75th edition of the Norwood High School TIOT yearbook.

FACULTY SPONSORS

Don Oliveira
Mr. John Casali and Family
Kristen McDonnell
Molly Barefoot
Beth Goldman
Mrs. Keegan
Jim and Michelle Sweeney
Gail and Caril Weinstein
The Shilo Family
George and Dianne Usevich
Jeanne Morrison
Natasha Ganson and Family
Anne Marie Busler
Paul Betz
Diana Flemer
Jan Cohn
Jessica A. Flaherty
The Glynn Family
Mr. and Mrs. Richard Mobley
Justin Evans

Ann and Bob Calligan and Family
Julie Shore and Family
Mary Bioardi
Mrs. Lauren Coville
Mrs. Cindy Derrane
Mrs. Jessica Kaplan
Katelyn Gallo
Rebecca Newman
Vanessa Harvey
Susan Fox
Chrissy LaRaia
Sarah Malinge
Molly Uppenkamp
Jennifer Orlinski
Eliza Crimmings
Elsa Apostoli
Kate Danner
John O'Connor

Guess who?

1

2

3

4

5

6

7

8

9

10

11

1. Arianna Woodley 2. Devon Ryan 3. Ryan Chamberlain 4. Britney Cadiz 5. Ashley Holmes 6. Robby, Rebecca, and Rachel Wood 7. Samantha McCracken 8. Emma Campbell 9. Jackie Bussiere 10. Shannon Keen 11. Kelly Duggan

2. Jill Shepherd 13. Danielle Wood
4. Julie Cordero 15. Kayla Jones 16.
Matt Ivory 17. Arumy Pereira 18.
Samantha Sullivan 19. Jason Matovu
0. Alex Cubelli 21. Brittany Sullivan

12

13

14

15

16

17

18

19

20

21

22 23 24 25

26 27 28

29 30 31 32

22. Kamara Craig 23. Gretchen Mueller
24 Pat Foley 25. Dominique Nordquist
26. Kharm Joseph 27. Jenny O'Donnell
28. Chris Kelleher
29. Charlotte Gassoway 30. Cassie
Vinson 31. Melissa Amorim
32. Brianna Saad

Parent Ads

Congratulations!

We are very proud of you. Keep fighting one day at a time.

Love,
Mami, Papi and Isabel

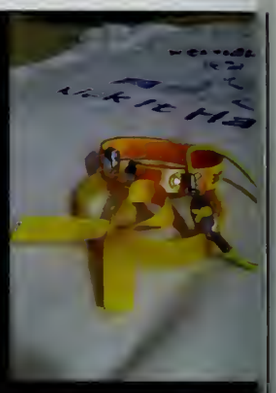
Fernando Morales

Fernando's Fight

Thank you NHS students, faculty, administrators, and other staff for all your generosity and support.

Congratulations Class of 2013!

From: The Morales Family

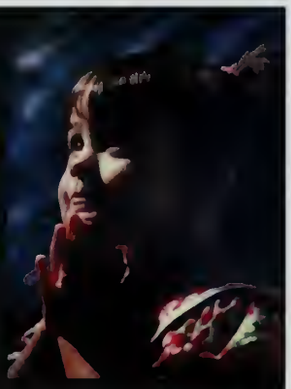


Fernando's Fight

Brianna,

We are all so very proud of you. You are a determined young lady. We love you so much and want the best for you. You can accomplish anything that you set your mind to. Congratulations!!

Love, Mom, Dad, Richie, and James

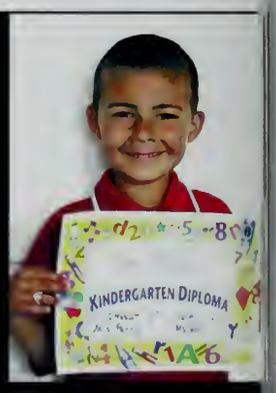


Brianna Whelan

Congratulations Jason.

We are all so proud of you. We are confident you will continue to succeed in life.

Love,
Mom, Dad, Rob & Mike



Jason McGuire

Congratulations Isaac!
We are super proud of you and all you have accomplished. Great adventures lie ahead of you, so take what the world has to offer and live from your heart with a passion for what you do, kindness to others, and generosity of spirit. You are sure to be a success!

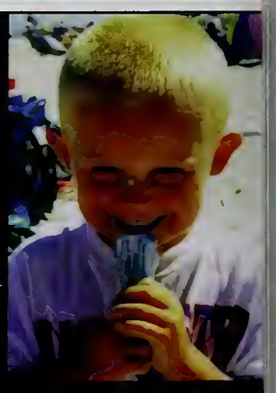
Love, Mom, Dad and Kat

Isaac Wood

We can't believe our last baby is graduating. We luv ya lots Steve and we are very proud of you. M and M will tell you that you are the best little brother ever!

Luv ya oceans and oceans,

Daddy Mama Mikey and Melissa



Steve Chisholm

Colin Gearty

""If you can imagine it, you can achieve it; if you can dream it, you can become it."

Reach for the stars Colin !

We love you !
Dad, Mom, Siobhan, Dianne, Eileen, Michael, & Owen

Kelsey Colbert

Hats off to you, Kelsey!

Love,
Mom and Dad

Shaun Callahan

We are so proud of you and all that you have achieved. With your confidence, strength and kind heart, we know you are destined for greatness. Follow your dreams, your heart, your passion and happiness and success will follow.

Love you,
Mom, Dad and Stephie

Aidan Cullinane

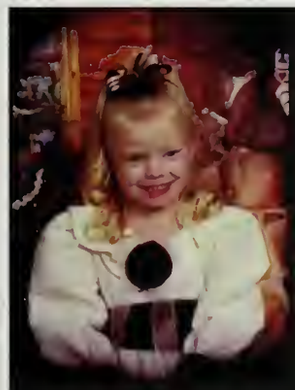
What you really want in life never comes easy. So NEVER give up...and always give more than you receive. We are very proud!

Love, Mom and Dad

Sarah Lussier

Sarah,
We are so proud of you.
Congratulations!
We Love You.
Mom, Dad, Steven & Cristina

"Life moves pretty fast. If you don't stop and look around once in awhile, you could miss it."



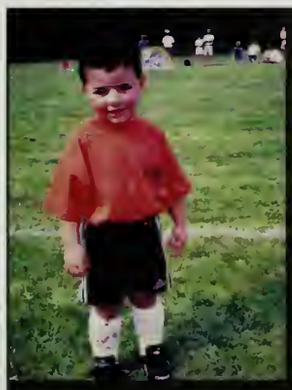
Sydney Cherella

To my lovely daughter Sydney who far exceeded any and all expectations I might have had for her. You are a remarkable. beautiful, smart, and a very funny, young lady. I love you with all my heart and hope you find all the love and joy this world has to offer. Your father would be extremely proud of you and I'm sure he's smiling down on you.
With all my love,
Mom xoxo

Lauren Harrington

Congratulations, Lauren! We hope your future is as bright as your smile. Always enjoy your NHS memories, but go on knowing there is so much out there waiting for you. Dream big and follow your heart--you can do anything you set your mind to. We love you and are with you every step of the way, baby girl.

Love, Mom and Dad



Tyler Goncalves

Congratulations Tyler on your accomplishments. We are proud to be you parents . Love you always.

Love, Mom and Dad

Congratulations Shannon!

We are all so very proud of you and all you have achieved. Looking forward to the next chapter in your life and know it will be a rewarding and successful one for you. We love you so much!

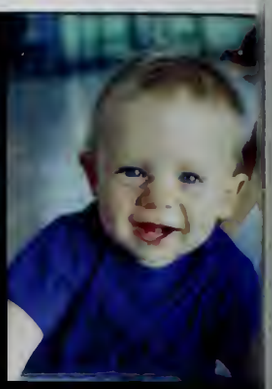
Mom, Dad and Sarah

Shannon Wilson

Johnny ,

We are so proud of all you have accomplished. Follow your dreams!

Love,
Mom and Dad



John Pooley

Congratulations Anthony! We are so proud of the amazing young man you have become. You always keep us smiling.

We love you!

Love,
Mom, Dad, and Alyssa

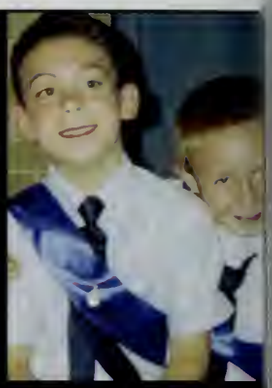
Anthony Delmonaco

Family from the beginning...Friends til the end!

Congratulations Bryan. We are so proud of you. May all your dreams come true.

We love you !

Patrick, Maureen, Siobhan, Dianne, Eileen, Michael, Owen and Colin



Bryan and Colin Geart

Congratulations Sabrina!

Mom and Dad could not be more proud of you. you've overcome so many obstacles and adversity.

Best of luck baby girl!

Love you, Mom and Dad

Sabrina Gaita

Congratulations Jen!
We are so proud of you, follow your dreams, and most of all be happy.

We love you!

Mom, Dad and Samantha

Jen Doucette

Congrats! Watching you grow had given us so much pride. Remember to stay true to yourself and show the world your great smile. We wish you only happiness and success in your future!

Love, Mom, Stef, Dan, and Sabrina

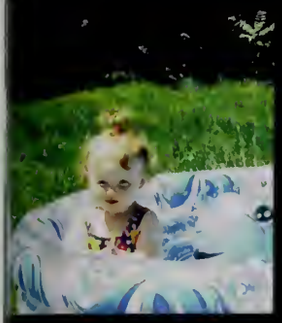
Alex Cubelli

Jessica,
Wishing you the best in everything you do.

I am very proud of you.

Love, Nana

Jess Gorman



Lauren Cullinane

Congratulations! To our sweet baby girl you have been the light of our life from day one. SO PROUD OF YOU!

Love, Mom and Dad

Sam McGrath

It's been very fulfilling to witness you grow and mature over the past 18 years to be the young man you are today. Your great personal qualities and accomplishments bring us much joy.

You make us proud and we love you,
Mom and Dad

Eric Muller

We are so proud of what you have accomplished and the young man you have become. A world of opportunity awaits you. Take advantage of it. Savor every moment and be true to who you are.

We love you so much,

Mom, Dad and John

Thomas Eckhardt

Thomas,
Where has the time gone? It seems like yesterday we were at pre-school graduation and now here we are at high school graduation. We can't describe how proud we are of all your hard work and successes. We wish you luck with your future accomplishments, we are proud to call you our son. Love you up to the moon and back!
Mom, Dad, Matt, and Lola

Brianne King

We are very proud of you Brie!

We wish you a very bright, happy and healthy future.

Love, Mom, Christopher, Michael and Jennifer

Alayna Fogg

Alayna, We are so proud of all you have accomplished and the beautiful young lady that you are becoming. Always believe in yourself, keep smiling and know that we are always here for you. Now go make all you dreams come true. We love you.

Love,
Mom, Dad and Steph

Ryan Igoe

Ryan,

Congratulations! We are all so proud of you and of the person you have become. Good luck in college we know you will do great! We love you!

Mom, Dad, Jayme, and Jack

Ryan Marchant

Ryan,

Congratulations on your graduation. It is hard to believe that the "baby" of the family is graduating high school. You have a wonderful and exciting future ahead of you! We are very proud of you!

Love,
Mom, Dad, Billy and Nicole

Tom,

We are so proud of all your success over the years.
We love you.

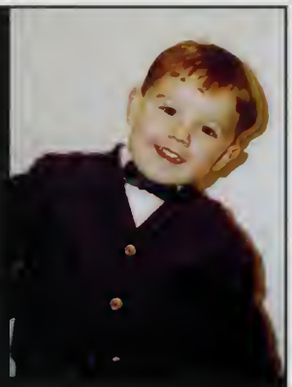
Mom, Dad, Katie and Chris

Tom Little

Christopher,

We are very proud of all you have accomplished over the years. We love you.

Dad, Mom, Katie and Tom



Chris Little

Bryan and Colin Gearty

Congratulations Bryan and Colin!
We are so proud of you.
"Don't Blink."

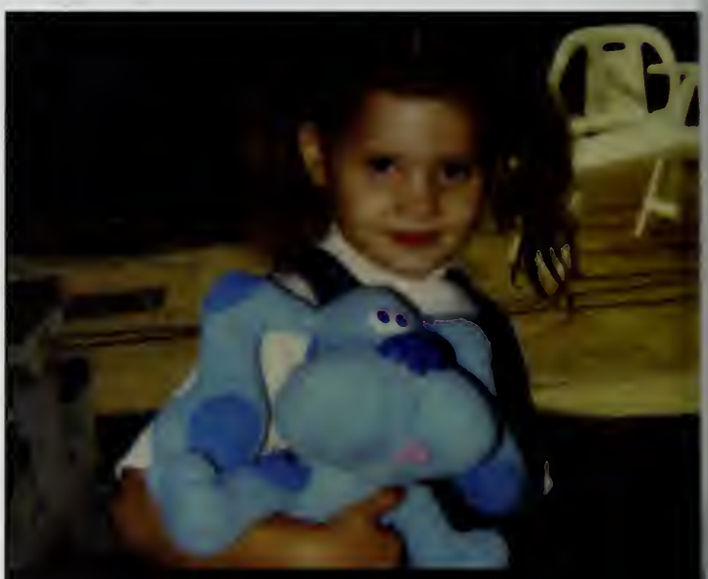
Love,
Mom and Dad

Katie Taggart

Katie,

We are so proud of what you have accomplished and know that all of your dreams will come true if you have the courage to pursue them.

All our love, Mom and Dad



Charlotte Gassoway

Charlotte, we are so incredibly proud of you. Independent and intelligent, you have never shied away from hard work and hav always strived to be the best you can be. You have already accomplished so much, but there are even greater things in you future. We look forward to the day you accomplish all your goals. We love you!

Dad, Mom, Teresa, Nick and Greg

Rebecca, Rachel, and Robby Wood

18 years ago Dad and I wanted to break the tie but instead of a 3rd child we got 3 more children. It has been triple the work but also triple the joy, triple the fun, and triple the rewards. we are very proud of the 3 fine adults you have become and hope you embrace what the future has to offer. You have made us both very proud.
Love, Mom and Dad

Kaileen Spaulding

Best of luck to Kaileen and the class of 2013.
Go confidently in the direction of your dreams. Live the life you've imagined.

Best of Luck,
Mark, Nancy & Erin Spaulding

Jessica Gorman

Jessica,

You have always made us so proud and continue to do so. We wish you all the best as you follow your dreams.

Love, Dad, Mom, John, and Kileigh

Heather Folan

Heather,

Congratulations! We are so proud of the caring and loving person that you have become! Always follow your heart and all your dreams will come true! We know you will make a difference in this world!

We love you, Mom, Dad, Brittany, and Lila! xoxo

Colleen Morris

Colleen,
Your family is SO PROUD of the smart, beautiful, young woman that you have become. I know you will succeed wherever your college path takes you!! I believe in you!! Do what you love- love what you do. Be happy in life.
xxxooo Mom

Amanda Blood

Amanda,
We are so proud of you!

Dare to follow your dreams wherever they may lead you.

Congratulations!

Love, Mom & Dad

Maria Katinas
and
Nick Katinas

Congratulations Nicholas and Maria!

We thank God for you and for the goodness and joy you have brought into our lives and the lives of others.

May God bless you with many, many years of health, happiness, peace and progress in faith and in life! We love you very much!

-Mom, Dad, Catherine and Aggie

Kelly Brown

Congratulations Kelley!

We are so proud of the woman you have become. You have worked hard, now it is time to spread your wings and fly. Keep smiling and dream BIG.

We love you very much.
Mom, Dad and Matt

Brendan Ross

Congratulations, Brendan! We are so proud of you. The road is your journey. The path is the decisions you make. Travel with an open mind and a kind heart and prepare for all of life's offerings. Opportunity and obstacles are a nourishment, they make you grow. Blessings for a full life and the bounty before you.

Love, Mom, Dad, and Julianne

Chris Kelleher

Chris,

Congratulations! We are so proud of you and the strong, confident, and talented young man you have become. A true leader!

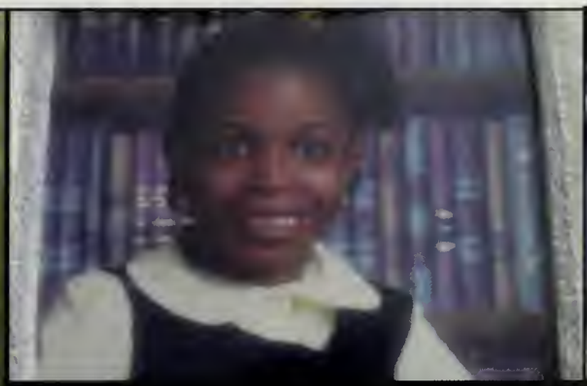
Love, Mom, Tim, & Alli

Anna Shirosky

Cute as a button then,
cute as a button now!

Congratulations, we are so proud of you.

Love, Mom and Dad



Kharm Joseph

I have watched you grow into a mature young lady. Words cannot describe how proud I am of you. Nothing means more to me than your happiness, nothing makes me more proud than everything you are ready to accomplish and succeed in. One thing I can say to you from the bottom of my heart is:

Je t'aime et je vous souhaite tout le meilleur. Que Dieu vous benisse dans ce voyage a travers la vie parce que je suis derriere vous a chaque etape.

I love you and I wish you all the best. God bless you on the this journey through life 'cause I'm behind you every step.

Love,
Mom

Shannon Reen

Shannon,

Congratulations on a great four years at NHS! You are an amazing young woman who will go far in life and be surrounded by many people who love you always. We are so proud of you. Good luck in college and yes we will come visit you on your birthday!

We love you!

Mom, Dad, Meghan, Kaylin, Stephen, Erin & Lauren

Kayla Keady

Congratulation Kayla!

We are so proud of you!

Love always, Dad, Mom, Alanna, and Paul xoxo

Good luck Seniors!

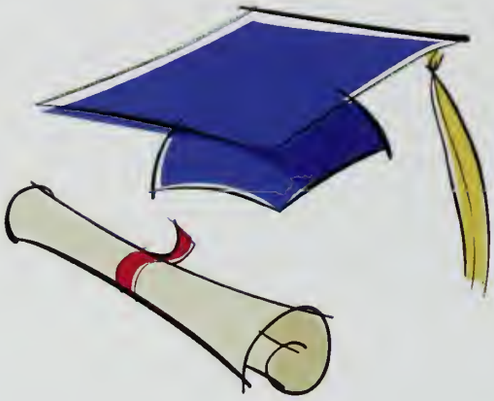
"Way to go, Class of 2013"

Best Wishes for continued success in the future

The Norwood High School Boosters

Supporting all Norwood High School Athletes for over 25 Years

Congratulations Norwood High School Class of 2013



We wish you every success as you begin a new chapter in your life.

11 Central Street Norwood MA 02062 781-762-1800
Member FDIC www.norwoodbank.com Member SIF

NORWOOD LIGHT
BROADBAND
We are - "The Local Guys"

Norwood Light Broadband congratulates the Graduating Class of 2013!!!

The Town of Norwood invites you and your family to join to join the thousands of Norwood residents who already enjoy low guaranteed prices and superior customer service.

- **Digital Cable TV**
- **High-Speed Internet**
- **Unlimited Telephone**

Switch now, save money and help your town!!!

CALL **781.948.1120** TODAY
AND SWITCH INTO ONE OF OUR LOW-COST BUNDLED PACKAGES!

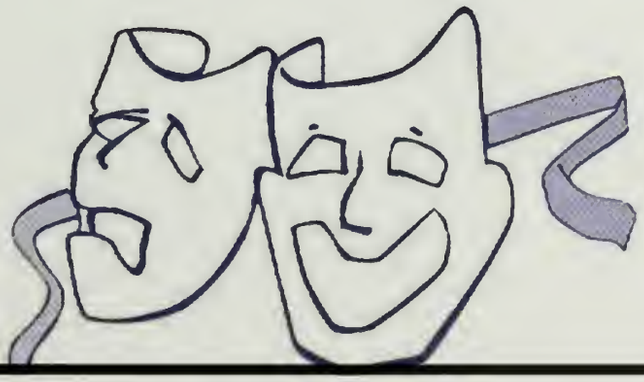
OR VISIT **www.norwoodlight.com**

GOOD LUCK TO THE CLASS OF 2013

NHS SADD

Senior Officers: Fernando Morales, Chris Kelleher, Rachel Wood, and Eric Muller

Best of luck to the Class of 2013! from the Backstage Boosters



EMBROIDERY
SCREEN PRINT &
PROMOTIONS

STRAIGHTSTITCH

www.straightstitch.net

"We make you look great!"

Let us be your only source for customized apparel and promotion needs.

GOLF OUTINGS — WORK WEAR
CORPORATE WEAR — SCHOOL EVENTS
SPECIAL EVENTS — FUND RAISING
UNIFORMS — TEAM SPORTS

Come in today and ask us about our specials!

781.762.3344
710 WASHINGTON STREET
NORWOOD, MA

Norwood High School
Anime Club
アニメクラブ!

Officers:
President: Sara Cunningham
Vice President: Dina Delic
Secretary: Rouba Ohid
Treasurer: Meredith Bragg

Congratulations

NORWOOD PROFESSIONAL FIREFIGHTER
LOCAL 1631
MASSACHUSETTS

Class of 2013

Mr. Frank's Food Mart
and Gas Station
917 Washington Street
Norwood, Ma. 02062
Honey Dew Donuts drive-thru
Now Open

HONEY DEW DONUTS

Congratulations class of 2013!
Good Luck

DANNY, LUKE, SARAH, LAUREN, JACKIE, TJ, JD, ANTHONY AND KENNY

DAN BUSLER
PHOTOGRAPHY
617.435.2803

www.danbuslerphotography.com

WEDDING - PORTRAIT - THEATRICAL
ENGAGEMENT - KIDS - FAMILIES - HIGH SCHOOL SENIORS - HEADSHOTS

Congratulations Seniors

NORWOOD GRIDIRON CLUB

P.O. Box 33

President: Mitch Miller
Vice President: John McGowan
Secretary: Karen Shilo
Treasurer: Ed Hickey

Norwood Teachers' Association

President: Jodi Smith
Vice President: Ann Marie Busler
Secretary: Erica Lockwood
Treasurer: Charlie Haffey

Best of Luck to the Class of 2013

"We touch the future.
We teach!"

Congratulations
Class of 2013
From The Norwood PTO

President -- Sarah Sullivan
Vice President -- Jane O'Donnell
Treasurer -- Maria Mueller
Secretary -- Amy Campell

NORWOOD DIAMOND CLUB

P.O. Box 33

President -- Ed Hickey
Vice President -- Mike Cawley
Secretary -- Tracy Black
Treasurer -- Bill Marchant

NORWOOD
THEATRE

The Norwood Theatre Congratulates the Graduates of the Norwood High School Class of 2013!

NORWOOD
NORWOOD
FOOTBALL
53
13
13
10
2
0
C
L
a
S

STAY CLASSY, NHS.

Norwood Staff

Editor-in-Chief Chris Kelleher

Adviser Ms. Lozinski

Rachel Wood

Fernando Morales

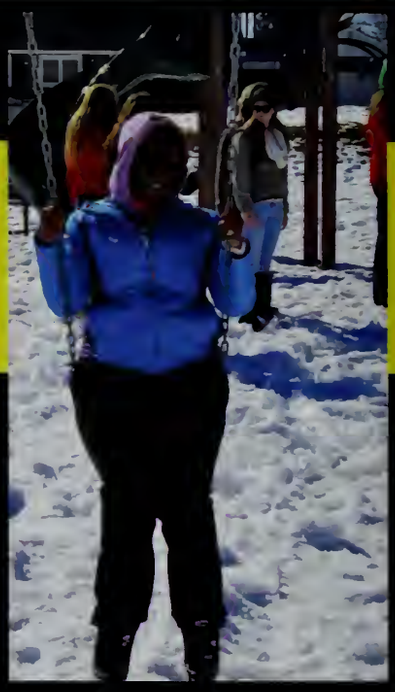
Yearbook '13

Kayla Keady

Sarah Lussier

Rebecca Wood

Kharm Joseph



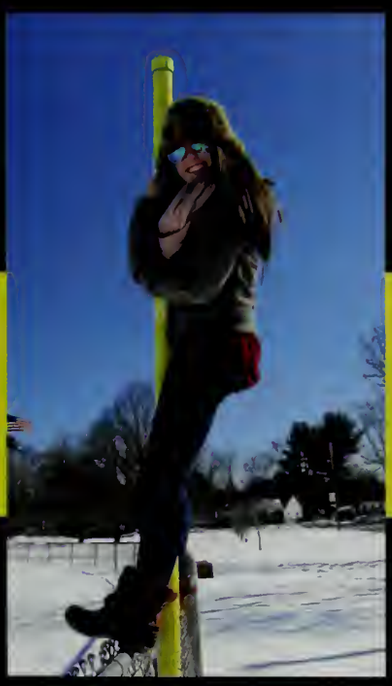
Arianna Woodley

Samantha Sullivan

Danielle Wood

Britney Cadiz

Amelia Cooper



Amanda Blood

A Final Thank You

The Norwood High School TIOT staff would like to extend our sincerest thanks to all who contributed to the 75th edition of the TIOT, including Mr. Usevich, Mrs. Weinstein, Ms. Drummey, Ms. Shore, Elizabeth Epstein, Colleen Morris, Tyler Goncalves, Dan Busler, Terry Blieler, and our new, super helpful LifeTouch representative Peter Greer for helping us learn how to make a better yearbook.

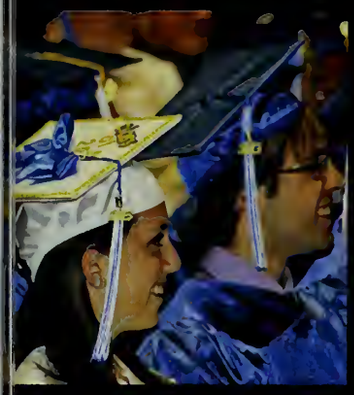
The 2013 TIOT staff would also like to say thank you to Ms. (Lozinski) Treloar for her first full year as yearbook adviser. Ms. Treloar dedicated her weekends, vacations, weeknights, early mornings before class, and prep periods to make sure this yearbook was perfect for us. Without her there would be no yearbook!

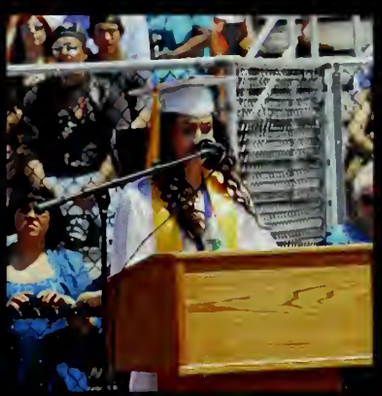
Ms. Treloar would like to thank every senior she bugged for a writeup, photo, or photo identification, and especially wants to thank Honorary Yearbook members Jenny Rossman and Dan Wiseman. Period 7 will never be the same.

Good luck and best wishes, Class of 2013!

Kimberly Acloque · Righteous Agbontaen · Bryan Alighieri · Brendan Altieri · Melissa Amorim · James Amos · Ryan Anderson · Jessica Arruda · Walter Aspinwall · Lennesie Aurelien · Jessica Bailey · Madeline Barneke · Lindsey Barrett · Samantha Barry · Miranda Bartkovich · Hericksson Batista · Ryan Begley · James Bellande · Sara Bennett · Marvin Besley · Leo Blais · Amanda Blood · Robert Boucher · Stephen Bourgeois · Michael Breen · Christopher Brissette · Justin Brown · Kelley Brown · Hanif Browne · Jhunaiah Bryant · Tyler Buckman · James Bui · Thomas Burke · Xaviar Burs · Joseph Burt · Jacqueline Bussiere · Britney Cadiz · Shaun Callahan · Emma Campbell · John Campbell · Christina Cange · Maria Caprigno · Kerrianne Cardinal · Javier Cardona · Louis Casiano · Ryan Chamberlain · Michael Chammas · Sydney Cherella · Stephen Chisholm · Jonathan Ciavattone · Corey Cignarella · Ryan Clapp · Melissa Clarke · Kelsey Colbert · Karyn Colomey · Amelia Cooper · Julie Cordero · Kamara Craig · Kaylee Crimmins · Kimberly Crockett · Alessandro Cubelli · Aidan Cullinane · Lauren Cullinane · Ashley Cunningham · Sara Cunningham · Marcello D'Aloia · Jordan Davis · Paola De Oliveira · Escarlleth De Siqueira · Anthony DelMonaco · Hannah Depoutot · Christopher Derouen · Lauren DeSilva · Alix Dieudonne · Daniel DiTomasso · Jennifer Doucette · Carly Dow · Michelle Driscoll · Kelly Duggan · Thomas Eckhardt · Helena El Doueihy · Imadeddine El Halawani · Elizabeth Epstein · Joseph Erker · Hoprah Exavier · Jayson Fadrigalan · Ryan Fahey · Ashley Felix · Courtney Fernandes · Arminda Ferreira · Felipe Ferreira · Daniel Flahive · James Flynn · Rourke Flynn · Alayna Fogg · Heather Folan · Matthew Foley · Patrick Foley · Elizabeth Francis · Stephanie Francis · Sarah French · Thomas Frey · Sabrina Gaita · Richard Gallagher · Pamela Gamboa · Kayla Garczynski · Lonsdale Garrison · Charlotte Gassoway · Bryan Gearty · Colin Gearty · Thomas George · Tyler Goncalves · Jessica Gorman · Tyler Gover · Johnathon Gray · Ryan Greeley

Spring Supplement





2013

Volleyball
Boys

The 2013 season was momentous for the eleven members of the varsity team. Producing the strongest record of the last ten years, the team went 9-0 at home during the regular season. Led by co-captains Bryan Gearty and Colin Gearty, this season's team had both experience and skill. Each game, junior Danny Porter led the team on the court as the setter. The starting rotation included seniors Rodney Jean-Marie, Pat O'Rourke, Bryan Gearty and Nick Pietrzak in addition to junior Charlie Crockett and sophomore Kevin Perry. The team received additional support from defensive specialists Colin Gearty and Ian Quintana and middle hitters Ryan Chamberlain and Brad McIsaac. Two of the most significant wins this season came from home matches against Newton North and Needham. Winning both games in five, Norwood volleyball proved themselves as a top competitor in the Bay State Conference. Earning a #4 seed in tournament with a 14-4 record, Norwood hosted Newton North at home. In a gym full of students, parents and supporting community members, the team played with heart. Despite a difficult end to the night, loss 3-2, the athletes brought great pride to their community and reinvigorated a passion for volleyball. Congratulations to the seniors and thank you for a wonderful season!

This season's award winners included: Bryan Gearty MVP, Colin Gearty Coach's Award, Rodney Jean-Marie Unsung Hero.

Captains: Bryan Gearty and Colin Gearty

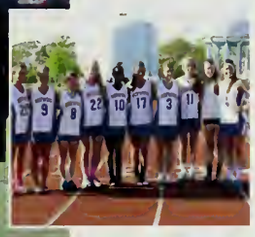
Top Row: Coach Ms. Coville, Ryan Chamberlain, Kevin Perry, Pat O'Rourke, Charlie Crockett, Rodney Jean-Marie, Brad McIsaac, Coach Mr. Nimblett
Bottom Row: Bryan Gearty, Nick Pietrzak, Colin Gearty, Ian Quintana, Danny Porter

Lacrosse
Girls

The 2013 girls lacrosse team was led by Head Coach Catilin Harrington, Assistant Coach Sarah Griffin and Goalie coach Dan Loughlin along with Captains, Kesley Colbert, Alayna Fogg and Alison Ryan. The mustangs had a strong season with great performances by Seniors Courtney Fernandes, Arianna Woodley, Brittany Sullivan, Brianna Saad, Jenny O'Donnell and Jenny Rossman. A team highlight was the game against Newton North that led the stangs to qualify for tournament and also a big win on Senior Day. This team had a strong bond with one another and it lead to so many great outcomes. The seniors will be greatly missed next year! "Fight, Score, Win, Together!"

This year Senior Arianna Woodley was awarded Unsung Hero along with Courtney Fernandes getting Most Improved and Alison Ryan with Most Valuable Player. Aside from those we had Alayna Fogg with defensive player of the year, Brittany Sullivan with Offensive player of the year and Kesley Colbert winning the Captains award.

Captains: Alayna Fogg, Alison Ryan, and Kesley Colbert



Top Row: Goalie Coach Dan Loughlin, Coach Sarah Griffin, Chesley Gundlach, Maure O'neil, Lisa Moynihan, Kasey Smith, Shannon Gillis,, Julia Copponi Ashley Conley, Valerie Quinlan, Sammy Hayes, Shelia Carrol, Head Coach Catilin Harrington
Middle Row: Megan Shaughnessy, Victoria Giambanco, Courtney Fernandes, Brianna Saad, Brittany Sullivan, Arianna Woodley, Jennwoodley Jennifer O'Donnell, Jennifer Rossman , Veronica Alley
Bottom Row: Alayna Fogg, Alison Ryan, Kesley Colbert

Lacrosse
Boys

The Norwood High School Boys' Lacrosse team did not have quite the season they were looking for, but still had a lot of fun over the course of the season. The boys started off the season by losing captain Brendan Altieri to injury. The team went 3-15 over the season with wins over Dedham, Milton, and Weymouth. The team received strong efforts from Senior Emmett McNamara, Sophomore Danny Farrell, Senior James Flynn, Freshman Zac Pungitore, and Junior Steven Gross. The lacrosse team is looking forward to a new season, where we hope to regain dominance. We wish all of our seniors the best of luck and health in college. Go Mustangs!

Top row: Coach Joe Gironda, Coach Tim Ciyokis, Sean Conway, Danny Farrell, Stephen Gross, Jamie Leanos, Mike Roy, Karl Baer, Connor Prendergast Coach Anthony Roman
Middle row: Mark Murray, Brendan Walsh, Zac Pungitore, Mundo Piatelli, JJ O'Donnell, Mike Scavatto, Tim Kent, Eric Sullivan
Bottom row: Tom Mulligan, Stephen Lynch, Jimmy Flynn, Emmett McNamara, Danny Moynihan, Sam McGrath

Softball strikers

The softball team had an outstanding season, making it to the tournament for the fourth year in a row while regaining the title of Bay State Herget division Champs. The key to this year's success was the leadership and quality play by senior captains Syndey Cherella, Kelly Duggan, Jess Gorman, Makenna Lane, and Jill Shepherd. Shepherd dominated on the mount with great fielding behind her. Lane completed four years of varsity plan with solid performances at short stop. The offensive work of Groman and Duggan with their consistent big hits, and Cherella with key punches helped create a wining season. With a win against Dedham to secure a place in the tournament and a win against Natick for the Bay State Herget division title, the team earned a record of 14 wins and 6 losses. The season came to an end in the second round of the tournament with a close game with King Philip High School. Lane, Shepherd, and sophomore Eric Garcynski were named league All Stars for the Bay State League. The seniors will be missed, and we wish them all the best.

Captains: Sydney Cherella, Makenna Lane, Jessica Gorman, Kelly Duggan, and Jillian Shepherd

Top Row: Sydney Cherella, Emily Flavin, Kara Shea, Emily Bonaccorso, Alyssa Chamberlain, Jillian Shepherd, Kelly Duggan, Katie O'Donnell, Nicole Butts
Bottom Row: Makenna Lane, Jessica Gorman, Kasey Michael, Kristina Michael, Erin Garczynski, Kristen Flynn, Emily Johnson, Devan Murphy

Baseball
batter up

The Mustangs baseball team had another strong spring, led by an impressive 19 senior players. The team got stronger as the season went on, winning the final five games of the season, including victories over ranked opponents Newton North, Walpole, and Xaverian, to finish the season at 16-4. This record was good enough to earn a Bay State Conference championship. For the second year in a row, a Norwood player was named Bay State Herget MVP, as Kenny Michael took home this honor. Kenny Michael, Rourke Flynn, Tyler Gover, Anthony Perriello, and Mark Saulnier all earned a spot as Bay State Conference All-Stars, with junior Joey Rydzewski earning honorable mention. Finishing a season full of accolades, the Mustangs headed into the state tournament as a #2 seed in the Division I South bracket. After knocking off the defending state champion, Xaverian, they lost a heartbreaker to Dartmouth, 4-3. Though an earlier exit than planned, it was a season filled with both great fun and success.

Captains: Kenny Michaels, Mark Saulnier, Anthony Perriello, and Jordan Davis *(not pictured)*

Top Row: Head Coach Kevin Igoe, Ryan Greeley, Mark Saulnier, Kenny Michaels, Anthony Perriello, Dan Flahive, Pat Foley, Richard Saad, Devon Ryan, TJ George, Tom Eckhardt, John Galvin, Joey Rydzewski, Mike Doliner, Rourke Flynn, Coach Kevin Eckhardt
Bottom Row: Joe Erker, Ryan Igoe, Shaun Callahan, Anthony DelMonaco, Jordan Davis, Tyler Gover, Stephen Chisholm, Jack Sheehan, John Nardelli, Coach Tom O'Leary Jr.

Tennis
Girls

The girls tennis team ended a several year losing streak this spring. The team's hard work and dedication payed off. The team stayed motivated by their four captains Amanda Blood, Sabrina Polin, Anna Shirosky, and Britney Cadiz. The highlight of the season was the moment the team realized they had won their first meet. The girls were extremely excited about the victory. Not only did they beat Weymouth once, but twice. Anna Shirosky received the Unsung Hero Award, Julia Ragusa received the Coach's Award, and Amanda Blood received the Most Improved Award. Good luck to the seniors.

Captains: Anna Shirosky, Amanda Blood, Sabrina Polin, and Britney Cadiz

Top Row: Nency Sangani, Anna Shirosky, Amanda Blood, Sabrina Polin, Sandy Lynch, Britney Cadiz
Bottom Row: Jessica Chammas, Saloonee Adhikari, Aloonee Adhikari, Julia Ragusa, Lauren Plasko, Brittany Folan

Tennis
Boys

This was the fifth year that I have had the privilege of coaching the boys' tennis team. The core of this team was a great group of seniors: Walter Aspinwall, Michael Breen, Corey Haigh, Tom Burke, Jason Najm, and Justin Brown. Captains were Michael, Walter, and Jason. Sophomore Nathan Jones started at varsity for a second straight year. We had a competitive season. The highlight was a 4-game win streak against four pretty good teams, including one that made the playoffs. We had a tough schedule for our abilities, so we were not able to attain a playoff berth. We ended with 5 wins and four 3-2 losses (in our best of 5 format) out of 18 team match-ups. Record aside; this was a group that had significant accomplishments despite learning the game as high schoolers. These guys will keep playing and enjoying tennis after high school. The enthusiasm and dedication of the players (especially varsity) has set a good bar for the future years of this team!
-Coach Churchill

Captains: Jason Najim, Mike Breen, and Walter Aspinwall

Top Row: Coach Mr. Churchill, Mike Maffeo,Vincent Nguyen, Hanny Nassif, Fjorelo Gjata, Nathan Jones, Eddie Daaboul
Bottom Row: Corey Haigh, Tom Burke, Jason Najim, Mike Breen, Walter Aspinwall, Justin Brown

Spring Track
Boys

Captains: Jason Matovu, Matt Thibeau, Rob Wood, and Dan DiTomasso

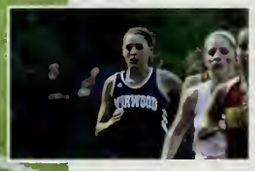
After a very successful winter season, the boys spring track team was trying to bring home another conference title. They came up short with a tough loss against Walpole in the last meet of the season. However, the season was still no disappointment with many of the athletes making it to states. The team was led by four strong captains. Jason Matovu did a little of everything from sprints to hurdles to jumps. Matthew Thibeau was the center piece of the distance team. Rob Wood contributed in the 400 and 4 by 400 relay. Dan DiTamasso led the team in his throwing events.

Top Row: Coach Corley, Thankgod Ugochukwu, Jake Ryan, Michael O'Connor, Aaron Cockrane, Carlos Cardona, Kyree Gates, Dan DiTamasso, Matt Ivory Bobby Mallin, Jarrad Conroy, Cedrick Baguma, Tresor Wrensford, Michael O'Donnell, Lonsdale Garrison, Jason Matovu, Osato Izeko, Coach Curley, Coach Booth
Middle Row: Kaushik Suryanarayanan, John Stanley, Anthony Negron, Daniel Ugochukwu,Tim Reilly, Jack Riley, Junior Devila, Emerson Kerns, Sai Nedu, Jovi Dorisca, Matt Thibeau, Rob Wood, Timmy Buckley

Spring Track
Girls

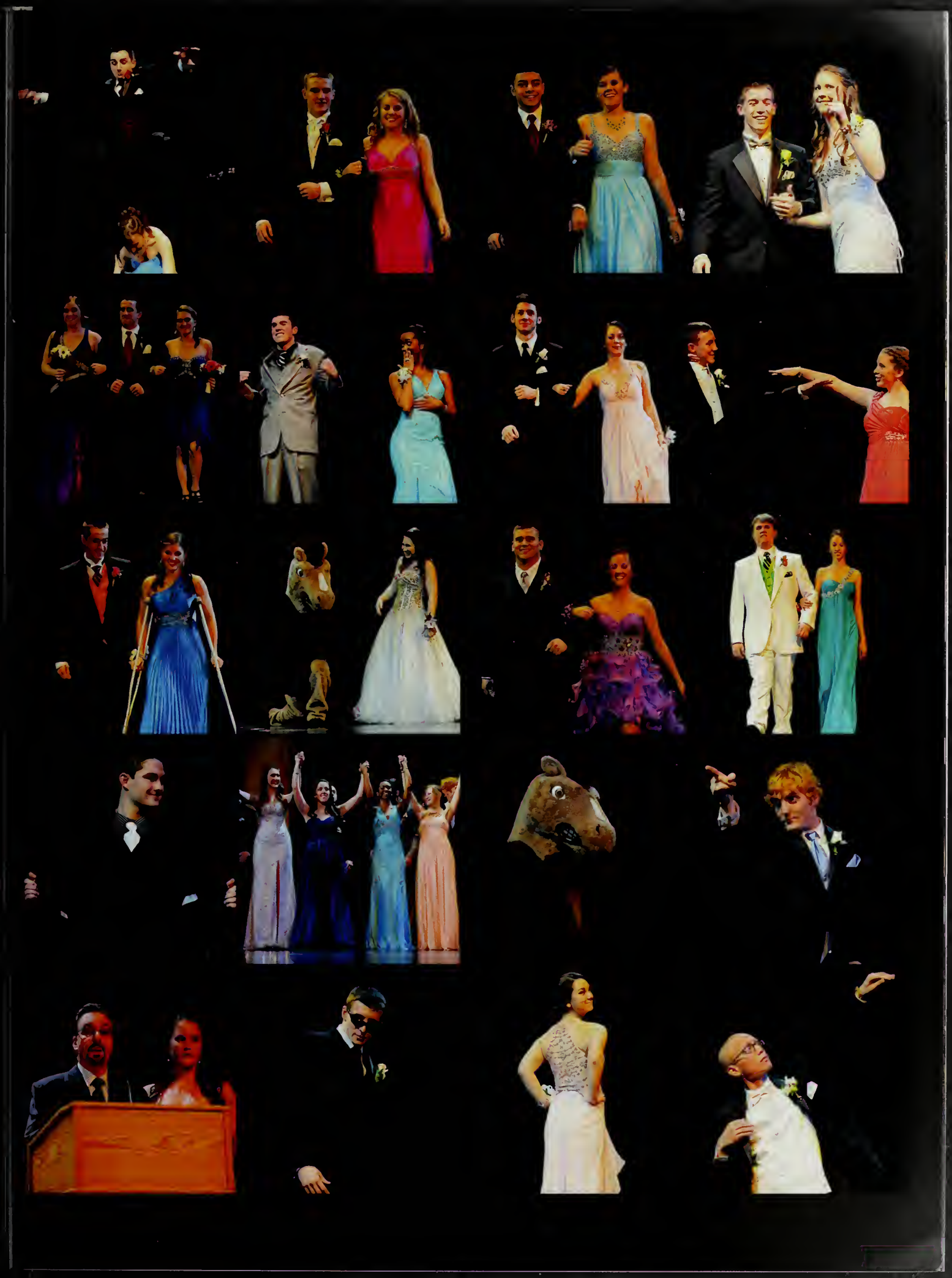
Captains: Alanna Keady, Jess Murphy, and Liz Whitney

Although the girls might not have the record to show it, they had a fun season! Not being able to win a meet did not stop the 4 by 1 team. The 4 by 1 team consisted of Captain Jess Murphy, Nichole Marchant, Sinead Obrien, and Christine Giardini making it all the way to states! The captains were all very strong leaders in this season. Alanna Keady kept it strong in distance, Jess Murphy in sprints and jumping, and Liz Whitney, the only senior on the team, in shot put. With many underclassmen on the team returning next year, we hope to have a more successful season next year.

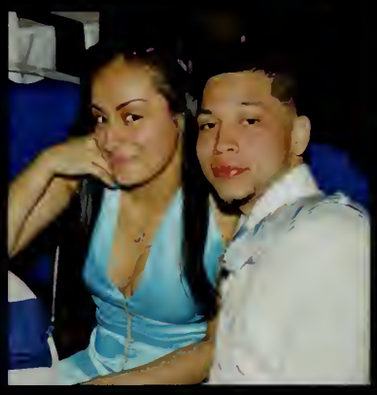


Top Row: Adaze Izeko, Isabelle Banhos, Sadie Krall, Bella Fabrizio, Jeanna Gaetani, Megan McCarthy, Samantha Baturin, Christine Giardini
Front Row: Sabrina Cubelli, Sinead Obrien, Alanna Keady, Liz Whitney, Jess Murphy, Caitlyn Lee, Nichole Marchant

Post Prom Fashion Show

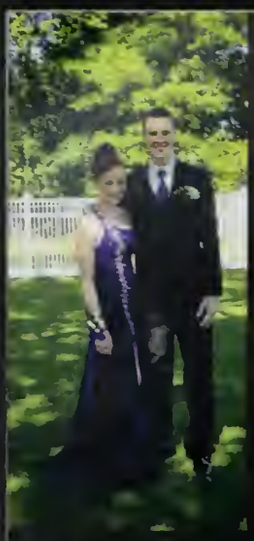


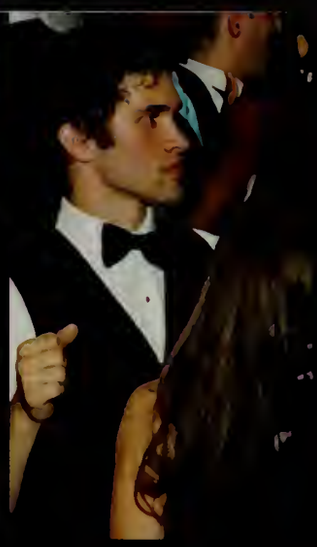
PROM

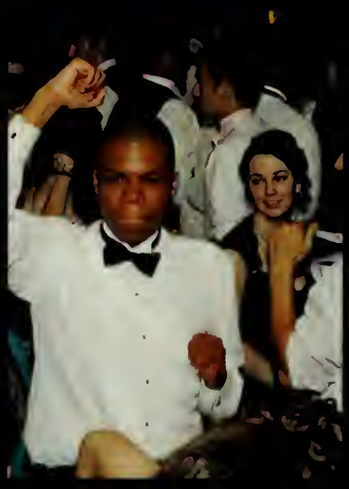


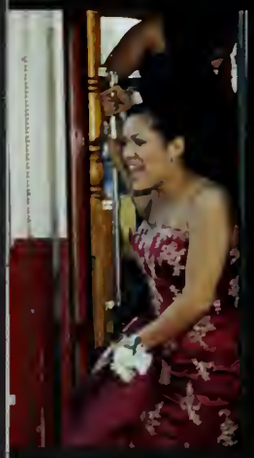
CLASS OF 2013

FRIDAY MAY 17TH









'13
POST
PROM

SENIOR ASSASSINS

(15 kills) Danny Moynihan + Ryan Igoe
(13 kills) Rob Wood + Alayna Fogg
Christine Vlahos + Brianna Whelan
(2 kills) Becca Wood + Maria Katinas
Stephen Chisholm + Tyler Gover
Kayla Jones + Katie Taggart
Danielle Wood + Lauren Cullinane
(1 kill) Melissa Clarke + Lauren Harrington
(4 kills) Hannah Depoutot + Kelley Brown
(5 kills) Mike Breen + Justin Brown
(1 kill) Pat O'Rourke + Alex Perez
Jen Doucette + Kelly Duggan
(1 kill) Kaileen Spaulding + Makenna Lane
(2 kills) Kenny Major + John Nardelli
(2 kills) Tom Eckhardt + Dan Flahive
(1 kill) Paul Panetta + Stephen Lynch
(4 kills) Sabrina Polin + Colin Morris
(1 kill) Shaun Callahan + Karyn Colomey
Sarah Long + Sarah Lussiere
Brad McIsaac + Matt Ivory
Isaac Wood + Carly Dow
(2 kills) Chris Brissette + Liam Kelly
Sam Sullivan + Sarah French
(2 kills) Sam McGrath + Tom Mulligan
(1 kill) Patricia Lee + Samantha Barry
(10 kills) Leo Blais + Eddie Hernon
Lauren DeSilva + Katherine Morrissey
Joe Erker + Devon Ryan
Liz Whitney + Adam Noepel
(2 kills) Kaitlin McCarthy + Kelsey Colbert
(1 kill) Gianna Pugliano + Shannon Reen
(2 kills) Amelia Cooper + Britney Cadiz
Jen Rossman + Courtney Fernandes
Jason McGuire + Tom Burke
(2 kills) Ryan Greeley + Tyler Goncalves
(2 kills) Bryan Alighieri + Dan Wiseman
(1 kill) Gretchen Mueller + Ashley Cunningham
Dhruv Patel + Billy Luciano
Christina Piatelli + Jess Gorman
Jackie Bussiere + Samantha McCracken
(3 kills) Jill Shepherd + Kayla Garczynski
(1 kill) Brendan Altieri + Walter Aspinwall
(1 kill) Colin O'Malley + Eric Muller
Sydney Cherella + Liz Epstein
(1 kill) Ana Shiroski + Diedre Jocus
Rachel Obeid + Eva Ndreko
Arianna Woodley + Felipe Sousa
Dan DiTamasso + Alex Cubelli
Alex Metta + Evelyn Metta

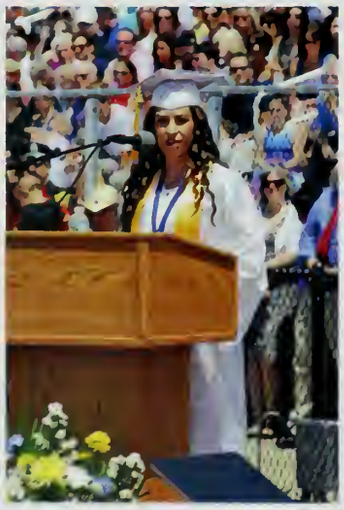
Brianne King + Kayla Keady
Chris Kelleher + Benny Rodriguez (1 kill)
Anthony Delmonico + Rourke Flynn
Mike Horbaczewski + John Pooley
Matt MaQuilken + Tom Frey
Alex Hartgrove + Charlotte Huxter
Matt Foley + Mia Ferriera
Elijah Vinson + Robbie Wright (1 kill)
Ashlee Jeannot + Lennesie Aurelien (2 kills)
Allison Ryan + Erin Metayer (2 kills)
Corey Haigh
Colin Gearty + Bryan Gearty (10 kills)
Lindsay Newcomb + Kerrianne Cardinal
Nick Katinas + Michael Chammas (2 kills)
Rodney Jean Marie + Lonnie Garrison
Corey Cignerella + Jack Santisi (1 kills)
Aidan Cullinane + Ryan Begley (2 kills)
Ali Quintiliani + Emma Campbell (2 kills)
Katie o'Brien + Jenny O'Donnell (10 kills)
Matt Thibeau + Pat Foley (1 kill)
Richie Saad + Anthony Perrielo (1 kill)
Shannon Peterson + James Amos
Ryan Fahey + Brendan Ross
Jimmy Flynn + Tim Sullivan
Jason Matovu + Calvin Peterson (5 kills)
Brittany Sullivan + Brianna Saad (2 kills)
Richie Gallagher
Ryan Chamberlin
Chris Derouen + Mark Saulnier
Amber Pellitier + Molly Shilo
Marcello D'Aloia + Jason Najm (1 kill)
Cassie Vinson + Dominique Nordquist
Cameron Moulton
Helena Eldouehy + Sabrina Gaita (4 kills)
Tom Little + Julie Cordero (2 kills)
Gerry Pipes + Madeline Barneke (1 kill)
Noah Immonem + John Gray
Amanda Blood + Heather Folan
Jayson Fadrigalen + Liam O'Brien
Pam Gamboa + Scott McGowen (2 kills)
TJ George + Jordan Davis (3 kills)
Ryan Marchant + Emmett McNamara
Ashley Felix + Jhunaiah Bryant
Marvin Besley + Rogerio Marques
Ciara Neal + Chantel Smith
Miranda Bartkovich + Tessa Petite
Alix Dieudonne + Righteous Agbontaen
John Zizza + Jasmine Okawa
John Lynch + Sean Regan

98 teams 192 participants
Managers: Rachel Wood and Fernando Morales
Most kills: Eddie/Leo, Colin/Bryan, and Jenny/Katie
Winners: Colin Gearty and Jenny O'Donnell ~ $800 prize

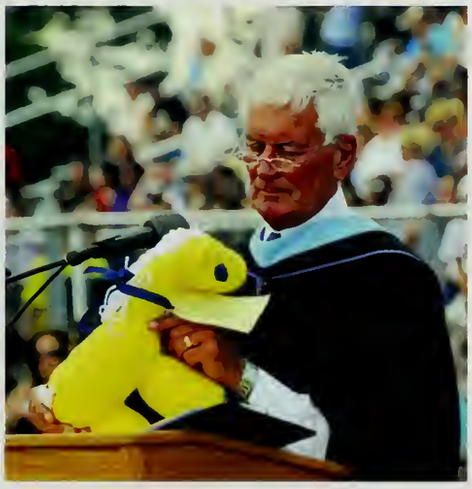
Class Day

2013

GUEST
20
20:13
HOME
13
DOWN
TO GO
BALL ON
QTR.
2
13



Graduation 2013



2013 CLASS WILL

Article 1: We leave our most genuine thanks to Mr. Usevich, Mr. Kane, the Faculty, Central Administration, and the School Committee for their leadership.
Article 2: We leave Mr. Andalo free from Evelyn Metta and Melissa Clarke
Article 3: We leave the underclassmen with no boyfriends left.
Article 4: We leave Evelyn and Alex Metta crying because they will never be in school together again.
Article 5: We leave LA Fitness, Vandy, and WOW empty.
Article 6: We leave a cloning device, so that Donald Olivera can make another Jimmy Flynn.
Article 7: We leave Ms. Drummey, Ms. Derrane, Ms. Busler, Ms. Shore, and Ms. Sheffield the world's largest Diet Coke.
Article 8: We leave Ryan Greeley his own sports show so it's not all we see on Twitter.
Article 9: We leave GSU's worst nightmare--Scottie McGowan being tanner than he is.
Article 10: We leave Ryan Begley another 4 years with Kaileen Spaulding. Good luck Ryan.
Article 11: We leave the field hockey team and lacrosse team with short sleeve uniforms so that they can wear them in school.
Article 12: We leave Mr. Casali with a new projector for his Period 2 statistics class so that he'll no longer write on the school walls.
Article 13: We leave Tyler Goncalves behind to continue spending every afternoon with Mrs. Crimmings.
Article 14: We leave Anna Shirosky with a bagel to bring with her wherever she may go.
Article 15: We leave Rachel Wood and Fernando Morales a stress ball for dealing with Senior Assassin.
Article 16: We leave SPoT! 280 fewer customers next year.
Article 17: We leave Mrs. Goldman a pack of gum to not chew in the library.
Article 18: We leave Katie O'Brien with the most car crashes in one term.
Article 19: We leave Kelley Brown with more absences than the rest of the senior class combined.
Article 20: We leave a gigantic Mustang on the water tank.
Article 21: We leave Jill Shepherd a real Boston accent.
Article 22: We leave this year with the "senior privileges" of a longer school day, no more long block, and less time between classes.
Article 23: We leave the Woods' "triplet problems" to the Figueredos.
Article 24: We leave Chris Kelleher a stack of yellow tardy slips.
Article 25: We leave with Ms. Shachoy, Ms. Boiardi, and Mr. Morneau.
Article 26: We leave NHS with Leo Blais's trademark, STAY CLASSY NHS!!!!

· Joseph Hagerty · Corey Haigh · Steven Halder · Lauren Harrington · Richard Harrington · Alexander Hartgrove · Nicholas Harvey · Noah Haynes · Meghan Hennigan · Matthew Henry · Edward Hernon · Sara Higgott · Shaneya Hollins · Ashley Holmes · Michael Horbaczewski · Amanda Hughey · Charlotte Huxter · Ryan Igoe · Noah Immonen · Alexandria Ippolito · Matthew Ivory · Rodney Jean-Marie · Ashley Jeannot · Lauren Jeffery · Deidre Jocus · Jawaan Johnson · Kayla Jones · Kharm Joseph · Maria Katinas · Nicholas Katinas · Kayla Keady · Christopher Kelleher · Ty-Lucas Kelley · Amanda Kelly · William Kelly · Brianne King · Elizabeth LaChance · Makenna Lane · Patricia Lee · Matthew Lennon · Michael Levreault · Christopher Little · Thomas Little · Sarah Long · William Luciano-Kelley · Sarah Lussier · John Lynch · Stephen Lynch · Scott MacDonald · Matthew MacQuilken · Kenneth Major · Ryan Marchant · Rogerio Marques · Dana Martin · Elizabeth Mason · Jason Matovu · Kaitlin McCarthy · Samantha McCracken · Scott McGowan · Samuel McGrath · Jason McGuire · Bradford McIsaac · Ciara McKinnon · Emmett McNamara · Draven Medina · Ciara Mejia · Erin Metayer · Alexandra Metta · Evelyn Metta · Kenneth Michael · Fernando Morales · Colleen Morris · Katherine Morrissey · Cameron Moulton · Daniel Moynihan · Gretchen Mueller · Eric Muller · Thomas Mulligan · Calvin Murphy-Peterson · Jason Najm · John Nardelli · Eva Ndreko · Ciara Neal · Anthony Negron · Lindsay Newcomb · Anh Nguyen · Adam Noepel · Dominique Nordquist · Katie O'Brien · Liam O'Brien · Jennifer O'Donnell · Shannon O'Leary · Colin O'Malley · Jahvon O'Neal · Patrick O'Rourke · Rachel Obeid · Jasmine Okawa · Paul Panetta · Dhruv Patel · Amber Pelletier · Arumy Pereira · Alex Perez · Anthony Perriello · Jesse Perry · Shannon Peterson · Quintessa Petit · Chantel Petrie Smith · Christina Piatelli · Nicholas Pietrzak · Gerald Pipes · Sabrina Polin · John Pooley · Gianna Pugliano · Alicia Quintiliani · Bridget Reardon · Shannon Reen · Sean Regan · Lidia Reyes-Mejia · Benny Rodriguez · Brendan Ross · Jennifer Rossman · Allison Ryan · Devon Ryan · Kaitlin Ryan · Brianna Saad · Richard Saad · Cesar Salazar · Chaiyanne Salmon · Brigid Sandstrum · Celia Santiago · John Santisi · Mark Saulnier · Richard Shayka · Jillian Shepherd · Molly Shilo · Anna Shirosky · Thais Skopinski · Tamicka Smith · Ellen Soares · Loosee Solaqa · Felipe Souza · Kaileen Spaulding · Pranav Srivaatsav · Caitlin Stahl · Brittany Sullivan · Christopher Sullivan · Samantha Sullivan · Timothy Sullivan · Kyle Sylvester · Mary Taggart · Matthew Thibeau · Mikaila Tomlinson · Cristian Velasquez · Cassondra Vinson · Elijah Vinson · Christine Vlahos · Daniel Ward · Brianna Whelan · Elizabeth Whitney · Richard Wilson · Shannon Wilson · Daniel Wiseman · Danielle Wood · Isaac Wood · Rachel Wood · Rebecca Wood · Robert Wood · Arianna Woodley · Trevon Worrell · Robert Wright · John Zizza Jr ·

Lifetouch®